

Redefining Student Services: Psychological Services, School Social Work, Health Services, FACE IT, School Counseling, Prevention, Section 504, Triage & Training and Crisis Response May 2019 Edition



National Children's Mental Health Awareness Day May 9th, 2019

National Children's Mental Health Awareness Day shines a national spotlight on the importance of caring for every child's mental health and reinforces that positive mental health is essential to a child's healthy development.



What Is Stigma?

People experiencing mental health conditions often face rejection, bullying and even discrimination. This can make their journey to recovery longer and more difficult. Stigma is when someone, or you yourself, views you in a negative way because you have a mental health condition. Some people describe stigma as shame that can be felt as a judgement from someone else or a feeling that is internal, something that confuses feeling bad with being bad.

Navigating life with a mental health condition can be tough, and the isolation, blame and secrecy that is often encouraged by stigma can create huge challenges to reaching out, getting needed support and living well. Learning how to cope with stigma and how to avoid and address stigma are important for all of us.



LEARN MORE AND GET TRAINED AT WWW.MENTALHEALTHFIRSTAID.ORG





YOUTH MENTAL HEALTH FIRST AID TRAINING LOCATION **DATES FOR 2018** TIME **PLN SECTION #** June 3rd Largo High School 8:30-3:30 93685 June 4th Largo High School 8:30-3:30 93686 Largo High School June 3rd and 4th 8:30-12:30 93687 June 10th 93976 Admin Bldg E111 8:30-4:30 June 13th Admin Bldg E111 8:30-4:30 93977 June 17th and 18th Admin Bldg ABC203 8:30-12:30 93886 June 24th Admin Bldg ABC203 93885 8:30-4:30 July 8th and 9th Admin Bldg B213 12:30-4:30 93978 July 10th Admin Bldg ABC2 $\overline{03}$ 8:30-4:30 93984 July 11th Admin Bldg B213 8:30-4:30 93988 July 16th and 17th 93990 Admin Bldg E111 8:30-12:30 July 23rd Admin Bldg ABC203 8:30-4:30 93989 July 29th and 31st Admin Bldg E111 8:30-12:30 93991

You can earn 8 ESE hours, Component points, Certificate of Distinction points, Trade day hours and, above all, valuable and useful knowledge when completing the Youth Mental Health First Aid (YMHFA) USA 8-hour education program. Participants in YMHFA are introduced to the unique risk factors and warning signs of mental health problems in youth, including anxiety, depression, psychosis, eating disorders, ADHD, other disruptive behavior disorders, and substance use disorder. YMHFA emphasizes the importance of early intervention, and teaches individuals how to help a youth who is in crisis or experiencing an emotional or mental health challenge. Participants learn a core five-step action plan to support a youth that may be developing signs and symptoms of mental illness or experiencing an emotional crisis. The skills acquired are applicable in any setting whether it is school, home or community.

Register for a training on Professional Learning Network (PLN) today! Course # 20459 For more information please contact: Vicki Koller, MSW (Project Manager) (727) 588-6040 or kollerv@pcsb.org









Now that all middle and high schools have been trained in utilizing the Say Something Anonymous Reporting App (SS-ARS), initiating a SAVE (Students Against Violence Everywhere) Promise Club is a great way to sustain the program. SAVE Promise Clubs are a place for students to show their leadership, creativity and passion for protecting their friends, schools and communities from violence *BEFORE* it happens.

SAVE Promise Clubs are led by students, and are a powerful approach to preventing gun violence (and other forms of violence and victimization) because they recognize the unique role that young people play in making their schools and communities safer. Each school will need to name a Sandy Hook Promise Adult Champion to act as the SAVE Club's advisor. A SAVE Promise Club can be a stand-alone club or embedded into an existing club, such as PMAC, GSA, Safety Clubs, Student Council, or another student leadership, civic or kindness club. Many SAVE Promise Clubs are successful meeting only once or twice a month and organizing 4 activities throughout the year.

