

RISK MANAGEMENT AND INSURANCE UPDATE



RISK MANAGEMENT NEWS & ANNOUNCEMENTS

January 14, 2022

BENEFITS NEWS

In January 2022, the **Aetna Smart Compare™** provider designation program expanded to include Obstetrics and Gynecology (OB/GYN). Aetna Smart Compare previously covered participating primary care physicians and orthopedic specialists.

Smart Compare evaluates Aetna's participating providers who:

- Focus on these specialties and procedure types
- Demonstrate a higher standard of quality and cost-effectiveness

For employees enrolled in Aetna, you will see 'Quality Care' and/or 'Effective Care' labels on designated providers on the Aetna HealthSM app and Aetna® member website.

To find:

- Sign in to the Aetna website. Select 'Find Care & Pricing'
- Select the type of physician you want, such as a Primary Care Physician. Then select 'Filters' on the right.
- Under filters, select Quality Care and Effective Care and hit 'Apply'
- It will then bring up physicians that are in the Smart Compare. Under each physician, it will show Quality Care and Effective Care.

WELLNESS NEWS

You can quit smoking. We can help!

Join the American Lung Association's free eight-session quit smoking program beginning January 25, 2022. Hundreds of thousands of people have become smoke-free through the Freedom From Smoking program. Start your path to a life without smoking, today!

[Click here for information about the program and how to register.](#)

WELLNESS NEWS

Limeade - Important Dates Below

Preventative Exams (1/1/2021-12/31/2021)

You can earn credits for a variety of routine preventative exams done in 2021. There are two types of preventative exams: automatically submitted and self-submitted.

Automatically submitted exams will be uploaded automatically from a claim submitted to Aetna. With these credits, you will not need to submit anything and you should see your points within 60 days. However, since we are approaching the end of the Limeade year, if you are missing ANY 2021 preventative exams please report them to Limeade support at 888-984-3638 or support@limeade.com or email our team to report these missing credits.

Other exams will be submitted by the participant. After you complete your exam with the doctor, you will then go onto your limeade portal and complete the activity for that specific exam.

ALL 2021 SELF SUBMITTED PREVENTATIVE EXAMS NEED TO BE ENTERED BY Sunday, 1/16/2022.

ALL 2022 EXAMS WILL COUNT TOWARDS NEXT LIMEADE YEAR (March 1, 2022). You must wait until March 1, 2022 to enter in self-submitted 2022 exams.

[Directions to how to self-submit preventative exams.](#)

[Directions for how to check your point history.](#)

For more information and details about the Limeade program, visit pcsb.org/limeade.

Employee Assistance Program - Upcoming RFL Webinars for January

It's never too late. Resources for Living (RFL) provides webinars on a monthly basis to help employees be less stressed. [Attached is a flyer](#) announcing the new webinars for January which will cover the following: Transitions: Path to Personal Growth; Learning to say "no": An important Life Skill; Building Self-esteem in Children; Becoming Aware of Your Emotional Intelligence. To register, log in to your PCSB member website at www.resourcesforliving.com, Username: pcsb Password: eap.

And remember, the EAP is available 24/7 at 800-848-9392 to assist you with life coping skills.

EMPLOYEE DISCOUNTS

[Pinellas County Schools Main Discount Page](#)

- [PerkSpot](#): travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB
- [Tickets at Work](#): exclusive discounts, special offers and much more. Company code: PCS
- [Amalie Arena & Yuengling Center Events](#)
- [T-Mobile Discounts & 20 Best Workout Apps for the New Year!](#)