

HOW TO KEEP YOUR STUDENT SAFE ONLINE

With so much happening online, it's important to understand how to keep your student protected. Use these tips to help your kids stay smart and safe while online.

FOR MORE RESOURCES, TIPS AND OTHER INFO, VISIT PCSB.ORG/MENTALWELLNESS

SAFETY BY THE NUMBERS

54%

of teens have received unwanted texts or spam

95%

of teens have access to a smartphone

MORE THAN
50%

of the teens who report playing video games said they have made new friends online



FOR PARENTS:

1

Be aware of settings in apps such as privacy and location; ensure strict privacy settings and location is "off."

2

Create a culture of trust and communication with your child and generate rules for internet usage with them.

3

Don't rely solely on technology to protect your child...educate yourself! Ask your child about apps or websites, and stay up to date on Internet language and trends.

4

Maintain access to your child's device; know their accounts/profiles/screen names and monitor their usage.

5

Have regular conversations with your child about the potential dangers of social media and how to stay safe. Don't know where to start? *Check out our Internet Safety flyer for students at pcsb.org/mentalwellness*