BENEFITS NEWS

Last chance to play the Healthcare Bluebook "Price is Right" game! Now through 11/19/21, play for your chance to win AirPods or 1 of 5 $20 Amazon gift cards! With Healthcare Bluebook, you could save hundreds – potentially thousands – of dollars on care with a simple search. This game teaches you how.

Payroll Deductions
Just a reminder that newly elected coverage and plan changes will be effective 01/01/2022. Employee rates did not change for 2022 (the district absorbed the 7.3% health insurance increase), so you will not see changes unless you enrolled in a new plan or changed your level of coverage.

As a reminder, 2022 employee insurance deductions will begin:
• 12/03/2021 Administrative/Instructional/Professional/Technical/Supervisory personnel
• 12/10/2021 Supporting Services personnel

The Flexible Spending Accounts (FSA) and MetLaw Legal plan deductions for 2021 will continue through the last December deduction. FSA and MetLaw Legal deductions for 2022 will begin with the first payroll in January.

If you have any questions regarding benefits and insurance deductions, please contact the Benefits Team at 727-588-6197 and not the Payroll department.
**WELLNESS NEWS**

**The Great American Smokeout is November 18**
About 34 million American adults still smoke cigarettes, and smoking remains the single largest preventable cause of death and illness in the world. Quitting smoking isn’t easy - the Great American Smokeout encourages smokers to just start with one day, 11/18 and quit for just that day or make a plan to quit. If you’re ready to become a smoke-free lifestyle, complete this short survey.

**Limeade | Sprint to Level 3**
The Limeade program runs 3/1/2021 to 2/14/2022. Employees have until 2/14/2022 to reach level 3 and earn the $300 wellness incentive. However, all employees who reach it early and complete level 3 by December 31, 2021 will be entered into a random drawing for an additional $50 gift card! We are encouraging all employees to check their points and report any missing preventative exams early. To learn more about limeade, visit pcsb.org/limeade.

**Employee Assistance Program - Upcoming RFL Webinars for December**
Resources for Living (RFL) provides webinars on a monthly basis to help employees manage stress. There are four new webinars for December which will cover the following:
- Train your brain to manage your thoughts
- Giving the gift of forgiveness
- Just the way you are
- Understanding family dynamics


Remember, the EAP is available 24/7 at 800-848-9392 to assist you with life coping skills.

**EMPLOYEE DISCOUNTS**

**Pinellas County Schools Main Discount Page**
- **PerkSpot**: travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB
- **Tickets at Work**: exclusive discounts, special offers and much more. Company code: PCS
- **Amalie Arena & Yuengling Center Events**
- **T-Mobile is Giving Customers 1 Year of AppleTV+!**