SAVE Promise Clubs are a wonderful way to highlight our students and the hard work they are doing. SS-ARS along with an active SAVE Promise Club can produce a safer learning environment for all of our students. We would love to see what you are doing on your campus! Please share any activities or initiatives that your SAVE Promise Club is planning or are currently engaged in with us.

For any additional information or assistance, feel free to contact Lisa Depaolo at <u>Depaolol@pcsb.org</u>.





Key Principles for Engaging Parents on Attendance

Research shows parent involvement has a positive impact on school attendance. Researchers from the Ad Council found that parents and caregivers do want their children to do well in school. However, most don't know how many days their student is absent each year, and few understand the connection between strong attendance and achievement, especially in the early grades. The survey found:

- Parents consider absenteeism a bigger deal in high school than in elementary school. They were twice as likely to worry about the effect of absences in high school, compared to those in the early grades.
- Parents often don't know how many days their children miss. Although they all had children missing 10 or more days, only 30% said their children missed that much school.
- Parents are willing to track absences and take other steps to improve attendance. After parents were clearly informed about the negative impact of absences, 9 out of 10 said they intend to monitor absences in the coming school year.
- Teachers are the most trusted messengers for talking about attendance. A full 72% of parents said they trust teachers most to discuss their child's attendance.

1. Engage families early - Begin partnering with families to improve student attendance while children are young.

2. Establish positive relationships – Before discussing a student's poor attendance, establish a positive relationship with parents. Often, schools contact families only when there is a problem. When parents feel welcome in a school and respected as an important partner in their children's education, they are more willing to contribute and respond openly and positively.

3. Communicate clear expectations and support – Orient parents to school policies and expectations for student attendance and on-time arrival. Share resources that are available to help families that may have difficulties with health issues, homelessness or lack of transportation.

4. Take a strengths-based approach – Don't assume if a child is chronically absent that it is a signal that parents do not care about the child's education or attendance. Ask about what they already do that works and if they can think of any positive examples of activities or supports that made it easier to get their child to school.

5. Check for understanding – Help parents connect the dots so they understand the impact of chronic absence on their child's future success.

6. Communicate in the parent's primary language – Share written materials in the parent's home language offering research on the importance of attendance and tips for how parents can ensure students attend school every day. Be careful not to rely on handouts and mailings alone.

7. Offer support when needed – Ask parents about what makes it hard to get their child to school. Parents may not be able to surmount challenges without the help of someone outside the family. Discuss what would help to reduce the level of absences. Help them understand that absences – even excused – can harm their child's ability to learn and succeed in school and that the school community wants to help.

8. Remember that parent engagement is an on-going process, not a one-time event – Create on-going opportunities for dialogue with parents. Discussions about attendance should be integrated into regular school meetings, parent education and other training topics. Embed the exercises into larger discussions about how to help children succeed in school, tapping into the parents' hopes and dreams.

Opportunities to engage parents include: Back to School Nights Open Houses Report card pickup PTA meetings Committee meetings Parent education workshops Awards ceremonies and special assemblies

OPERATION MEDICINE CABINETTM April 27, 2019 10:00 am - 2:00 pm

The Pinellas County Sheriff's Office, in partnership with the Live Free! Substance Abuse Prevention Coalition of Pinellas County, will collect unused or expired prescription medications for safe disposal Saturday, April 27, 2019. For more information, please contact: Pinellas County Sheriff's Office at 727-582-2222 or Live Free! at 888-727-6398.

The OMC drop-off sites will NOT be at pharmacies and will <u>ONLY</u> be at the following locations:

NORTH COUNTY LOCATIONS:

Pinellas County Sheriff's Office North District Station 2496 Bayshore Boulevard, Dunedin, 34698

<u>Clearwater Police Department at Countryside Mall</u> 27001 U.S. 19 North, Clearwater, 33761

MID-COUNTY LOCATIONS:

Pinellas County Sheriff's Office Administration Building 10750 Ulmerton Road, Largo, 33789

Pinellas Park Police Department at Sam's Club 7001 Park Boulevard, Pinellas Park, 33781

SOUTH COUNTY LOCATIONS:



Kenneth City Police Department 4600 58th Street North, Kenneth City, 33709

<u>St. Petersburg Police Department (SPPD Headquarters)</u> 1300 1st Avenue North, St. Petersburg, 33705

<u>St. Pete Beach Community Center</u> 7701 Boca Ciega Drive, St. Pete Beach, 33706

No bio-hazard items or needles will be accepted. Program intended for the citizens of Pinellas County and not for commercial use.





