Schedule of benefits

Prepared for:

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Plan name: Open Access Aetna Select Basic Essential Plan

Schedule of benefits: 4A

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Third Party Administrative Services provided by Aetna Life Insurance Company

Schedule of benefits

This schedule of benefits (schedule) lists the **deductibles**, **copayments** or **payment percentage**, if any apply to the **covered services** you receive under the plan. You should review this schedule to become aware of these and any limits that apply to these services.

How your cost share works

- The **deductibles** and **copayments**, if any, listed in the schedule below are the amounts that you pay for **covered services**.
 - For the **covered services** under your medical plan, you will be responsible for the dollar amount
 - For pharmacy benefits where a percentage cost share acts like a copayment, you will be responsible for the percentage amount
- Payment percentage amounts, if any, listed in the schedule below are what the plan will pay for covered services.
- Sometimes your cost share shows a combination of your dollar amount **copayment** that you will be responsible for and the **payment percentage** that your plan will pay.
- You are responsible to pay any deductibles, copayments and remaining payment percentage, if they
 apply and before the plan will pay for any covered services.
- This plan doesn't cover every health care service. You pay the full amount of any health care service you get that is not a **covered service**.
- This plan has limits for some **covered services**. For example, these could be visit, day or dollar limits. They may be:
 - Based on a rolling, 12 month period starting with the date of your most recent visit under this plan
 See the schedule for more information about limits.
- Your cost share may vary if the **covered service** is preventive or not. Ask your **physician** or contact us if you have a question about what your cost share will be.

For examples of how cost share and **deductible** work, go to the *Using your Aetna benefits* section under Individuals & Families at https://www.aetna.com/

Important note:

Covered services are subject to the **deductible**, maximum out-of-pocket, limits, **copayment** or **payment percentage** unless otherwise stated in this schedule. The *Surprise bill* section in the booklet explains your protections from a surprise bill.

Under this plan, you will:

- 1. Pay your copayment
- 2. Then pay any remaining deductible
- 3. Then pay your payment percentage

Your copayment does not apply to any deductible.

How your deductible works

The **deductible** is the amount you pay for **covered services** each year before the plan starts to pay. This is in addition to any **copayment** or **payment percentage** you pay when you get **covered services** from an in-network **provider**. This schedule shows the **deductible** amounts that apply to your plan. Once you have met your **deductible**, we will start sharing the cost when you get **covered services**. You will continue to pay **copayments** or **payment percentage**, if any, for **covered services** after you meet your **deductible**.

How your PCP or physician office visit cost share works

You will pay the PCP cost share when you get covered services from any PCP.

How your maximum out-of-pocket works

This schedule shows the **maximum out-of-pocket limits** that apply to your plan. Once you reach your **maximum out-of-pocket limit**, your plan will pay for **covered services** for the remainder of that year.

Contact us

We are here to answer questions. See the *Contact us* section in your booklet.

This schedule replaces any schedule of benefits previously in use. Keep it with your booklet.

Plan features

Deductible

You have to meet your **deductible** before this plan pays for benefits.

Deductible type	In-network
Individual	\$2,300 per year
Family	\$6,900 per year

Deductible waiver

There is no in-network **deductible** for the following **covered services**:

- Preventive care
- Family planning services female contraceptives

Deductible and cost share waiver for risk reducing breast cancer prescription drugs

The **prescription** drug **deductible** and per **prescription** cost share will not apply to risk reducing breast cancer **prescription** drugs when obtained at a network pharmacy. This means they will be paid at 100%.

Deductible and cost share waiver for contraceptives (birth control)

The **prescription** drug **deductible** and per **prescription** cost share will not apply to female contraceptive methods when obtained at a network pharmacy. This means they will be paid at 100%. This includes certain OTC and generic contraceptive **prescription** drugs and devices for each of the methods identified by the FDA. If a **generic prescription drug** is not available, the **brand-name prescription drug** for that method will be paid at 100%.

The **prescription** drug **deductible** and cost share will apply to **prescription** drugs that have a generic equivalent or alternative available within the same therapeutic drug class obtained at a network pharmacy unless we approve a medical exception. A therapeutic drug class is a group of drugs or medications that have a similar or identical mode of action or are used for the treatment of the same or similar disease or injury.

