

Risk Management & Insurance



Weekly Update September 20, 2019

Retirement News

Risk Management Retirement Team Walk-In Hours

The Retirement Team is excited to offer designated walk-in office hours in the Risk Management and Insurance Department. The walk-in hours are designed to assist employees with retirement questions and submitting retirement applications and insurance forms. During these periods, Retirement Specialists will be available to employees on a walk-in basis only. The days and times are:

Monday 1:00 p.m. – 4:00 p.m.
Wednesday 1:00 p.m. – 4:00 p.m.
Thursday 7:30 a.m. – 12:30 p.m.

Individual appointments are available at the November 7th evening event for submitting paperwork. See information below.

The Nuts and Bolts of Retirement

Thinking about Retiring? The Risk Management Retirement Team is providing a valuable retirement information event for the purpose of gathering general retirement information.

Thursday, October 10th, 2019, 5:30 p.m. to 7:30 p.m. Pinellas Park High

Representatives from Risk Management, BENCOR, SHINE and Humana Medicare are providing presentations about the following topics: • DROP Termination • Service/Early Retirement • Medicare Counseling • Retiree Insurance • Sick and Vacation payout
(Information about Entering DROP is not included in this information event)

Contact the Retirement Team at 588-6214 or e-mail wynnsa@pcsb.org to reserve your space.



Submitting retirement paperwork?

The Risk Management Retirement Team is offering individual appointments for the purpose of submitting Retirement forms and electing retirement insurance on:

Thursday, November 7th, 2019, 4:00 p.m. to 7:30 p.m. at Pinellas Park High School.

- A BENCOR Representative will provide information regarding terminal pay and information about the options that BENCOR has available.

- Risk Management provides a one-on-one appointment with a Retirement Specialist to accept retirement/insurance forms.
- The Retirement Team will mail each DROP Termination and Service Retirement participant an insurance packet in advance to bring to the meeting.

These events are not for the purpose of gathering information regarding retirement.

Notaries will be available if needed -- an Appointment is required. Contact the Retirement Team at 588-6214 or e-mail wynnsa@pcsb.org to reserve your space.

Be Aware!

If you are contacted by a company by email or telephone about your retirement or your DROP account and they say they are affiliated with the school system or the Florida Retirement System, please verify that this is accurate before you give out any personal information. Contact the Florida Retirement System at (844) 377-1888 or the Retirement Team at 588-6214, if you have questions.

Wellness News

Aetna's Mindfulness Challenge

The Mindfulness challenge began Monday, September 16 but you can still join! If you complete the Mindfulness Challenge in April, you do not need to participate in this challenge. Employees can earn 1 credit towards the Aetna Health Promise Incentive.

- To register: Visit [Mindfulness Challenge](#)
- Fill out the Personal Information.
- Company name is pcs02.
- If you are a PCS employee, please use your PCS email to assist with incentive tracking.
- Agree to the terms and conditions and select continue.
- Login using the email and password you created.
- Complete the Mindfulness Challenge Survey.

On-site Flu Shots: September 25– October 10

This year, about 50 PCS worksites will be offering flu vaccinations. Employees and dependents over the age of 16 who are on the PCS Aetna medical plan can receive a vaccine on-site free of charge. **Members must bring their PCS Aetna Insurance card in order to receive a flu shot on site.**

If your worksite is not offering flu shots, keep in mind you can go to your primary physician's office or any major pharmacy counter to receive a flu shot free of charge with your Aetna insurance card. For questions about flu shots, please contact Dawn Handley at handleyd@pcsb.org.

[2019 Flu Shot Schedule](#)

[Flu Shot FAQs](#)

The Y Programs – Last Chance to Register!

PCS has partnered with the Y to provide a Blood Pressure and Diabetes Prevention Program. All employees with PCS insurance can earn 1 point towards their Aetna Health Promise Incentive for completing one of the programs.

[Diabetes Prevention Program](#) & [Blood Pressure Program](#)

Employee Discounts

[Pinellas County Schools Main Discount Page](#)

- [PerkSpot](#): cell phones, travel discounts, electronics, health & wellness, tickets & entertainment, local offers and so much more. Company code: PCSB
- [Tickets At Work](#): exclusive discounts, special offers and access to preferred seating and tickets to top attractions, theme parks, shows, sporting events, movie tickets, hotels and much more. Company code: PCS
- [Ruth Eckerd Hall events](#)
- [Amelia Arena upcoming events](#)