NATIONAL SCHOOL NURSE DAY 2019

National School Nurse Day is observed on Wednesday, May 8, 2019 as a time to celebrate the specialty practice of school nursing. The theme this year is *School Nurses: Advocates for 21st Century Student Health*, and reflects how school nurses offer expertise and knowledge that is invaluable to students, families, schools, and the community. School nurses:

- Help children learn by identifying health issues that impede school performance, and providing services that both prevent and treat illness.
- Make a difference for student health by promoting wellness, coordinating care in the school and community, and removing health barriers so students with chronic diseases can learn.
- Are good for their school! They allow teachers, staff and administrators to focus on education, promote compliance with federal and state laws, and empower students and staff to develop healthy behaviors that promote health and wellness.
- Are good for the community! They are the eyes and ears of public health, providing a vital bridge between education and health, connecting student and families to services in the community.

School Health Services wishes to recognize and thank all school nurses, and acknowledge the important role they play as members of the school environment.

On Wednesday, May 8, please take a few moments to recognize your school nurse and thank them for their contributions to your student population and school community!

Olweus Bullying Prevention Program

The Olweus Program (pronounced Ol-VAY-us) is a comprehensive approach that includes schoolwide, classroom, individual, and community components. The program is focused on long-term change that creates a safe and positive school climate. It is designed and evaluated for use in elementary, middle, and high schools (K-12). The program's goals are to reduce and prevent bullying problems among schoolchildren and to improve peer relations at school. The program has been found to reduce bullying among students, improve the social climate of classrooms, and reduce related antisocial behaviors, such as vandalism and truancy. The Olweus Program has been implemented in more than a dozen countries around the world, and in thousands of schools in the United States. There are no training costs for your school as we provide the training and the materials.

We have two trainings scheduled for summer and teams will receive a stipend or trade time for attending:

June 3 rd and June 4 th	8:30-3:30 (must attend both days)	Largo High School
July 8 th and July 9 th	8:30-3:30 (must attend both days)	Admin Bldg ABC 203

Please contact Jennifer Lotti at lottij@pcsb.org or 727-588-5117 to register your team or for more information. Trainings can also be provided at your school site. Call or email for more details.



A three hour mental health awareness training is now being offered through the Prevention Department. The training provides information on mental health disorders, who can provide treatment, who can provide assistance in your school, and examples of community resources. The following is a list of upcoming training being provided throughout the district. If you have any questions contact Mary Knight-Martin, <u>knight-martinm@pcsb.org</u>

St. Petersburg High	4/18/19	3:15-6:15	Section #93896
Largo High	6/3/19	8:30-1:30	Section # 93680
Largo High	6/3/19	12:30-3:30	Section # 93681
Largo High	6/4/19	8:30-11:30	Section # 93682
Largo High	6/4/19	12:30-3:30	Section # 93683
Admin Bldg ABC203	6/26/19	8:30-11:30	Section # 94291
Admin Bldg B213	7/22/19	12:30-3:30	Section # 94292

Trauma Informed Care Training

The Prevention Team offers training in Trauma Informed Care. During this 3-hour training, participants will learn how trauma impacts student learning. In addition, they will learn how they can make their classroom and the school more trauma-sensitive.

Specific interventions and strategies will be shared. Signs and symptoms of trauma in children will also be discussed.

Here are some scheduled trainings that are approaching. Sign up on PLN if you would like to participate! Participants can earn 3 component points. Trade hours are available for trainings taken outside of normal contract hours.

