

# **RISK MANAGEMENT AND INSURANCE**

### WELLNESS NEWS

#### **Nutrition for Bone Health Webinar**

Tuesday, July 13 6:00-7:00pm Employees must register using the link below to attend the event. For more details, visit <u>District Wellness</u> <u>Webinars</u>.

**Registration** 

### **BENEFITS NEWS**

#### **Aetna Informed Health Line**

Did you know you can get your health questions answered any time? Whether it's the middle of the night, you're away from home, or you're just not sure if you need to call your doctor, Informed Health® Line is here for you!

Call 800-556-1555 to speak to one of Aetna's nurses—24 hours a day, 365 days a year. Or, log in to your secure member website at <u>www.aetnapcsb.com</u>, and select "Aetna Member Website" at the top of the page to explore the resources available to you.

#### **Six Recipes for Healthy Eyes**

Try out some delicious and nutritious recipes that not only taste good, but are good for your eye health. Enjoy these visionboosting recipes from EyeMed:

Vision Healthy Recipes



## **EMPLOYEE DISCOUNTS**

#### **PCS Discounts**

<u>Pinellas County Schools Main Discount</u> <u>Page</u>

- <u>PerkSpot</u>: travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB
- <u>Tickets at Work</u>: exclusive discounts, special offers and access to preferred seating and tickets to top attractions, theme parks, shows, sporting events, movie tickets, hotels and much more. Company code: PCS
- <u>Amalie Arena and Yuengling Center</u>
  <u>Events</u>