

Jamerson's 180 days of kindness: We believe that our world needs A LOT more kindness! We are challenging the scholars, staff, parents and families to 180 days of kindness. There are 180 days of school each year and we are challenging you to be kind each and every day. Each day you will learn about a new way to be kind, you will learn about different customs from around the world, and/or you will learn something new each day about how to be kind. How to be kind to yourself, how to be kind to others, even how to be kind to our world. We hope that you take us up on our challenge and that by the end of our 180 days together this school and community will be the kindest ever! Some days it may be easy, some days could be a bit more challenging, but either way, it is so worth it-love and kindness need to win! So, let's begin...

Day 129: March 9th- Purim: Raise a ruckus on Purim! Jewish children all over the world have a special fondness for Purim, one of the happiest of Jewish holidays. The holiday commemorates an event in Jewish history when King Ahasuerus of Persia ruled. He had a wicked advisor named Haman who wished ill on the Jewish people. The king's wife was able to persuade her husband into saving the Jews so every year Jewish people remember this important event! All over the world on this day, whenever wicked Haman's name is mentioned, people stamp their feet and make as much noise as possible! So, have some fun today and make a ruckus!

Day 130: March 10th- Say please and thank you: Showing good manners to everyone in your life is very important (even if they don't show good manners to you! Be the example~!). So, if you normally don't say please and thank-you, or even if you do!, try using those two phrases a lot today!

Day 131: March 11th- Pick a flower/make a flower: Luther Burbank said, "Flowers always make people BETTER, HAPPIER, and more HELPFUL; they are sunshine, food, and medicine to the soul." So, how about you pick a flower, buy a flower or even make a flower for the people in your life today! Give them some "sunshine, food and medicine for the soul!"

Day 132: March 12th-Play outside today: In Korea, see-saws are constructed and used in a slightly different way than we make and use them here. A long board is centered on a low support, and one child stands on one end of it. Another child jumps down onto the free end of the board, sending the first child up into the air! You may not want to try this with our see-saws here since they are higher off the ground, but you can go outside and play and enjoy nature!

Day 133: March 13th - First day of Spring/Eat foods that begin with "S" for Noruz: In Iran, the arrival of spring is heralded with great fanfare. Noruz (noh-ROOZ) means "the new day," and is also the first day of the Iranian year. During the nearly two weeks of the Noruz celebration, families do many special things together. One of these is sitting down to a traditional meal with seven foods beginning with the letter "s." What foods beginning with the letter s will you eat today?