Course # 20239

Largo High	6/3/19	8:30-11:30	Section # 93669
Largo High	6/3/19	12:30-3:30	Section # 93670
Largo High	6/4/19	8:30-11:30	Section # 93671
Largo High	6/4/19	12:30-3:30	Section # 93672
Admin Bldg ABC203	6/26/19	12:30-3:30	Section # 93105
Admin Bldg B213	7/22/19	8:30-11:30	Section # 93127



The FACE IT program will be offering students a summer express session. The goal is so all students will have the opportunity to complete the FACE IT program before beginning the new school year.

- SUMMER EXPRESS SESSION
 - ✓ Families may choose to attend sessions on any night to fulfill the required 8 sessions.
 - ✓ Two locations available for summer: **Dixie Hollins High & Clearwater High.**
 - ✓ Session Dates: June 3rd-June 6th at Dixie Hollins and Clearwater

June 10th-June 13th at Dixie Hollins and Clearwater

✓ TIME: 6:00pm – 8:00pm

Directions to Dixie Hollins High School: 4940 62nd Street N. St. Petersburg 33709

From 66th Street North, turn east on 50th Avenue which leads directly to our west parking lot. Park in the lot adjacent to the tennis courts. Please enter the blue gate and follow the FACE-IT signs to building 7.

Directions to Clearwater High School: 540 Hercules Avenue Clearwater, FL. 33764

From Hercules Avenue, turn into the parking lot south of the portable classroom. Please continue driving until you see the second building on the right called the Pods (not the first brick building or not the portable). Please follow the FACE IT signs and enter the Pods.

For more information, please call the Prevention Office @ 727-588-6130

As a reminder, you may attend sessions on any night to fulfill your required 8 sessions.



The Tobacco Clinic will be offering a summer express session. The goal is so all students will have the opportunity to complete the Tobacco Clinic program before beginning the new school year.

• SUMMER EXPRESS SESSION

- ✓ Students must attend 2 consecutive sessions to fulfill the requirement.
- ✓ Two separate classes available for summer located at: Clearwater High School.
- ✓ Session Dates: June 3rd and 4th

June 5^{th} and 6^{th}

✓ TIME: 6:00pm – 8:00pm

Directions to Clearwater High School: 540 Hercules Avenue Clearwater, FL. 33764

From Hercules Avenue, turn into the parking lot south of the portable classroom. Please continue driving until you see the second building on the right called the Pods (not the first brick building or not the portable). Please follow the FACE IT signs and enter the Pods.

For more information, please call the Prevention Office @ 727-588-6130

As a reminder, you must attend 2 consecutive sessions to fulfill the requirement

Creating a Safe Learning Environment for our LGBTQ+ Students, Staff and Families

Please see below for an exciting training opportunity. If you have taken this training before, don't despair! It has been revised and PCS employees are able to receive component points yearly for the same workshop. One last perk: we are offering stipends or trade hours for instructional staff. Please feel free to share this with other PCS friends and coworkers who might be interested.

Course Description/General Objective(s):

Participants will gain insight into the challenges facing LGBTQ youth, families and staff. Participants will have a better understanding of PCSB policies and practices that support the legal, ethical and safety needs of LGBTQ youth, families and staff. Participants will gain access to a wide variety of resources and support in creating a safe and civil environment for LGBTQ students as well as ALL students, families and staff. Students who feel accepted at school are more engaged in learning, motivated and committed to achieving the highest level of education.

Admin Bldg B213	4/30/19	5:00-8:00	Section # 95138
Largo High School	6/4/19	8:30-11:30	Section # 93775
Largo High School	6/4/19	12:30-3:30	Section # 93679

Please Contact Melissa Newman at <u>newmanme@pcsb.org</u> or 528-5788 ext. 2001 for more information.

