

SPHS VOLLEYBALL

INFORMATION & APPLICATION PACKET FALL 2020



Letter to Parents and Candidates	Page 2
Tryout Schedule & Information	Page 3
Practice Schedule.....	Page 4
Player Responsibilities During Practice.....	Page 4
Fundraisers	Page 5
Expected Player Expenses	Page 6
Parent Permission Form	Page 7
Student Agreement Form	Page 8
Student Information Form	Page 9
Player Merchandise Package Sizes.....	Page 10
Checklist for Tryouts.....	Page 11



Varsity Coach: Joe Abad
JV Coach: Brittany Hughes
Assistant Coach: Carrie Kilgroe



June 5, 2020

Dear 2020 SPHS Volleyball Parents and Candidates:

Thank you for your interest in St. Petersburg High School Volleyball. Being a part of the SPHS volleyball team demands time, energy, effort, and academic excellence. We are providing this packet so that you will be aware of what is involved before you make the commitment to our program.

Eligibility: The following criteria must be met for a student to be eligible to try out for volleyball at SPHS. The checklist in this packet provides additional details.

- The student must have a 2.0 (unweighted) GPA.
- Insurance and participation forms must be turned in prior to setting foot on the court for tryouts, conditioning, or open gyms.
- Physicals must be turned in prior to setting foot on the court for tryouts.
- The student must have no major discipline issues or referrals. (Note there is ZERO tolerance for fighting, drugs, alcohol, and other major infractions as described by the school board policy.)
- Any student who is not currently zoned for SPHS or who is transferring to SPHS must contact a volleyball coach before participating in fundraisers or setting foot on the court for tryouts, camps, conditioning, or open gyms.

Tryout and Practice Schedules: Please understand that the schedule and responsibilities of a volleyball player can be very demanding. Tentative times are shown on the schedules included in this packet. All times are TENTATIVE and may be adjusted if necessary.

Financial Responsibilities: Each player who makes the team will have the financial responsibilities listed below. Specific details are included in this packet and include the following:

- Fundraisers
- Expected player expenses

Parental Responsibilities: Parents will be expected to sign up for scorer's table duties, concession duty, and line judging at home matches. Every effort will be made for parents not to be scheduled when their daughter's team is playing, as long as all JV and Varsity games are covered. In addition, parents are expected to help organize fundraising events, senior night, and the banquet. We really appreciate the contribution our parents make to supporting our teams and building a positive spirit!

Summer Opportunities: Unfortunately, due to the virus, at the current time there are no plans for summer open gym/conditioning or summer camps - as many colleges have cancelled their planned events. If this changes an update will be sent to everyone.

Before tryouts begin, please read everything in this packet carefully and understand the responsibilities involved in being a part of the volleyball program. The progress and performance of the entire program are hindered when even one player fails to meet her obligations. We hope this information is helpful to you. We realize that being a part of this program requires a large commitment of time and energy, and we believe the experiences gained through being a Green Devil volleyball player will be worth the investment.

Sincerely,
Joe Abad, Varsity Coach
abadjo@pcsb.org



Tryout and Preseason Schedule & Information



2020 SPHS VOLLEYBALL

<u>Tryouts:</u>	July 27 & 28, 2020	Player Open Gym/Drills (<u>All packets, paperwork, & physicals due before players are allowed to participate</u>)	12:00-4:00
	July 29, 2020	Varsity and JV tryouts	12:00-4:00
	July 30, 2020	Varsity and JV tryouts	12:00-4:00

Tryout results will be posted on the door of the gym by 5 pm on July 30th.
Team and Individual photos will most-likely be sometime
the week of August 10th, 2020.

Areas of evaluation during tryouts include but are not limited to the following:

- Communication skills
- Attitude
- Teamwork and leadership skills
- Ability to listen and follow instructions (i.e., how coachable a player is)
- Strength and flexibility
- Individual volleyball skills
- Court awareness
- Knowledge of the game
- Anticipation and ability to read what is happening on the court
- Hustle, quickness, and coordination
- Intensity
- Enthusiasm
- Mental toughness
- Positions needed and player's versatility/utility

What to wear to tryouts:

- T-shirts – suggested colors:

Freshmen: white*
Sophomores: pink*
Juniors: green*
Seniors: black*

- Black shorts or spandex
- Athletic shoes
- Knee pads

* Don't buy a new T-shirt for tryouts! If you don't have the color shown, substitute any other color.