Deductible and cost share waiver for tobacco cessation prescription and OTC drugs

The **prescription** drug **deductible** and the per **prescription** cost share will not apply to the first two, 90-day treatment programs for tobacco cessation **prescription** and OTC drugs when obtained at a network **retail pharmacy**. This means they will be paid at 100%. Your per **prescription** cost share will apply after those two programs have been exhausted.

Maximum out-of-pocket limit

Includes the deductible.

Maximum out- of-pocket type	In-network
Individual	\$8,550 per year
Family	\$17,100 per year

General coverage provisions

This section explains the **deductible**, **maximum out-of-pocket limit** and limitations listed in this schedule.

Deductible provisions

The **deductible** may not apply to some **covered services**. You still pay the **copayment** or **payment percentage**, if any, for these **covered services**.

Individual deductible

You pay for **covered services** each year before the plan begins to pay. This individual **deductible** applies separately to you and each covered dependent. After the amount paid reaches the individual **deductible**, this plan starts to pay for **covered services** for the rest of the year.

Family deductible

You pay for **covered services** each year before the plan begins to pay. After the amount paid for **covered services** reaches this family **deductible**, this plan starts to pay for **covered services** for the rest of the year. To satisfy this family **deductible** for the rest of the year, the combined **covered services** that you and each of your covered dependents incur toward the individual **deductible** must reach this family **deductible** in a year. When this happens in a year, the individual **deductibles** for you and your covered dependents are met for the rest of the year.

Copayment

This is the dollar amount you pay for **covered services**. In most plans, you pay this after you meet your **deductible** limit. In **prescription** drug plans, it is the amount you pay for covered drugs.

Payment Percentage

This is the percentage of the bill you pay after you meet your **deductible**.

Maximum out-of-pocket limit

The maximum out-of-pocket limit is the most you will pay per year in copayments, payment percentage and deductible, if any, for covered services. Covered services that are subject to the maximum out-of-pocket limit include those provided under the medical plan and the outpatient prescription drug plan.

Individual maximum out-of-pocket limit

- This plan may have an individual and family maximum out-of-pocket limit. As to the individual
 maximum out-of-pocket limit, each of you must meet your maximum out-of-pocket limit separately.
- After you or your covered dependents meet the individual maximum out-of-pocket limit, this plan will
 pay 100% of the eligible charge for covered services that would apply toward the limit for the rest of the
 year for that person.

Family maximum out-of-pocket limit

After you or your covered dependents meet the family **maximum out-of-pocket limit**, this plan will pay 100% of the eligible charge for **covered services** that would apply toward the limit for the remainder of the year for all covered family members. The family **maximum out-of-pocket limit** is a cumulative **maximum out-of-pocket limit** for all family members.

To satisfy this maximum out-of-pocket limit for the rest of the year, the following must happen:

- The family maximum out-of-pocket limit is met by a combination of family members
- No one person within a family will contribute more than the individual maximum out-of-pocket limit amount in a year

If the **maximum out-of-pocket limit** does not apply to a **covered service**, your cost share for that service will not count toward satisfying the **maximum out-of-pocket limit** amount.

Certain costs that you have do not apply toward the maximum out-of-pocket limit. These include:

- All costs for non-covered services which are identified in the booklet and the schedule
- Costs for non-emergency use of the emergency room

Your financial responsibility and decisions regarding benefits

We base your financial responsibility for the cost of **covered services** on when the service or supply is provided, not when payment is made. Benefits will be pro-rated to account for treatment or portions of **stays** that occur in more than one year. Decisions regarding when benefits are covered are subject to the terms and conditions of the booklet.

Prescription drug – outpatient maximum out-of-pocket limit provisions

Covered services that are subject to the **maximum out-of-pocket limit** include **covered services** provided under the medical plan and the **prescription** drug plan.

The maximum out-of-pocket limit is the most you will pay per year in copayments, payment percentage and deductible, if any, for covered services. This plan may have an individual and family maximum out-of-pocket limit.