Prevention Department Upcoming Trainings:

Creating a Safe Classroom Environment to reduce Bullying Behaviors

Course # 20768

Cofe	Admin Bldg B213	6/12/19	Section # 93758 Section # 93759
Safe	Admin Bldg B213	7/24/19	Section # 93864 Section # 93865

Teams 1 Course # 20810

6/5/19	8:30-11:30	Section # 93870
	12:30-3:30	Section # 93869
6/6/19	8:30-11:30	Section # 93872
	12:30-3:30	Section # 93873
6/10/19	8:30-11:30	Section # 93750
6/11/19	12:30-3:0	Section # 93755
6/18/19	8:30-11:30	Section # 93761
	12:30-3:30	Section # 93762
6/26/19	8:30-11:30	Section # 93781
	12:30-3:30	Section # 93782
7/23/19	8:30-11:30	Section # 93784
7/24/19	12:30-3:30	Section # 93865
	6/6/19 6/10/19 6/11/19 6/18/19 6/26/19 7/23/19	12:30-3:30 6/6/19 8:30-11:30 12:30-3:30 6/10/19 8:30-11:30 6/11/19 12:30-3:0 6/18/19 8:30-11:30 6/26/19 8:30-11:30 7/23/19 8:30-11:30

SafeTeams 2 Course # 20251

Admin Bldg B213	6/10/19	12:30-3:30	Section # 93752
Admin Bldg B213	6/11/19	8:30-11:30	Section # 93753
Admin Bldg B213	7/23/19	12:30-3:30	Section # 93785

Congratulations on Outstanding Compliance!

Section 504







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(data pull: 4/12/2019)

	High Point Elementary School	Pinellas Primary Academy
rth	Highland Lakes Elementary School	Pinellas Secondary School
	James B. Sanderlin PK-8	Pinellas Virtual FLVS Franchise
	John Hopkins Middle School	Pinellas Virtual Part-time
	Juvenile Detention Center	Plato Academy Clearwater
	Kings Highway Elementary Magnet	Plato Academy Largo
	Lake St. George Elementary School	Plato Academy Palm Harbor
	Lakeview Fundamental Elementary	Plato Academy Pinellas Park
	Lakewood Elementary School	Plato Academy Seminole
School	Largo High School	Plato Academy St. Petersburg
	Largo Middle School	Plato Academy Tarpon Springs
	Lealman Avenue Elementary School	Plumb Elementary School
	Leila Davis Elementary School	Ponce de Leon Elementary School
	Lynch Elementary School	Rawlings Elementary
	Madeira Beach Fundamental	Ridgecrest Elementary School
	Maximo Elementary School	Safety Harbor Elementary School
	McMullen-Booth Elementary School	San Jose Elementary School
	Melrose Elementary School	Sandy Lane Elementary School
	Midtown Academy	Sawgrass Lake Elementary School
	Mildred Helms Elementary School	Seminole Elementary School
chool	Mount Vernon Elementary School	Seminole High School
	New Heights Elementary School	Seminole Middle School
	North Shore Elementary School	Seventy-Fourth St. Elementary
	Northeast High School	Sexton Elementary School
	Northwest Elementary School	Shore Acres Elementary School
	Oakhurst Elementary School	Skycrest Elementary School
	Oldsmar Elementary School	Skyview Elementary School
	Orange Grove Elementary School	Southern Oak Elementary School 🦂 🔨
	Osceola Fundamental High School	St. Petersburg Collegiate High School
	Osceola Middle School	Starkey Elementary School
	Ozona Elementary School	Sunset Hills Elementary School
of Engineering	Pace Program	Sutherland Elementary School
	Palm Harbor Middle School	Tarpon Springs Elementary School
	Pasadena Fundamental Elementary School	Tarpon Springs Fundamental Elementary School
	Perkins Elementary School	Tarpon Springs High School
	Pinellas Central Elementary School	Tarpon Springs Middle School
	Pinellas Gulf Coast Academy	Technical High School at Seminole
	Pinellas Park Elementary School	Thurgood Marshall Fundamental Middle School
	Pinellas Park High School	Walsingham Elementary School
	Pinellas Preparatory Academy	Westgate Elementary School











New Compliance Advisor Issues Now Available on 504 eLearn!

The Compliance Advisor has one goal: to show schools how to carry out sound Section 504 policy. Every page of every issue is filled with explanations of the law, best practices, case summaries and compliance tips – giving schools the complete compliance picture in both the practical and legal aspects.

