

Counselor's Corner

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OUR MISSION

As student advocates, Professional School Counselors provide a comprehensive program that promotes student success through a focus on academic achievement, social/personal, career and multicultural/global citizenship development.

OUR VISION

The vision of Pinellas County counselors is for all students to graduate empowered with the knowledge and skills necessary to achieve academic, personal/social, and career success, and to reach their fullest potential as respectful, responsible citizens.



Welcome! My name is Mrs. Knapp and I am your School Counselor. As the School Counselor, I work with students, teachers, support staff, parents/guardians, and members of the community. I am an important part of a team that works to create a positive learning environment for all students reflective of our school's core values – safety, teamwork, attitude, and responsibility.



Starkey's School Counseling Program provides:

1. **Classroom lessons based on Pinellas County School's district model, Commitment to Character. Which include:**
 - Emotions, coping skills, communication skills
 - Conflict resolution, diversity, tolerance, teamwork
 - Community-building
2. **Group work with students**
 - Friendship/Social Skills/Lunch Buddies
3. **Individual work with students**
 - Short-term work to meet social, emotional, and behavioral goals
4. **Crisis intervention**
 - Help in planning to prevent crises
 - Restore safety and routine after crises
5. **Consultation with staff and parents/guardians**
 - Discuss and plan for student needs
 - Provide resources and education
6. **Referral assistance to services in the community**
 - Clinical counseling, case management, and emergency

Commitment to Character – C2C

Each month Starkey Elementary focuses on the following character traits. Students have the opportunity to be selected “Citizen of the Month”.

Commitment to Character - Month by Month

August: Respect Respect is treating yourself and others with courtesy and consideration.

September: Responsibility Responsibility is doing your best and taking ownership for your words and actions.

October: Cooperation Cooperation is getting along with others and working together to accomplish a goal.

November: Citizenship Citizenship means you are law abiding and involved in service to school, community and country.

December: Kindness Kindness is being nice and considerate toward others.

January: Self-Motivation Self-motivation is working in a careful and consistent manner without giving up.

February: Tolerance Tolerance is respecting the individual differences, views, and beliefs of other people.

March: Honesty Honesty is using truthful speech and behavior.

April: Self-Control Self-control is managing your emotions and choosing acceptable behavior.

May: Caring Caring means being kind, friendly, considerate and willing to listen, give and share.

June: Courage Courage means being brave in difficult situations, challenging yourself.

July: Patriotism

Patriotism is demonstrating allegiance to one's country.



2-1-1 Tampa Bay Cares, Inc. provides the only free, confidential, multi-lingual, 24-hour dialing code - 2-1-1 - for access to community information, services and resources for the residents of Pinellas. 2-1-1 provides one memorable number that connects individuals, families and employees to information about critical health and human services available in their community for every day needs and in times of crisis. 2-1-1 provides a one-stop service for this vital information and enables people to get assistance before they give up by providing someone to talk to and someone to listen. 2-1-1 provides a central source for community, health and disaster information and referral line. <http://211connects.org/>

Welcome to KidsHealth! If you're looking for information you can trust about kids and teens that's free of "doctor speak," you've come to the right place. KidsHealth is the most-visited site on the Web for information about health, behavior, and development from before birth through the teen years. <http://kidshealth.org/>

Clothes to Kids The mission of Clothes To Kids is to provide new and quality used clothing to low-income or in crisis, school-age children in Pinellas County, free of charge. <http://www.clothestokids.org/>

Home Work Helpline 727-547-7223

Free homework help for students in 1st-12th grades is available Monday through Thursday from 5pm to 8pm on all school days (except when there is no school the following day.)