



## YOUR PCS BENEFIT WEEKLY UPDATE

August 25, 2023

### **RETIREMENT NEWS**

#### **FRS Sponsored New Employee Retirement Plan Workshop Webinar**

PCS has requested the Florida Retirement System (FRS) to conduct a **FREE** informative employee workshop to all **new** PCS employees. This workshop is designed to encourage you to take action in planning your financial future.

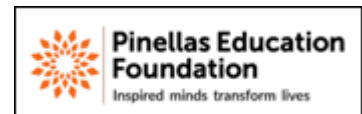
Learn more about this opportunity and pre-register for this webinar [here!](#)



#### **Retirement Planning Seminar**

The Pinellas Education Foundation invites you and a guest to attend a complimentary retirement planning seminar. This informational program is open to all employees of Pinellas County Schools and is presented by Florida Educator Insurance, LLC & GAC Wealth Management, LLC and Suncoast Insurance and Retirement. They will be offering two virtual seminars and two in-person seminars.

Review this [flyer](#) for detailed instructions and to register for the retirement seminars.



## **Risk Management Retirement Team Office Hours:**

<b>Individual Appointments</b> Telephone, video or in-person meetings are available. <a href="#">Click here to schedule an appointment.</a>	<b>Tuesdays: 8:30am to 11:30am</b> <b>2:00pm to 4:00pm</b> <b>Thursdays: 8:30am to 11:30am</b>
<b>Walk-in Wednesdays</b> Walk-in hours are available on Wednesday. Retirement Specialists will be available to employees on a first come, first serve basis.	<b>Wednesdays: 8:30am to 11:30am</b> <b>2:00pm to 4:00pm</b>

**Please note:** If you do not want to come into the office, most retirement processes can be handled by telephone, email or by video conference.

### **Retirement Team Contact Information:**

**Phone:** 727-588-6142

**Email:** [risk-retirement@pcsb.org](mailto:risk-retirement@pcsb.org)

**Email for FRS Retirement Applications to Risk Management at:** [FRSApps@pcsb.org](mailto:FRSApps@pcsb.org)

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## **WELLNESS NEWS**

### **Districtwide Wellness Webinars**

Learn about a variety of wellness topics like mental health and nutrition through the fall Wellness Webinars. Participants can earn PLN credit and Limeade points for attending the live webinar. Participants must register through the links below or by visiting [District Campaigns](#) for the full list of fall webinars. Webinars will be recorded and posted for 1 week after live class.



For full list of webinars, recordings, and more details visit the [District Campaigns](#) page.

- September 20 – 5:30pm-6:40pm - *All Work & No Play: Avoiding Burnout* | EAP – [Registration](#)
- September 27 – 5:00pm-6:00pm – *Heart to Heart: The complete approach to heart health* | Nutrition - [Registration](#)

## Employee Assistance Program – It’s Back to School Time!

As you prepare for the school year, here are some steps you can take to ease anxiety and manage stress. Check out our tips and resources that may help you and your children start the year off right. The [attached link](#) allows you to access five articles from Resources for Living EAP, with information and other resources to help you and your child this school year. Learn tips for starting the school year off right, how to help your child get more organized and how to work together with your child’s teacher.



Remember, the EAP is available 24/7 at 800-848-9392 to assist you with life coping skills



## EMPLOYEE DISCOUNT NEWS



### Sam’s Club Teacher’s Membership Promotion!

Join now as a new Sam’s Plus member and receive \$50 off the price of the membership, as well as a \$10 discount off your next in club purchase. Or join as a new Sam’s Club member and receive \$25 off the membership. Must use [QR Code](#) to access benefit. Valid through 9/30/23.

### Employee Discounts

Main employee discount page

### Concerts & Events Discounts

Concerts and other event discounts through Amalie Arena and Yuengling Center

### PerkSpot

Travel, theme park tickets, entertainment & local offers

Company Code: PCSB

### Tickets at Work

Special offers like discounts on theme park tickets & more!

Company Code: PCSB

