

## Risk Management & Insurance



### Weekly Update August 16, 2019

## Benefit News

Welcome back, we hope you had an enjoyable and restful summer. Many life changes can happen over these few months. **Do you need to update your personal information with the district?** If you have moved, changed your phone number, or recently married and changed your last name, you will need to update your personal HR record with Pinellas County Schools:

- Login to PCS Portal using your PCS Network user ID and password
- Go to Employee Self Service
- Click on the link for “Personal”
- Click on “Edit/Update”
- If you have a Marital Status/Name change, click on the link below to get the PCSB form 31909. Print, fill out and return the completed form to Human Resources,
  - [PCSB Form 31909](#)

### The Aetna Health <sup>SM</sup> app makes it easier

Staying healthy is important. So is keeping track of your benefits. But managing it all can be a challenge.

Find a doctor, compare costs and view and manage up to two years of claim details. You can even pull up your ID cards on the go. With these tools and more, the Aetna Health app is the place for your health care needs. For more information, see our flyer: [Aetna Health App Instructions](#)

The flyer features a smartphone on the left displaying the Aetna Health app interface. The screen shows a 'Manage' section with 'YOUR PLAN INFORMATION' including Member ID: 012345678 and Choice POS II. Below is a 'FAMILY SPENDING SUMMARY' table:

FAMILY SPENDING SUMMARY	
\$1,050.00	\$4,150.00
Spent Towards Deductible	Remaining

Below the table, it states: "Your family has not reached the deductible or out-of-pocket maximum." To the right of the phone is the Aetna logo (a purple square with a white 'a') and the text "Download the Aetna Health app today". At the bottom are two buttons: "Download on the App Store" and "GET IT ON Google Play".

## Wellness News

### Check your Aetna Health Promise credits!

It's not too late to earn your wellness credits for your Aetna Health Promise incentive in 2020. Employees with medical insurance through PCS can earn \$200 or \$300 by completing 5 or 8 credits in 2019. For details of the Aetna Health Promise program and how many credits you need to earn, please visit [pcsb.org/wellness](https://pcsb.org/wellness).

Don't wait- check your credits today! Login to your Aetna member website to see how many credits you have earned. If you are missing credits, contact Gina DeOrsey at [pcs.deorseyg@pcsb.org](mailto:pcs.deorseyg@pcsb.org) or 588-6137. [Directions for how to check your credits.](#)

### Important Dates to Earn Your Credits

- [Week of August 12, 2019](#)—last day to start the weekly Small Byte option in order to finish by 12/31/2019
- [September 16, 2019](#)—Mindfulness Challenge begins. Details and registration will be sent out in upcoming weeks
- [Week of October 20, 2019](#)—last days to start the biweekly (twice a week) Small Bytes option in order to finish by 12/31/2019
- [November 1, 2019](#)—last day to earn a credit for the wellness screening
- [December 31, 2019](#)—last day to earn credits towards the Aetna Health Promise Incentive in 2020

For details of available programs, please visit [pcsb.org/wellness](https://pcsb.org/wellness).

### The Y Programs

PCS has partnered with the Y to provide a Blood Pressure and Diabetes Prevention Program. All employees with PCS insurance can earn 1 point towards their Aetna Health Promise Incentive for completing one of the programs.

[Diabetes Prevention Program](#) & [Blood Pressure Program](#)

## Employee Discounts

### [Pinellas County Schools Main Discount Page](#)

- [PerkSpot](#): cell phones, travel discounts, electronics, health & wellness, tickets & entertainment, local offers and so much more. Company code: PCSB
- [Tickets At Work](#): exclusive discounts, special offers and access to preferred seating and tickets to top attractions, theme parks, shows, sporting events, movie tickets, hotels and much more. Company code: PCS
- Tampa Bay Buccaneers – [September 8<sup>th</sup> opening game](#)
- [Ruth Eckerd Hall events](#)
- [Amelia Arena upcoming events](#)