Practice Schedule



July 31st	JV Fundraiser Event and Video Information	12:00-4:00
	Varsity Fundraiser Event and Video Information	12:00-4:00
Aug 3rd -11th	JV	12:00-4:00
	Varsity	12:00-4:00
Aug 12th – Aug 14th	JV	2:30-4:30
	Varsity	4:30-6:30
* August 17th-EOS (except on game days)	JV	2:30-4:30
	Varsity	4:00-6:30

***Regular Season Practice Schedule Changes**

Some changes may and will most-likely occur, but will be announced with sufficient notice.

Player Responsibilities During Practice

Focus, Prep, Water, Towels: Each player is responsible for understanding that once we walk into a gym, our focus is volleyball and we will do our best to leave other issues at the door. Team members should be ready to go (shoes on, knee pads up, hair up, etc.) **15 minutes prior to the start of practice.** We suggest that you bring your own water and sweat towels if you need them.

Equipment Set-Up: The net and equipment should be set up **before** the practice start time. During the regular season JV will set up the net and Varsity is to take down the net.

Equipment Storage: Our equipment is expensive and should be carefully transported and stored in an orderly, respectful fashion.



Fundraisers

Each player is required to participate in volleyball fundraisers (e.g., car washes, serve-a-thons, tagging). These fundraisers help pay for camps, tournaments, banquets, awards, gifts, equipment, and other items for the program.

Most fundraisers will take place in the off-season. During summer & preseason fundraisers, all returning players from the 2019 season will be required to participate and other candidates for the 2020 team are welcome to participate. During winter and spring of the 2020-2021 school year, all 2020 players except for graduating seniors will be required to participate even if those players do not wish to play the following season.

Expected 2020 Player Expenses

SPHS Volleyball



Junior Varsity Player: \$100 Total

\$50 Due August 3rd , 2020

\$50 Due August 31st, 2020

Varsity Player: \$150 Total

\$75 Due August 3rd, 2020

\$75 Due August 31st, 2020

Each player should plan to pay the amounts due on the dates shown above. Payment schedules are available upon request. These funds will be used for such items as equipment, supplies, team wear, team functions, banquet meals, camps, and tournament hotel costs and entry fees.

In addition to these expenses, players will have the option to purchase additional apparel merchandise, but those items will not be mandatory. Parents will also have the option to purchase shirts and other items. Money for merchandise orders will be due on August 10th , 2020.

Parent Permission Form

SPHS Volleyball



My child, _____, has my permission to be a volleyball player at St. Petersburg High School. I understand that if my daughter makes the team, she will be expected to abide by the rules and regulations set forth in the Student Code of Conduct and in the Volleyball Expectation Guidelines that will be provided after tryouts.

I understand that all required forms must be completed prior to tryouts and submitted no later than July 27th, 2020. I understand that if anything is missing, including signatures and notarization, my daughter will be ineligible to try out or practice until all required documents have been submitted. I understand that my child must attend all practices and matches if she is to make the team unless she is excused by the coach or a doctor. I understand that qualified coaches will evaluate my child based on many different factors. I further understand those coaches will make the best decisions they can for the success of the program and the team.

I am aware there will be financial obligations required for my daughter to be a part of the volleyball program. I further understand that payment schedules are available upon request.

I am aware that being a part of the volleyball program requires a sacrificial commitment of time. I will do my best to help my daughter prioritize and improve on time management skills. I will try to schedule all doctors' appointments, lessons, and family vacations so that they will not conflict with volleyball activities.

I understand that my child must maintain a 2.0 unweighted GPA to be eligible, and I recognize that the volleyball program expects at least a 2.5 unweighted GPA. In past years, 96% of the team achieved a 2.5 or higher unweighted GPA and approximately 90% had a 3.5 or higher weighted GPA.

I have read and fully understand all the material included in this packet of information.

Parent or Guardian Signature

Date

Return as part of application packet by 7/20/2020.

Student Agreement Form

SPHS Volleyball



I, _____, understand that by signing this form I am agreeing to be considered for a spot on the 2020 Lady Green Devil volleyball team. I agree to attend tryouts, report any injuries or conflicts to the coach, and turn in all paperwork prior to participating in any volleyball activities. I understand that there are many factors that contribute to whether or not I make the team, and I understand that the coaches will make the best decisions possible for the team and the program.

I recognize that if I make the team and accept my spot, I will be required to agree to the Volleyball Expectation Guidelines and to conduct myself in accordance with the Student Code of Conduct. I further understand that if I do not agree with the Volleyball Expectation Guidelines, I will have the option to decline my position on the team.

