

# RISK MANAGEMENT AND INSURANCE



## RISK MANAGEMENT NEWS & ANNOUNCEMENTS

June 11, 2021

### BENEFITS NEWS

#### Changing Your Insurance Elections

If you experience a qualifying life event over summer, you may be eligible for a special enrollment period.

If you get married, have a baby, gain or lose coverage through an employer, get divorced or elect Medicare, you have 31 days from the date of the life event to make a change.

Don't wait to make a change! Benefits team summer hours effective 6/14/21:

Monday - Thursday 7:30am - 5:30pm

Visit our [Life Events page](#) or contact the Benefits team at 727-588-6197.

#### Mental Health Awareness Guide for Parents & Caregivers

Adolescence is an exciting time. However, it can be challenging too. We know that teenage mental health and suicide are very real problems. So what can you do to support your child?

This [guidebook](#) will provide you with tools to help support your child's mental health.

### WELLNESS NEWS

#### Summer Mobile Mammography Bus Stops

AdventHealth Mobile Mammography is coming back to PCS sites over the summer to provide 3D mammograms. For details, schedule, and how to make an appointment, click the links below.

[Mobile Mammography Details and Dates](#)

[Mobile Mammography FAQs](#)

#### Nutrition Webinars This Summer!

Join Carolina Jantac, RD with ways to make your body feel better with your diet! Register below or visit District Wellness Campaigns for more information. Everyone who registers will receive reminders prior to the webinar.

6/17- Nutrition for Joint Health & Inflammation - [register](#)

7/13- Nutrition for Bone Health - [register](#)

### PCS EMPLOYEE DISCOUNTS

#### [Pinellas County Schools Main Discount Page](#)

- [PerkSpot](#): travel discounts, tickets & entertainment, local offers and more. Company code: PCSB
- [Tickets at Work](#): exclusive discounts, special offers and more! Company code: PCS
- [Amalie Arena and Yuengling Center Events](#)