



The Manta Ray Intramural Program is an extension of the regular physical activity students receive, including the development of movement skills, health-related fitness, and personal and social responsibility, conducted after school among students in the same school. All intramural activities are treated equally in terms of resources, facilities, selection of staff, and allocation of supplies and equipment.

The Manta Ray Intramural Program will provide students with a variety of interesting, diverse, and challenging activities to accommodate differing levels of need, skill, readiness, and interests. The primary reason for participation is enjoyment of the

learning activities rather than pressure to compete and win, as in athletic competition. Such an environment will enable students to extend learning of the benefits of movement, develop positive attitudes, increase self-esteem, enjoy positive social interactions, and broaden their fitness and leisure horizons. All participants regardless of ability, gender, or ethnicity will have equal access to the program, facilities, equipment, leadership roles, and participation time.

Our goals for the Manta Intramural Program

The middle school intramural program provides opportunities for students to:

- Enjoy participation and personal success.
- Strive for personal bests, make commitments, set goals, and follow through with responsibilities.
- Participate in an intramural program in a safe environment and under the direction of knowledgeable, caring and trained personnel.
- Develop creativity and provide opportunities to generate games and practice skills.
- Participate in the planning, organization and leadership of the intramural program.

Who is eligible to participate in the Intramural Sports Program?

All students must meet the following requirements to be eligible to participate.

- Complete participation form. Forms can be found in the gym or front office.
- Purchase and provide a copy of school sponsored insurance.
<http://aisstudentinsurance.com/pcsb-2013/>
- Provide a current sports physical.

Please turn the completed papers into Coach Courtney and/or the front office.