Covered services

Acupuncture

Description	In-network
Acupuncture	70% per visit after deductible

Ambulance services

Description	In-network
Emergency services	70% per trip after deductible
Non-emergency services	Not covered

Applied behavior analysis

Description	In-network
Applied behavior analysis	Covered based on type of service and where it is received

Autism spectrum disorder

Description	In-network
Diagnosis and testing	Covered based on type of service and where it is received
Treatment	Covered based on type of service and where it is received
Occupational (OT), physical (PT) and speech (ST) therapy for autism spectrum disorder	Covered based on type of service and where it is received

Behavioral health

Mental health treatment

Coverage provided is the same as for any other illness

Description	In-network
Inpatient services-room	70% per admission after deductible
and board	
including residential	
treatment facility	
Other inpatient services	70% per admission after deductible
and supplies	
Other residential	
treatment facility	
services and supplies	

Description	In-network
Outpatient office visit to	100% per visit, no deductible applies
a physician or	
behavioral health	
provider	
Physician or behavioral	100% per visit, no deductible applies
health provider	
telemedicine	
consultation	
Outpatient mental	Covered based on type of service and provider from which it is received
health disorders	
telemedicine cognitive	
therapy consultations by	
a physician or	
behavioral health	
provider	

Description	In-network
Other outpatient services including:	100% per visit, no deductible applies
The cost share doesn't apply to in-network peer counseling support services	

Description	In-network
Telemedicine provider	Covered based on type of service and provider from which it is received
mental health disorders	
consultation	
Telemedicine cognitive	Covered based on type of service and provider from which it is received
therapy mental health	
disorders consultation	
by a telemedicine	
provider	

Substance related disorders treatment

Includes detoxification, rehabilitation and residential treatment facility

Coverage provided is the same as for any other illness

Description	In-network
Inpatient services-room	70% per admission after deductible
and board during a	
hospital stay	
Other inpatient services	70% per admission after deductible
and supplies during a	
hospital stay	

Description	In-network
Outpatient office visit to	100% per visit, no deductible applies
a physician or	
behavioral health	
provider	
Physician or behavioral	100% per visit, no deductible applies
health provider	
telemedicine	
consultation	
Outpatient telemedicine	Covered based on type of service and provider from which it is received
cognitive therapy	
consultations by a	
physician or behavioral	
health provider	

Description	In-network
Other outpatient	100% per visit, no deductible applies
services including:	
 Behavioral health 	
services in the	
home	
Partial	
hospitalization	
treatment	
 Intensive 	
outpatient	
program	
The cost share doesn't	
apply to in-network peer	
counseling support	
services	

Description	In-network
Telemedicine provider	Covered based on type of service and provider from which it is received
substance related	
disorders consultation	
Telemedicine cognitive	Covered based on type of service and provider from which it is received
therapy substance	
related disorders	
consultation by a	
telemedicine provider	

Clinical trials

Description	In-network
Experimental or	Covered based on type of service and where it is received
investigational therapies	
Routine patient costs	Covered based on type of service and where it is received

Diabetic services, supplies, equipment, and self-care programs

Description	In-network
Diabetic services	Covered based on type of service and where it is received
Diabetic supplies	Covered based on type of service and where it is received
Diabetic equipment	Covered based on type of service and where it is received
Diabetic self-care	Covered based on type of service and where it is received
programs	

Durable medical equipment (DME)

Description	In-network
DME	70% per item after deductible

Emergency services

Description	In-network	Out-of-network
Emergency room	70% per visit after deductible	Paid same as in-network

Non-emergency care in	Not covered	Not covered
a hospital emergency		
room		

Emergency services important note: Out-of-network providers do not have a contract with us. However, for out of network emergencies the federal No Surprises Act applies. If the provider bills you for an amount above your cost share, you are not responsible for payment of that amount. You should send the bill to the address on your ID card and we will resolve any payment issue with the provider. Make sure the member ID is on the bill. If you are admitted to the hospital for an inpatient stay right after you visit the emergency room, you will not pay your emergency room cost share if you have one. You will pay the inpatient hospital cost share, if any.

