# Soccer

## Unit 1: History and Rules

**Course Standards - CPALMS**
- PE.912.M.1.15
- PE.912.R.2.3
- PE.912.C.1.21
- PE.912.C.1.28
- PE.912.C.1.25

**Essential Topics and Vocabulary**
- Aerobic activities
- Anaerobic activities
- Warm-up
- Cool down
- History
- Rules
- Skill-related components of fitness

*Fitnessgram Pre test*

## Unit 2: Skill Development

**Course Standards - CPALMS**
- PE.912.M.1.15
- PE.912.R.2.3
- PE.912.C.1.21
- PE.912.C.1.28
- PE.912.C.1.25

**Essential Topics and Vocabulary**
- Warm-up
- Cool down
- Dribbling (footwork, ball control)
- Passing (footwork, foot-eye coordination, ball control)
- Throw-ins (proper technique)
- Shooting (body position, power, follow through)
- Goal tending (body position, reaction time)

## Unit 3: Game Play and Officiating

**Course Standards - CPALMS**
- PE.912.M.1.15
- PE.912.R.2.3
- PE.912.C.1.21
- PE.912.C.1.28
- PE.912.C.1.25

**Essential Topics and Vocabulary**
- Warm-up
- Offense strategies and tactics
- Defense strategies and tactics
- Officiating (rules interpretation)
- Score keeping
- Modified games

## Unit 4: Tournament

**Course Standards - CPALMS**
- PE.912.M.1.15
- PE.912.R.2.3
- PE.912.C.1.21
- PE.912.C.1.28
- PE.912.C.1.25

**Essential Topics and Vocabulary**
- Warm-up
- Offensive strategies and tactics
- Defensive strategies and tactics
- Officiating (rules interpretation)
- Score keeping
- Games
- Round Robin
- Double elimination

## Fitnessgram Post Assessment

**Course Standards**
- Aerobic activities
- Anaerobic activities
- Warm-up
- Cool down
- History
- Rules
- Skill-related components of fitness

## End of Semester Celebrations/Review Prior Content/Cooperative Games

**NO CLASSES**