

YOUR PCS BENEFIT WEEKLY UPDATE



**RISK MANAGEMENT NEWS &
ANNOUNCEMENTS**

February 11, 2022

BENEFITS NEWS

Shingles Vaccine

If you are age 50 or older, the shingles vaccine is considered preventative and is covered 100%. Contact your primary care doctor or any CVS pharmacy to be sure they have the vaccine in stock. Both Zosetavax and Shingrix are covered under all four Aetna plans.

Reminder: Flexible Spending Account (FSA)

The deadline to submit 2021 claims for reimbursement or substantiation for the FSA is March 31, 2022. Balances left over will be forfeited and used to offset the expenses of the plan. Visit our [Flexible Spending page](#) for a claim form, a list of eligible expenses, and answers to frequently asked questions. Don't wait until the last day to submit your claims!

Health Reimbursement Account (HRA) Included with the CDHP Health Plan

The HRA deadline to submit 2021 claims for reimbursement or substantiation is also March 31, 2022. Funds for the 2022 plan year were added to the account and accessible on January 1st for 2022 claims. In addition, anything left in the 2021 HRA account will be rolled over the first part of April to be used for any 2022 claims. If you have questions, please contact PayFlex at 888-678-8242.

WELLNESS NEWS

District Wellness Webinars

Join us for a variety of topics for webinars throughout spring. Topics include nutrition, emotional well-being, and financial wellness! For a full list of upcoming webinars, registration, and recent recordings, visit the [PCS District Wellness Campaigns](#).

Upcoming webinars:

- 2/16 - Healthy Relationships (EAP) - [Registration](#)
- 2/24 - Refinance vs. Home Equity (5/3 Bank) - [Registration](#)

WELLNESS NEWS

Limeade | Wrapping Up the End of the Year

The first year of Limeade ends 2/14/2022. Employees who reach Level 3 by 2/14/2022 will be eligible for the \$300 wellness incentive. This incentive will be added directly to the employee's paycheck. We expect this payout to be processed during the month of March to allow time for the file to process. All employees who qualify will receive an email with the payout date once it is finalized. Employees must be active PCS employees and have the PCS medical insurance at the time of payout to receive the incentive.

The next Limeade year begins March 1, 2022! The program will have about 2 weeks of downtime to reset. All preventative exams done in 2022 will count towards the next Limeade program year beginning March 1, 2022.

Employee Assistance Program: Love Yourself

February is all about Valentine's Day and love is in the air. But before you can love someone else, you must love yourself. [The Attached article](#) from Resources for Living (RFL) can help you realize that Self-love is key to better mental health and overall well-being. Also, did you know that Singles Awareness Day is on February 15? So if you're single and feel overlooked on Valentine's Day, this is the perfect holiday for you. Consider hosting a Singles-Only Dinner Party. Spending time with friends is a great celebration of love that doesn't involve romance. Invite all your favorite single people over, cook an amazing dinner, pop some bubbly, and toast to your independence.

And remember, the EAP is available 24/7 at 800-848-9392 to assist you with life coping skills.

EMPLOYEE DISCOUNTS

Pinellas County Schools Main Discount Page

- [PerkSpot](#): travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB
- [Tickets at Work](#): exclusive discounts, special offers and much more. Company code: PCS
- [Amalie Arena & Yuengling Center Events](#)