



Violence Prevention

for middle school students

Building Skills For Success

Research shows important connections between social and emotional skills and academic achievement. The Violence Prevention Program gives your child the tools needed for a more successful school experience.

An in-class prevention program (for all 6th graders) is taught by a trained specialist using the nationally recognized, skill-based "Second Step" curriculum for middle school students .

For additional support, skill-building groups (for 6th - 8th graders) offer more tools to increase each child's potential for success.

"I really like this program. It has taught me a lot. The classes teach us about a lot of things we would not learn somewhere else." ~Sixth grade student

Enrollment

Enroll your child by calling the prevention specialist at your child's middle school.

Prevention specialists provide:

- Classroom instruction
- Skill-building groups
- Emotion management
- Problem solving

In addition, the prevention specialist serves as a resource for parents needing additional information or assistance with their child.

"Love this program. I can tell if something is wrong with my friends. If they are depressed, I can try and do something for them. I have learned a lot. Thank you." ~Seventh grade student

In-Class Prevention Program (6th grade students)

"Second Step" middle school curriculum teaches and reinforces core ethical values that include:

- Fairness
- Compassion
- Honesty
- Responsibility
- Respect
- Self-discipline

Skill-building Groups (6th - 8th grade students)

Youths enrolled receive support to:

- Improve communication with teachers
- Solve problems
- Recognize bullying and how to respond
- Learn how to control their anger
- Learn how to cope with stress
- Make better choices
- Avoid alcohol, tobacco and drugs
- Set goals
- Avoid referrals and out of school suspensions

"The teacher helps kids who feel bored and who are going to fight. I have learned a lot about controlling my anger." ~Sixth grade student