LEGAL SPOTLIGHT

Recent_Issue_Features <u>April</u>

YOU BE THE JUDGE Did vo-tech school err in using assessment scores to

using assessment scores to determine students' class assignments? Page 2

HIGHLIGHTS Student allergies: Who needs to know?

The student's teachers. The school nurse. Who else needs to know when a child has a severe allergy? Page 3

Address competing needs of individuals with disabilities

What do you do when you have one student with a service animal and another student with an allergy to animal dander in the same school? Page 5

Dispel for staff and parents common myths about private schools and Section 504

Myth: You have to provide a 504 plan for a student enrolled in a local private school. Learn the truth about this and other misconceptions regarding Section 504 and private schools. Page 6

Term trainer

Severe food allergy. An adverse immune system reaction that occurs soon after eating a certain food. Reactions can span a wide range of severity of symptoms with one of the most serious being anaphylactic shock. The protections of Title III of the ADA extend to individuals with severe allergies and autoimmune conditions.

Parents don't show connection between rejected application, advocacy

Case name: Simms v. New York City Dep't of Educ., 58 NDLR 115 (S.D.N.Y. 2019).

Ruling: The U.S. District Court, Southern District of New York dismissed claims that a district failed to admit a student into one of her preferred high schools in retaliation against the student's parents for initiating "numerous due process proceedings" on behalf of the student's brother with autism. The court found that there were only "conclusory allegations" that the student didn't get into her preferred schools due to her parents' protected activities.

504 eLearn

<u>Topics include</u>: Quick Start Guides, related services procedures, accommodation guides, OCR <u>Guidance, Compliance Advisor, etc.</u>



ESE: FLDOE Section 504 Online Introductory Course

Open to: All School Staff

In-service Credit: 3 ESE re-certification points

How do I complete this component?

- 1) Enroll in PLN Search Course # 20496, Section # 91720
- 2) Go to: http://sss.usf.edu/resources/topic/section504/504course/index.html
- 3) Complete all the assignments and activities in the course.
- 4) When you receive your completion certificate, upload to PLN course # 20496.
- 5) Once submitted, email <u>MAUCKH@pcsb.org</u> to receive course survey and credit.

Course topics:

- Introduction to Section 504
- ✤ A Section 504 Disability
- Child Find and Section 504 Evaluations
- Section 504 Disability and Need for Section 504 Plan Determination
- Developing and Implementing a Section
 504 Plan
- Medical/Health Conditions and Individual Health Care Plans
- Procedural Safeguards and Grievance Procedures
- ✤ Discipline
- Comparison of Section 504 and IDEA 2004
- Postsecondary Students and Section 504

Section 504 Training – 504 Coordinators / Student Services staff & Administrators

Description: Participants will enhance their knowledge of the requirements of Section 504 and the Americans with Disabilities Amendment Act of 2008 as relates to protections, services, and legal requirements for students with disabilities and will use knowledge to implement district processes and procedures for Section 504 compliance.

Who: 504 Coordinators, Student Services staff and Administrators

Where: Discovery Room, 305 Fourth St. SW Largo, FL 33770 – across the street from the Administration Building

Course # **19798**

Course date options: June 19, 2019 (Section #: 95071) <u>or</u> July 9, 2019 (Section #: 95072) **Time:** 8:30 – 11:30 am

Registration: Professional Learning Network (PLN)

Student Services

Health Services 588-6320 Sara O'Toole, Managing Officer Anita Bacchi, Administrative Assistant

Prevention Office 588-6130 Lisa DePaolo, Managing Officer Paula Mohl, Administrative Assistant

Bullying Prevention 588-6348 Joan Reubens, Coordinator

Section 504 588-6296 Sarah Douglas, Coordinator Psychological Services 588-6054 Michael Cowley, Managing Officer Hope Mauck, Administrative Assistant

School Counseling 588-6053 Jonathan Blair, Managing Officer Sonja Cooper, Administrative Assistant

School Social Work 588-6355 Tari Connell, Managing Officer Carole Stucki, Administrative Assistant