Habilitation therapy services

Outpatient physical (PT), occupational (OT) and speech (ST) therapies

Description	In-network
PT, OT and ST therapies	Covered based on type of service and where it is received

Hearing exams

Description	In-network
Hearing exams	Covered based on type of service and where it is received

Home health care

A visit is a period of 4 hours or less

Description	In-network
Home health care	70% per visit after deductible

Home health care important note:

Intermittent visits are periodic and recurring visits that skilled nurses make to ensure your proper care. The intermittent requirement may be waived to allow for coverage for up to 12 hours with a daily maximum of 3 visits.

Hospice care

Description	In-network
Inpatient services -	70% after deductible
room and board	

Description	In-network
Other inpatient services	70% per admission after deductible
and supplies	

Description	In-network
Outpatient services	70% per visit after deductible

Limit per lifetime	unlimited
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Hospice important note:

This includes part-time or infrequent nursing care by an R.N. or L.P.N. to care for you up to 8 hours a day. It also includes part-time or infrequent home health aide services to care for you up to 8 hours a day.

Hospital care

Description	In-network
Inpatient services -	70% after deductible
room and board	

Description	In-network
Other inpatient services	70% per admission after deductible
and supplies	

Infertility services

Basic infertility

Description	In-network
Treatment of basic	Covered based on type of service and where it is received
infertility	

Maternity and related newborn care

Includes complications

Description	In-network
Inpatient services –	70% per admission after deductible
room and board	
Other inpatient services	70% per admission after deductible
and supplies	
Services performed in	70% per visit after deductible
physician or specialist	
office or a facility	
Other services and	70% per visit after deductible
supplies	

Maternity and related newborn care important note:

Any cost share collected applies only to the delivery and postpartum care services provided by an OB, GYN or OB/GYN. Review the *Maternity* section of the booklet. It will give you more information about coverage for maternity care under this plan.

Nutritional support

Description	In-network
Nutritional support	Covered based on type of service and where it is received, \$2,500 maximum per
	Calendar Year

Obesity surgery

Description	In-network
Inpatient services –	70% per admission after deductible
room and board	
Other inpatient services and supplies	70% per admission after deductible

Description	In-network
Outpatient services	70% per visit after deductible

Oral and maxillofacial treatment (mouth, jaws and teeth)

Description	In-network
Treatment of mouth,	Covered based on type of service and where it is received
jaws and teeth	

Outpatient surgery

Description	In-network
At hospital outpatient	70% per visit after deductible
department	
At facility that is not a	70% per visit after deductible
hospital	
At the physician office	Covered based on type of service and where it is received

Physician and specialist services

Physician services-general or family practitioner

Description	In-network
Physician office hours	\$50 then the plan pays 100% per visit, no deductible applies
(not-surgical, not preventive)	
Physician surgical	\$50 then the plan pays 100% per visit, no deductible applies
services	

Description	In-network
Physician visit during	70% per visit after deductible
inpatient stay	

Description	In-network
Physician telemedicine	\$50 then the plan pays 100% per visit, no deductible applies
consultation	

Description	In-network
Telemedicine provider consultation	Covered based on type of service and provider from which it is received
Basic medical services	

Specialist

Description	In-network
Specialist office hours	70% per visit after deductible
(not surgical, not preventive)	
Specialist surgical	70% per visit after deductible
services	

Specialist

Description	In-network
Specialist telemedicine	70% per visit after deductible
consultation	

All other services not shown above

Description	In-network
All other services	70% per visit after deductible

Prescription drugs - outpatient Generic prescription drugs

Description	In-network
30 day supply at a retail	\$25, no deductible applies
pharmacy	
90 day supply at a mail	\$60, no deductible applies
order pharmacy or a	
CVS pharmacy	

Preferred brand-name prescription drugs

Description	In-network
30 day supply at a retail	\$60, no deductible applies
pharmacy	
90 day supply at a mail	\$120, no deductible applies
order pharmacy or a	
CVS pharmacy	

Non-preferred brand-name prescription drugs

Description	In-network
30 day supply at a retail	\$90, no deductible applies
pharmacy	
90 day supply at a mail	\$180, no deductible applies
order pharmacy or a	
CVS pharmacy	

Important note:

Your cost share for **specialty prescription drugs**, under the **copayment** assistance program, will not count toward your **deductible** or **maximum out-of-pocket limit**. This includes cost shares that you, the plan or the program pay.