During my involvement with the summer activities and pre/post tryouts, I will make positive choices and not be tagged in or post anything on social media, (including but not limited to Facebook, Instagram, and twitter), that reflects negatively or poorly on St. Petersburg High, my coaches, or my teammates. I understand that whatever I post or am tagged in on social media creates a perception and affects my reputation and the reputation of the volleyball program. I understand that as a part of the SPHS volleyball program I am to keep my reputation classy and ensure that I am supporting the perception that SPHS volleyball players are committed, dedicated and hard-working student athletes that strive for excellence.

Student Signature

Date

Parent or Guardian Signature

Date

Return as part of application packet by 7/20/2020.

Student Information Form

SPHS Volleyball

Turn in completed form on July 20th, 2020

Name: _____

Home Phone #: _____ Player Cell Phone: _____

Address: _____

Player Email Address: _____

Age: _____ Date of Birth: _____ Grade: _____

Mother's Name: _____ Mother's Cell Phone: _____

Mother's Email: _____

Father's Name: _____ Father's Cell Phone: _____

Father's Email: _____

Emergency Contact: _____ Emergency Contact's Phone: _____

Did you submit a **health form**, **school insurance**, and **participation form** LAST school year?

☐ Yes ☐ No

If yes, for what activity and when? _____

Do you have any injuries that occurred in the last three years that you have seen a doctor for treatment/diagnosis? Explain the nature of the injury, date/how it occurred, the limitations/restrictions as a result of the injury, and the course of treatment.

Preferred Position: _____ What school did you attend last year? _____

What other sports do you plan on playing at SPHS: _____

Are you in or do you plan to enroll in any special programs like IB? Y N Which program? _____

Prior Volleyball Club Experience: Y N Club(s): _____ Year(s): _____

What dates will you be out of town for vacation this summer? _____

Do you have a monthly gym membership? Y N To which gym? _____

PLAYER PACKAGE SIZES

SPHS Volleyball



Junior Varsity Player Package includes the following:

- 2 Jerseys (must be returned at the end of the season)
- 2 practice shirts
- 1 team T-shirt designed by the seniors
- 1 Game day long sleeve warm up shirt
- 1 Team water bottle

Varsity Player Package includes the following:

- 3 Jerseys (must be returned at the end of the season)
- 3 practice shirts
- 1 team T-shirt designed by the seniors
- 1 Game day long sleeve warm up shirt
- 1 Team water bottle

To ensure these items arrive prior to our first match, the order must be placed by August 2nd.

NOTE: Requested sizes are not guaranteed.

Name: _____

Grade: _____

T-Shirt Size: XS S M L XL XXL XXXL

Dry Fit Long Sleeve Warm up: XS S M L XL XXL XXXL

Parent T-shirt Size(s): XS S M L XL XXL XXXL

Turn in completed form on July 20th, 2020.

***Orders will not be placed for students that do not make the volleyball team, however we collect this information early so we can preorder merchandise and have an estimate of the number/sizes of shirts we will need.**



2020 Summer Parent/Player Checklist



Directions: The documents listed below will constitute your **application packet** for tryouts. Participation forms and insurance must be submitted prior to participation. Returning players' forms and insurance are valid for one year. Use this form to keep track of your requirements.

- **Pinellas County 2020 Application for Athletic Participation** _____

*Must be accepted and approved by administration on 7/27/20. Must be signed by parent & player & NOTARIZED, otherwise not accepted.

Includes the following signature pages:

- Application for participation
- Important info re: Extracurricular Activities
- Participation Form (Notarized)
- EL3 Consent and Release from Liability
- Addendum for participation form must be signed
- Concussion Form
- Physical form

***Dates to turn in participation packet is on July 27th at conditioning or you will not be allowed to participate.**

- **Pinellas County Physical Form/Attend SPHS Physical Night** _____

Physical form is in Application Packet. Many doctors do not have the correct Athletic physical form. SPHS will offer physical night in the gym this Summer and will have the proper forms or you can take the form in the application packet to your own doctor. Must submit hard copy of proof. Signed by parent and student.

- **Summer and/or Fall Insurance** _____

Purchase insurance online at www.pscb.org

See email attachment for detailed instructions and to make sure you are purchasing the correct option.

- **Parent Permission Form** (in packet) Due by 7/20/20. _____

- **Student Agreement Form** (in packet) Due by 7/20/20. _____