

**On December 17, 1903** At Kitty Hawk, North Carolina, the Wright Brothers flew the first powered airplane.  
 Built from spruce and ash, a 12 horsepower, 4 cylinder water-cooled inline engine.

**December is National Hand Washing Awareness Month**



### Daily Lunch Choices

**Choose 1:**  
Entrée

**Must choose at least 1:**

Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal)

**May Choose: 1 Milk:**

Skim, Low Fat White, or Fat Free Chocolate.

**Available for lunch daily:**

Meat / Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits & Juices

Monday	Tuesday	Wednesday	Thursday	Friday
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<p><b>Please note:</b> The nationwide labor, driver, and product shortages are having a significant impact on our school cafeterias. We may need to change our menus without notice to accommodate the shortages while still offering students a variety of healthy menu options. This menu may not reflect what is actually offered in your cafeteria if substitutions are necessary. We apologize for any inconveniences.</p>	<p><b>1</b></p> <p>School Resumes Monday January 9, 2023</p>		<p><b>1</b> <b>CHOOSE ONE:</b>                  Popcorn Chicken Mashed Bowl w/ Roll                  BBQ Pork Sandwich                  Yogurt &amp; Fruit Parfait                  Chicken Caesar Wrap  <b>CHOOSE:</b>                  Corn Niblets                  Mixed Side Salad</p>	<p><b>2</b> <b>CHOOSE ONE</b>                  Pizza Variety                  Chicken Tinga Rice Bowl w/ Roll or                  Chicken Tinga Taco w/ Set-up                  Apple a Day Salad                  Combo Ham, Turkey and Cheese Sub  <b>CHOOSE:</b>                  Green Beans, *Veggie Dippers</p>
<p><b>5</b> <b>CHOOSE ONE:</b>                  Chicken Sandwich                  Beef and Cheese Nachos                  Fruit &amp; Yogurt Plate                  Turkey Club Wrap  <b>CHOOSE:</b>                  Santa Fe Black Beans                  Fresh Veggie Dippers</p>	<p><b>6</b> <b>CHOOSE ONE:</b>                  Breakfast for Lunch                  Mini Cheese Calzones                  Chicken Caesar Salad                  PBJ Kit or School Made  <b>CHOOSE:</b>                  Marinara Cup                  Deli Roasted Potatoes *                  Romaine Side Salad</p>	<p><b>7</b> <b>CHOOSE ONE:</b>                  Chicken Nuggets                  Pasta w/Meat sauce or Lasagna Rollup                  Yogurt &amp; Fruit Parfait                  Ham &amp; Cheese Croissant  <b>CHOOSE:</b>                  Corn Niblets                  Sliced Cucumbers</p>	<p><b>8</b> <b>CHOOSE ONE</b>                  Teriyaki Chicken &amp; Rice Bowl w/ Roll                  Grilled Cheese                  Chicken BLT Salad                  Chicken Caesar Wrap  <b>CHOOSE:</b>                  Broccoli                  Mixed Side Salad</p>	<p><b>9</b> <b>CHOOSE ONE</b>                  Pizza Variety                  Corn Dog or Hot Dog on a Bun                  Apple a Day Salad                  Combo Ham, Turkey and Cheese Sub  <b>CHOOSE:</b>                  Sweet Potato Fries                  Fresh Veggie Dippers</p>
<p><b>12</b> <b>CHOOSE ONE:</b>                  Hamburger or Cheeseburger                  Chicken &amp; Waffles                  Fruit &amp; Yogurt Plate                  Turkey Club Wrap  <b>CHOOSE:</b>                  Country Baked Beans                  Fresh Veggie Dippers</p>	<p><b>13</b> <b>CHOOSE ONE:</b>                  Beef or Pork Tacos                  Cheesy Bread                  Chicken Caesar Salad                  PBJ Kit or School Made  <b>CHOOSE:</b>                  Marinara Cup                  Broccoli                  Romaine Side Salad</p>	<p><b>14</b> <b>CHOOSE ONE:</b>                  Macaroni &amp; Cheese                  Boneless Dill Chicken Wings                  Chicken BLT Salad                  Ham &amp; Cheese Croissant  <b>CHOOSE:</b>                  Crispy Fries                  Sliced Cucumbers</p>	<p><b>15</b> <b>CHOOSE ONE:</b>                  Popcorn Chicken Mashed Bowl w/ Roll                  BBQ Pork Sandwich                  Yogurt &amp; Fruit Parfait                  Chicken Caesar Wrap  <b>CHOOSE:</b>                  Corn Niblets                  Mixed Side Salad</p>	<p><b>16</b> <b>CHOOSE ONE</b>                  Pizza Variety                  Chicken Tinga Rice Bowl w/ Roll or                  Chicken Tinga Taco w/ Set-up                  Apple a Day Salad                  Combo Ham, Turkey and Cheese Sub  <b>CHOOSE:</b>                  Green Beans, *Veggie Dippers</p>
<p><b>19</b> <b>CHOOSE ONE:</b>                  Chicken Sandwich                  Beef and Cheese Nachos                  Fruit &amp; Yogurt Plate                  Turkey Club Wrap  <b>CHOOSE:</b>                  Santa Fe Black Beans                  Fresh Veggie Dippers</p>	<p><b>20</b> <b>CHOOSE ONE:</b>                  Breakfast for Lunch                  Mini Cheese Calzones                  Chicken Caesar Salad                  PBJ Kit or School Made  <b>CHOOSE:</b>                  Marinara Cup                  Deli Roasted Potatoes *                  Romaine Side Salad</p>	<p><b>21</b> <b>CHOOSE ONE:</b>                  Chicken Nuggets                  Pasta w/Meat sauce or Lasagna Rollup                  Yogurt &amp; Fruit Parfait                  Ham &amp; Cheese Croissant  <b>CHOOSE:</b>                  Corn Niblets                  Sliced Cucumbers</p>	<p><b>22</b> <b>CHOOSE ONE</b>                  Teriyaki Chicken &amp; Rice Bowl w/ Roll                  Grilled Cheese                  Chicken BLT Salad                  Chicken Caesar Wrap  <b>CHOOSE:</b>                  Broccoli                  Mixed Side Salad</p>	<p><b>23</b></p> <p><b>NO SCHOOL</b></p>

# Winter Holidays December 26 – January 6