



Parent-Guardian Connection

Join us at our first meeting
via Zoom

<https://zoom.us/j/96770454940?pwd=aUxyTTFHMUtzMkliK1EzNDZIUFk4dz09>

August 5, 2020, 5:30 PM

The topic for this meeting is:

The Emotional and Mental Wellbeing of our Children

Our facilitator is Dr. Carleah East, Clinical Psychotherapist.
Dr. East is the Owner of S.M.I.L.E. Psychology and Associates, LLC.

Dr. East will speak on the following topics:

- Parent concerns about the mental and emotional wellbeing of their children.
- Children dealing with isolation and depression during Covid-19.
- How to navigate “Hard Conversation” with your children.
- How to help parents and students with the participatory anxiety of returning to school.

The Parent-Guardian Connection has been created to provide a virtual forum, where parents and guardians can all connect. The Parent-Guardian Connection will provide you the opportunity to fellowship with families across Pinellas County; to be supported, share resources, engage and connect.

For more information, go to www.pcsb.org/parentadvocacy or contact:

Keosha Simmons, Parent Advocate-Pinellas County Schools, simmonskeo@pcsb.org