

Benefit News

2021 BENEFlex Annual Enrollment Window is Closed!

The 2021 Annual Enrollment window closed and your approved benefit elections for next year will be effective January 1, 2021. If you did not actively make any changes, your 2020 benefit elections will rollover to the new year at the new payroll deduction rate and plan changes.

Confirmation Notice: *Next week* an automated 2021 BENEFlex Confirmation notice will be sent to your PCS email address. This information will also be available on the Employee Self-Service for viewing. Please review it carefully to be sure it accurately reflects your benefit selections and maintain a copy for your records.

Deductions: Your 2021 insurance elections will begin on December 11, 2020 for Supporting Services and December 18, 2020 for Instructional/Administrative/PRS employees. Flexible Spending Account and the MetLife Law deductions do not begin until the first paycheck in January and remain through the end of the calendar year.

Mid-Year Changes: If you experience a qualified IRS change in status (i.e.; marriage, divorce, birth of a child, involuntary loss of insurance), you may request a change in your benefit elections within 31 days of the qualified event. You must complete an Enrollment & Change form (PCS 3-2247) with documentation. Changes in coverage are effective the first day of the month following the change status event and receipt of the forms by Risk Management.

If you have any questions about your benefits, please contact Risk Management & Insurance benefits team at 588-6197.

Did you Enroll a New Dependent to your Benefits?

When you add a dependent(s), you are required to submit documentation verifying your relationship to the dependent(s). Scans or legible photos of documents are acceptable. You must email or fax your documentation by November 20, 2020: Email: joneskev@pcsb.org, Fax: 727-588-6182, ATTENTION: Verification Representative. IMPORTANT: If documentation is not provided by the deadline, your dependent(s) will not be enrolled.

Preventive adult screening and immunizations

How do some people stay so healthy? In part, by not waiting until they're sick to see the doctor. Regular screenings can help prevent you from getting sick in the first place and many are provided at no cost.

What are Preventive Services?

Preventive services consist of healthcare services that include check-ups, patient counseling, and screenings to prevent illness, disease and other health-related problems. As an Aetna member go to: [Preventive care by age](#). Being proactive is your best chance of staying healthy.

Wellness News

Aetna Get Active Challenge: Mindfulness

November 9 – December 20

The last chance to earn a Get Active Challenge credit towards your Aetna Health Promise incentive is coming up! Registration is now open for the Aetna Get Active – Mindfulness Challenge. This is a simple, friendly challenge as an individual to track your mindful minutes over 6 weeks. **This will be the final Get Active challenge for 2020 and will replace the team step challenge.** Participants will be entered into a random gift card drawing!

If you complete the program, you will earn 1 Aetna Get Active credit. Employees can earn 1 credit max for an Aetna Get Active Challenge. If you have already completed an Aetna Get Active Challenge (1 team step challenge) earlier in the year and have earned the credit, you will not be eligible for an additional credit.

[Directions for how to register.](#)

Check your Aetna Health Promise credits!

9 weeks left to earn credits towards the Aetna Health Promise incentive. Employees with employee only or EE + children coverage need 5 credits for \$250. Employees with EE + spouse, EE + family, or 2 Board family coverage need 8 credits for \$350.

These can take between 30-60 days to post so please check regularly. If you are missing credits please reach out to Gina DeOrsey (pcs.deorseyg@pcsb.org) or Jessica O'Connell (pcs.oconnellj@pcsb.org) with your date of birth, the activity, and the date of the activity.

[How to check your credits.](#)

For more information about the Aetna Health Promise, visit pcsb.org/wellness.

Employee Discounts

[PerkSpot](#): cell phones, travel discounts, electronics, health & wellness, tickets & entertainment, local offers and so much more. Company code: PCSB

[Tickets at Work](#): exclusive discounts, special offers and access to preferred seating and tickets to top attractions, theme parks, shows, sporting events, movie tickets, hotels and much more.
Company code: PCS

[Science of Universal Orlando Resort](#)

Teachers: Whether you're back in the classroom or teaching virtually, check out the Science of Universal Orlando Resort video series, part of our [STEAM App Series](#) teacher toolkit.

[LEARN MORE](#)

[Esporta Fitness SALE!](#)

Look & feel your best every day and crush your fitness goals. Get on board for only \$9.99 monthly and add muscle, tone, and achieve a healthy lifestyle. Expires 11-01-2020.