

RISK MANAGEMENT AND INSURANCE UPDATE

2022 Annual Enrollment - Begins Next Week!

Mark your Calendars! Annual Enrollment for 2022 will be **October 13 – October 25, 2021**. Employees may enroll, change, or cancel coverages during Annual Enrollment.

All benefit-eligible employees can expect to receive an Annual Enrollment newsletter with a new look **mailed to the latest address on file**. Newsletters have been mailed this week, so employees should be receiving them soon.

Please visit www.pcsb.org/annual-enrollment for electronic links to the Newsletter, as well as additional information and other useful links to review prior to October 13th. The full BENEflex Guide will be available early next week.



Highlights of Annual Enrollment for the coming year:

- No Employee Rate Increases on Benefits – the District will be covering the entire health plan increase!
- No Vendor Changes – all existing Vendors remain the same
- A new program will be introduced to help in the cost of covered Specialty Medications dispensed at CVS Specialty Pharmacy. There are no other plans changes.

Not making any changes? Your current benefit elections will automatically continue in 2022. The new pharmacy changes will apply. However, we recommend you visit the enrollment website to verify the accuracy of your dependent information and verify your life insurance beneficiary information.

Employee Benefit Education Meetings on Zoom – Make Your Reservation Today

We will be having live Zoom Benefit Education Meetings for active employees. Employees can register for these and will be able to ask questions as needed. Participants will be included in a drawing for a vendor-sponsored prize drawing.

Wednesday, October 13, 11:30 a.m.
[Registration](#)

Thursday, October 14, 4:30 p.m.
[Registration](#)

Tuesday, October 19, 8:00 a.m.
[Registration](#)

Thursday, October 21, 5:00 p.m.
[Registration](#)

WELLNESS NEWS

The Y Diabetes Prevention Program

PCS has partnered with the Y to provide a Diabetes Prevention Program for employees who qualify. Join this program to lose weight, gain health and reduce your risk for diabetes! Below is a flyer with information about qualifying and how to register. The program begins on October 21.

[The Y's Diabetes Prevention Program](#)

Limeade: Earn Your Preventative Points Before December 31, 2021

Employees with Aetna medical insurance through PCS can earn points towards their Limeade program by completing their annual preventative exams between January 1, 2021, and December 31, 2021. The Limeade program runs through February 14, 2022, but preventative exams must be done in 2021. Any exams done in 2022 will count towards the next Limeade program year. To learn more about the Limeade program, visit pcsb.org/limeade.

[How to Submit Preventative Exams.](#)

Breast Cancer Challenge: Decorate Your Space!

During the month of October, all District employees who decorate their space (desk, cubicle, door, etc.) with pink decorations to help raise awareness of breast cancer will be entered into a prize drawing. Please email pictures of your decorated space to beanc@pcsb.org by October 22, 2021, to be entered.

Employee Assistance Program - How to Give and Receive Gratitude

Many people have trouble accepting a compliment or a "thank you." They may feel undeserving or self-conscious when someone compliments or acknowledges them. Sincere thanks are meant to make everyone feel good — the person who's grateful and the person who's being thanked. Read [the attached article](#) on how extending gratitude generously may help you accept gratitude more easily.

And remember, the EAP is available 24/7 at **800-848-9392** to assist you with life coping skills.

EMPLOYEE DISCOUNTS

[Pinellas County Schools Main Discount Page](#)

- [PerkSpot](#): travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB
- [Tickets at Work](#): exclusive discounts, special offers and much more. Company code: PCS
- [Amalie Arena & Yuengling Center Events](#)