Contraceptives (birth control)

Brand-name prescription drugs and devices are covered at 100% when a generic is not available

Description	In-network
30 day supply of generic	\$0, no deductible applies
and OTC drugs and	
devices	
30 day supply of brand-	Paid based on the tier of drug in the schedule
name prescription drugs	
and devices	

Preventive care drugs and supplements

Description	In-network
Preventive care drugs and supplements	\$0, no deductible applies
· · ·	
Limits	Subject to any sex, age, medical condition, family history and frequency guidelines as recommended by the U.S. Preventive Services Task Force (USPSTF)
	For a current list of covered preventive care drugs and supplements or more
	information, see the <i>Contact us</i> section

Risk reducing breast cancer prescription drugs

Description	In-network
Risk reducing breast cancer prescription	\$0, no deductible applies
drugs	
Limits	Subject to any sex, age, medical condition, family history and frequency guidelines as recommended by the U.S. Preventive Services Task Force (USPSTF)
	For a current list of risk reducing breast cancer drugs or more information, see the Contact us section

Tobacco cessation prescription and OTC drugs

Description	In-network
Tobacco cessation prescription and OTC	\$0, no deductible applies
drugs	
Limits	Subject to any sex, age, medical condition, family history and frequency guidelines in the recommendations of the USPSTF.
	For a current list of covered tobacco cessation drugs or more information, see the <i>Contact us</i> section. See the <i>Other services</i> section of this schedule for more information.

Prescription drug important note:

If a **provider** prescribes a covered **brand-name prescription drug** when a **generic prescription drug** equivalent is available and specifies "Dispense As Written" (DAW), you will pay the cost share for the brand-name drug. If a **provider** does not specify DAW and you request a covered **brand-name prescription drug**, you will be responsible for the cost share that applies to the brand-name drug plus the cost difference between the generic drug and the brand-name drug.

Preventive care

Description	In-network
Preventive care services	100% per visit, no deductible applies
Breast feeding	100% per visit, no deductible applies
counseling and support	130% pc. Visity no deductible applies
Breast feeding	6 visits in a group or individual setting
counseling and support	
limit	Visits that exceed the limit are covered under the physician services office visit
Breast pump,	Electric pump: 1 every 12 months
accessories and supplies	
limit	Manual pump: 1 per pregnancy
	Pump supplies and accessories: 1 purchase per pregnancy if not eligible to
	purchase a new pump
Breast pump waiting	Electric pump: 12 months to replace an existing electric pump
period	
Counseling for alcohol or	100% per visit, no deductible applies
drug misuse	
Counseling for alcohol or	5 visits/12 months
drug misuse visit limit	
Counseling for obesity,	100% per visit, no deductible applies
healthy diet	
Counseling for obesity,	Age 22 and older: 26 visits per 12 months, of which up to 10 visits may be used for
healthy diet visit limit	healthy diet counseling.
Counseling for sexually	100% per visit, no deductible applies
transmitted infection	2 : 11 /42 11
Counseling for sexually	2 visits/12 months
transmitted infection	
visit limit	100% per visit, no deductible applies
Counseling for tobacco cessation	100% per visit, no deductible applies
Counseling for tobacco	8 visits/12 months
cessation visit limit	8 VISITS/ 12 IIIOITTIIS
Family planning services	100% per visit, no deductible applies
(female contraception	100% per visit, no deddenote applies
counseling)	
Family planning services	Contraceptive counseling limited to 2 visits/12 months in a group or individual
(female contraception	setting
counseling) limit	
, , , , , , , , , , , , , , , , , , ,	Counseling that exceeds this limit covered as a physician services office visit
Immunizations	100%, no deductible applies
Immunizations limit	Subject to any age limits provided for in the comprehensive guidelines supported
	by the Advisory Committee on Immunization Practices of the Centers for Disease
	Control and Prevention
	For details, contact your physician
Routine cancer	100% per visit, no deductible applies
screenings	

