



RISK MANAGEMENT AND INSURANCE



RISK MANAGEMENT NEWS & ANNOUNCEMENTS

September 10, 2021

RETIREMENT NEWS

Voluntary Retirement Plan

Want to learn more about the elective retirement savings plan(s) that PCS offers? The [newsletter attached](#), provided by TSA Consulting Group (TSACG), provides information about their services and tips on how to save for retirement. TSACG also offers a Financial Wellness website that covers areas such as managing personal finances, college funding options, and how to navigate Social Security when the time comes. You will find calculators, videos, and informative content on various topics to help guide you in your planning process.

WELLNESS NEWS

District Wellness Webinars

Throughout the fall semester, there will be live webinars that focus on various wellness topics. Participants can earn PLN credits and Limeade points for attending certain live webinars. All participants must register for live webinars. For the list of webinars and registration links, visit [District Campaigns](#). Recordings of webinars will be available on the District Campaign page for about one week after the live webinar.

WELLNESS NEWS

Diabetic Refresher Course

The PCS Diabetes CARE Program is excited to offer a NEW virtual option for the two-hour Diabetic Refresher Course led by Carolina Jantac, RD. This course focuses on what is new with diabetes, healthy cooking, snacking and shopping. Learn more about classes and how to register by viewing the Managing Your Diabetes Flyer.

Employee Assistance Program – September is Suicide Prevention Month

September is National Suicide Prevention Month. Worldwide, over 800,000 people die by suicide each year. That's about one person every 40 seconds. In the United States, suicide is the 10th leading cause of death. Now is a time to shed light on this global health crisis and work to remove the stigma. Talking about suicide may feel uncomfortable, but we can all learn, take action and help save a life.

The [attached flyer](#) provides information about what to do and what to avoid. Remember, the EAP is available 24/7 at **800-848-9392** to assist you with life coping skills.

EMPLOYEE DISCOUNTS

Pinellas County Schools Main Discount Page

- [PerkSpot](#): travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB
- [Tickets at Work](#): exclusive discounts, special offers and access to preferred seating and tickets to top attractions, theme parks, shows, sporting events, movie tickets, hotels and much more. Company code: PCS
- [Dell Semi-Annual Sale](#)
- [Amalie Arena & Yuengling Center Events](#)