

Commitment to Character

Honesty-Using truthful speech and behavior.



The Origins of Women's History Month

Women's History Month in the United States grew out of a weeklong celebration of women's contributions to culture, history and society organized by the school district of Sonoma, California, in 1978. Presentations were given at dozens of schools, hundreds of students participated in a "Real Woman" essay contest and a parade was held in downtown Santa Rosa.



Visionary Women: Champions of Peace & Nonviolence



<https://nationalwomenshistorvalliance.org/2019-theme-and-nomination/>

National Medal of Honor Day will be observed on Monday, March 25, 2019.



The Medal of Honor is awarded only to military members; it is awarded by Congress and is also known as the Congressional Medal of Honor. National Medal of Honor Day is a time to remember the sacrifices of men and women in uniform who have earned this highest of military honors.

Read more: <https://militarybenefits.info/medal-of-honor-day/#ixzz5g1fs7Vuc>

Three Words a Day

- March 1 Pouting looks silly.
- March 2 Know the rules.
- March 3 Show your best.
- March 4 Learn what's right.
- March 5 Respect all people.
- March 6 Teasing isn't funny.
- March 7 Truly like yourself.
- March 8 Treasure your friends.
- March 9 Improving is hard.
- March 10 Genuinely like people.
- March 11 Think you can.
- March 12 Lose without excuse.
- March 13 Respect your parents.
- March 14 Say you're sorry.
- March 15 Make small corrections.
- March 16 Wonder out loud.
- March 17 Show you care.
- March 18 Manners are in.
- March 19 Choose healthy foods.
- March 20 Decide to improve.
- March 21 Divide the chores.
- March 22 Perfection requires time.
- March 23 Accomplish daily tasks.
- March 24 Laugh with others.
- March 25 Quiet! Just think.
- March 26 Learn by practice.
- March 27 See others' qualities.
- March 28 Study very hard.
- March 29 Learn about handicaps.
- March 30 Eat your breakfast.
- March 31 Clutter causes confusion.

"Say Something" Bulletin Board at Countryside High School



Dinner Dilemmas

Purpose: To create family discussions that promotes Character Education in Pinellas County.

Dinner Dilemmas are designed to go home once a month with the students. Schools that send home a weekly newsletter could print one dilemma each week in its publication. During the week families are asked to discuss the dilemma. It is hoped that families will talk about the dilemma and decide how the character quality of the month relates to the situation presented. It is further hoped that families will discuss the dilemma of the week and decide how the character quality of the month applies to each family member.

Week 1

Situation: The game is tied in extra innings. Sam's team could win if he can make it to home plate. Sam is tagged before he touches home plate. The umpire calls him safe.

Dilemma: On one hand Sam knows if he does not say anything his team wins the title. On the other hand, Sam knows he should be honest and tell the truth about being tagged.

Discussion: What advice do you have for Sam?

Week 2

Situation: Sue finds a five-dollar bill in the hallway at school.

Dilemma: On the one hand Sue could give it to the fundraiser to help her school. On the other hand, Sue could turn it into the office knowing it probably belongs to someone.

Discussion: What is your advice for Sue?

Week 3

Situation: The school principal recognizes a number of students over the intercom for helping in another class. Sue's name is announced even though she did not participate.

Dilemma: On the one hand Sue could keep quiet and receive the certificate. On the other hand, she knows an honest person would tell the principal she did not earn the recognition.

Discussion: What is your advice for Sue?

Week 4

Situation: Sam is with a group of friends after school. They accidentally break a window in the school's greenhouse. Sam's friends beg him to keep quiet.

Dilemma: On the one hand it is good to be loyal to friends. On the other hand, Sam wants to be honest.

Discussion: What advice do you have for Sam?

Books to read aloud on Honesty:

Chester and the Worldly Pig by Bill Peet

The True Story of the Three Little Pigs by Jon Scieszka

The Honest to Goodness Truth by Patricia McKissack

NEA's Read Across America March 2



www.nea.org/readacross



National School Breakfast Week March 4-8

National #School Breakfast Week kicks off on March 4th. Educate students and parents on why school breakfast is essential for children to succeed in the classroom.

QUOTE OF THE WEEK:

Quotes: Starting the week of March 4:

Week 1 – “Everyone is entitled to their own opinion, but not their own facts.” Daniel Patrick Moynihan

Week 2- “A friend who lies for you may also lie against you.” Unknown

Week 3 – “Those who think it is permissible to tell white lies soon grow color-blind.” Austin O'Malley

Week 4- “No legacy is as rich as honesty.” Shakespeare

"You're never too old, too wacky, too wild, to pick up a book and read with a child."
Dr. Seuss

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Next Month is April: Self-Control-Managing your emotions and choosing acceptable behavior.