



Counselor's Corner

Mrs. Matthews, School Counselor

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Contact

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Thank you families for your support of Start With Hello week. Five 5th graders helped to make daily messages for our students- Makaia, Brooklyn, Martin, Vuk, and Xander. Thank you for being leaders!



Wear a face mask

ENCOURAGE YOUR CHILD TO PRACTICE THE 3 W'S



Wash your hands



6 feet

Watch your distance



Classroom Lessons

Did you know that all classroom lessons are based on Florida School Counseling Standards? This month, lessons for all students focused on acquiring self-knowledge: identifying and expressing feelings. Students in kindergarten and 1st grade read *The Way I Feel*, followed by activities to demonstrate feeling identification. 2nd and 3rd graders viewed various clips about feelings and empathy, followed by an activity allowing them to think about how they could demonstrate empathy. 4th and 5th graders took it a step further and learned about how thoughts and feelings can affect behavior. October lessons will focus on handling conflict with others.