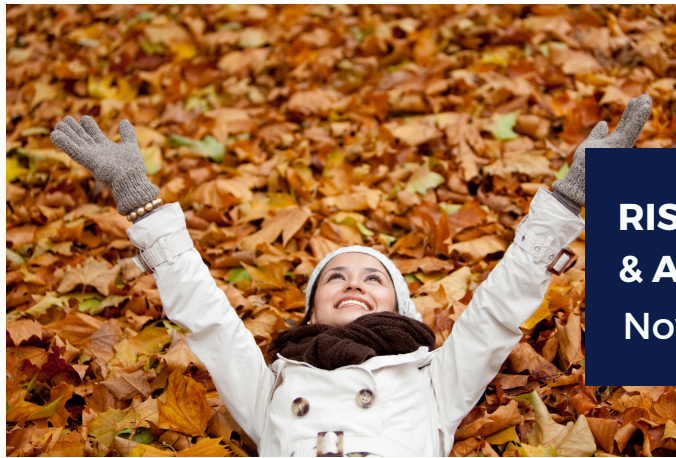


# RISK MANAGEMENT AND INSURANCE UPDATE



**RISK MANAGEMENT NEWS  
& ANNOUNCEMENTS**

November 12, 2021

## **BENEFITS NEWS**

**Play the [Healthcare Bluebook "Price is Right" game](#) now through 11/19/21 for a chance to win AirPods or 1 of 5 \$20 Amazon gift cards!** With Healthcare Bluebook, you could save hundreds – potentially thousands – of dollars on care with a simple search. This game teaches you how.

## **WELLNESS NEWS**

### **The Great American Smokeout is November 18**

About 34 million American adults still smoke cigarettes, and smoking remains the single largest preventable cause of death and illness in the world. Quitting smoking isn't easy – the Great American Smokeout encourages smokers to just start with one day, 11/18, and quit for just that day or make a plan to quit. If you're ready for a smoke-free lifestyle, complete [this short survey](#).

### **No Gain November & December Webinar**

Want to make your holidays merry and light? Join this free live stream to discover your new holiday survival plan with Zonya! She'll provide delicious solutions to six holiday food challenges that have been known to derail even the best of us. It's FREE but registration is required. For more information and how to register, visit [Zonya's No Gain November & December site](#).

## WELLNESS NEWS

### District Wellness Webinars

Join a variety of presenters to learn about all areas of well-being with our District-wide Wellness Webinars. Topics include nutrition, stress management, financial health and more! Visit the [Wellness District Campaign page](#) for more information, registration, and records of all webinars. Employees are eligible to earn PLN and Limeade credits by joining the live webinars.

Below are upcoming webinars:

11/17/2021, Fight the Funk: Dealing with Depression

Darlene Rivers, EAP Coordinator, 5:30-6:30 p.m. [Registration](#)

11/30/2021, Debt Management, 5/3 Bank, 5:30-6:30 p.m. [Registration](#)

### Employee Assistance Program - Thanksgiving Survey

This year may be a unique Thanksgiving. Perhaps you're getting to see or be with family you haven't seen in a while. However you plan to spend the holiday, Resources for Living (RFL) would like to hear from you about what you're most looking forward to this Thanksgiving? Please sum it up in 25 words or less. RFL will share as many responses as possible in the December newsletter. [Click here](#) to take the survey.

Remember, the EAP is available 24/7 at 800-848-9392 to assist you with life coping skills.

## EMPLOYEE DISCOUNTS

### [Pinellas County Schools Main Discount Page](#)

- [PerkSpot](#): travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB
- [Tickets at Work](#): exclusive discounts, special offers and much more. Company code: PCS
- [Amalie Arena & Yuengling Center Events](#)
- [T-Mobile is Giving Customers 1 Year of AppleTV+!](#)