

Risk Management & Insurance



Benefit News

EyeMed Introduces a New Feature

EyeMed has introduced the 'Know Before You Go' out-of-pocket estimator. This provides a quicker way for you to get a picture of expected vision care costs before you see the eye doctor or buy eyewear.

It offers an easier shopping experience at the provider's office, with a clear price tag. You can mix and match frame and contact lens price points, lens options and more – instantly comparing 'what if' combinations. For more information, see the flyer [here](#). To go to the EyeMed website, click the [link](#).

Employee Rights & Responsibilities

You are able to access notices on your rights and responsibilities as an employee. The following information is available on the Risk Management website under Your Rights & Responsibilities. [Your Rights & Responsibilities](#)

This link provides information on the following: HIPPA (Health Insurance Portability & Accountability Act); COBRA (Consolidated Omnibus Budget Reconciliation Act); FMLA (Family Medical Leave Act); PCS Notice of Privacy; and PCS Special Enrollment.

Wellness News

Check your credits

Check your credits to make sure all the 2019 wellness credits are posted. If you are missing any, please contact an onsite Aetna representative: Jessica O'Connell at pcs.oconnellj@pcsb.org or Gina DeOrsey at pcs.deorseyg@pcsb.org with your date of birth, the name of the activity missing, and the date of the activity.

[Directions for how to check your credits.](#)

February 28, 2020 is the last day to report any missing credits for 2019 to one of the Aetna on-site representatives. Any credits that are reported after February 28, 2020 will not be changed and will not count towards the Aetna Health Promise incentive.

New 2020 Aetna Health Promise Programs

Please visit pcsb.org/wellness for details of the 2020 Aetna Health Promise Programs.

Other Important Links

Aetna Resources for Living--Your Employee Assistance Program (EAP) provider!

Resources For Living® (RFL) is available for you and your family for in-the-moment emotional support, counseling, and resources. With EAP, you, members living in your household and children up to age 26, regardless of where the children live, are eligible for up to eight sessions per issue. Best of all, the program is confidential and provided at no cost to you.

Easy to access Counseling & Services

You and your household members can access free, confidential support 24/7. They are there to listen and help you find solutions. Your services include:

- **Emotional support** — Talk to a counselor about what's on your mind — stress, relationships, mood issues and more. You can meet over the phone, face-to-face or online by video stream.
- **Legal** — Speak with an attorney about basic legal issues like estate planning, tenant disputes, family issues and more.
- **Financial** — Discuss budgeting, credit and more with a financial expert.
- **Daily life assistance** — let their specialist's help you solve everyday issues and coordinate caregiving needs.
- **Website** — Check out articles, quizzes, webinars and more. Your member website is available in English and Spanish.

You can call **1-800-848-9392** anytime: 24 hours a day, seven days a week. When you call, they'll guide you to resources that can address your needs. In addition, you can visit resourcesforliving.com and enter Username **pcsb** and Password **eap**.

Healthcare Blue Book

If you an Aetna health plan member and you shop for the best deal on consumer products, then see how saving on your medical care can be just as easy when you use Healthcare Bluebook!


With Healthcare Bluebook, you could save hundreds – potentially thousands – of dollars on care with a simple search. Discover dramatic price differences on medical care and how much you can save using Healthcare Bluebook. To check for a procedure or for additional information [Healthcare Blue Book](#).

Teladoc

If you are enrolled in an Aetna medical plan, you and your covered dependents have access to Teladoc. This benefit provides access 24 hours, 7 days a week to a U.S. board-certified doctor by phone, video, or mobile app visits. **GET THE CARE YOU NEED**

<p>Teladoc doctors can treat many medical conditions, including:</p> <ul style="list-style-type: none">• Cold & flu symptoms• Sinus problems• Respiratory infection• And more!• Allergies• Sore throat• Skin problems	<p>Why Teladoc? It is a convenient and affordable option for quality care. Your copayment is only \$25.</p> <ul style="list-style-type: none">• When you need care now• If you're considering the ER or urgent care for a non-emergency issue• On vacation, on a business trip, or away from home• For short term prescription refills
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 1-855-TELADOC (835-2362)

 Teladoc.com/Aetna



Employee Discounts

[Pinellas County Schools Main Discount Page](#)

- [PerkSpot](#): cell phones, travel discounts, electronics, health & wellness, tickets & entertainment, local offers and so much more. Company code: PCSB
- [Tickets At Work](#): exclusive discounts, special offers and access to preferred seating and tickets to top attractions, theme parks, shows, sporting events, movie tickets, hotels and much more. Company code: PCS
- [Ruth Eckerd Hall events](#)
- [Amalie Arena and Yuengling Center upcoming events](#)