Routine cancer screening limits	Subject to any age, family history and frequency guidelines as set forth in the most current:
	Evidence-based items that have a rating of A or B in the current recommendations of the USPSTF
	The comprehensive guidelines supported by the Health Resources and Services Administration
	For more information contact your physician or see the <i>Contact us</i> section
Routine lung cancer screening	100% per visit, no deductible applies
Routine lung cancer screening limit	1 screening every 12 months
	Screenings that exceed this limit covered as outpatient diagnostic testing
Routine physical exam	100% per visit, no deductible applies
Routine physical exam	Subject to any age and visit limits provided for in the comprehensive guidelines
limits	supported by the American Academy of Pediatrics/Bright Futures/Health
	Resources and Services Administration for children and adolescents
	Limited to 7 exams from age 0-1 year; 3 exams every 12 months age 1-2; 3 exams
	every 12 months age 2-3; and 1 exam every 12 months after that age, up to age
	22; 1 exam every 12 months after age 22
	High risk Human Papillomavirus (HPV) DNA testing for woman age 30 and older limited to 1 every 36 months
Well woman GYN exam	100% per visit, no deductible applies
Well woman GYN exam	Subject to any age and visit limits provided for in the comprehensive guidelines
limit	supported by the Health Resources and Services Administration

Prosthetic devices

Description	In-network
Prosthetic devices	70% per item after deductible
including wigs related to	
chemo and radiation	
treatment due to cancer	

Reconstructive surgery and supplies Including breast surgery

Description	In-network
Surgery and supplies	Covered based on type of service and where it is received

Short-term rehabilitation services

A visit is equal to no more than 1 hour of therapy.

Cardiac rehabilitation

Description	In-network
Cardiac rehabilitation	Covered based on type of service and where it is received

Pulmonary Rehabilitation

Description	In-network
Pulmonary rehabilitation	Covered based on type of service and where it is received

Cognitive Rehabilitation

Description	In-network
Cognitive Rehabilitation	Covered based on type of service and where it is received

Physical, occupational and speech therapies

Description	In-network
	70% per visit after deductible

Physical, occupational and speech therapies

Description	In-network
Visit limit per year	60
Physical, occupational and speech therapies combined	

Spinal Manipulation

Description	In-network
	70% per visit after deductible

Visit limit per year	20

Skilled nursing facility

Description	In-network
Inpatient services -	70% per admission after deductible
room and board	
Other inpatient services and supplies	70% per admission after deductible

Day limit per year	120

Tests, images and labs - outpatient

Diagnostic complex imaging services

Description	In-network
	70% per visit after deductible

Diagnostic lab work

Description	In-network
	70% per visit after deductible

Diagnostic x-ray and other radiological services

Description	In-network
	70% per visit after deductible

Therapies

Chemotherapy

Description	In-network
Chemotherapy services	Covered based on type of service and where it is received

Gene-based, cellular and other innovative therapies (GCIT)

Description	In-network (GCIT-designated	Out-of-network
	facility/provider)	(Including providers who are otherwise part of Aetna's network but are not GCIT-designated facilities/ providers)
Services and supplies	Covered based on type of service and where it is received	Not covered
Gene therapy products, prescription drugs	70% per visit after deductible	Not covered

Infusion therapy

Outpatient services

Description	In-network
	70% per visit after deductible

Radiation therapy

Description	In-network
Radiation therapy	Covered based on type of service and where it is received

Respiratory therapy

Description	In-network
Respiratory therapy	Covered based on type of service and where it is received

Transplant services

Description	In-network (IOE facility)
Inpatient services and	70% per transplant after deductible
supplies	
Physician services	Covered based on type of service and where it is received

Urgent care services

At a freestanding facility or **provider** that is not a **hospital**

A separate urgent care cost share will apply for each visit to an urgent care facility or **provider**

Description	In-network	
Urgent care facility	70% per visit after deductible	

Walk-in clinic

Not all preventive care services are available at a **walk-in clinic**. All services are available from a network **physician**.

Description	In-network
Non-emergency services	70% per visit after deductible
Preventive care	100% per visit, no deductible applies
immunizations	
Preventive care	Subject to any age and frequency limits provided for in the comprehensive
immunization limits	guidelines supported by the Advisory Committee on Immunization Practices of
	the Centers for Disease Control and Prevention
	For details, contact your physician
Preventive screening and	100% per visit, no deductible applies
counseling services	
Preventive screening and	See the <i>Preventive care services</i> section of the SOB
counseling limits	