



YOUR PCS BENEFIT WEEKLY UPDATE

March 1, 2024

BENEFIT NEWS

Flexible Spending Account (FSA)

The deadline to submit 2023 claims for reimbursement or substantiation for the FSA is March 31, 2024. Balances left over will be forfeited and used to offset the expenses of the plan. Visit our [Flexible Spending page](#) for a claim form, a list of eligible expenses, and answers to frequently asked questions. We recommend you do not wait until the last week to submit your claims.



Health Reimbursement Account (HRA) Included with the CDHP Health Plan

The HRA deadline to submit 2023 claims for reimbursement or substantiation is also March 31, 2024. Funds for the 2024 plan year were added to the account and accessible on January 1st for 2024 claims. Use this reimbursement form for the HRA plan connected to the CDHP Health Plan: [Aetna Health Reimbursement Account \(HRA\) Reimbursement Form](#).

If you have questions, contact Inspira Financial at 1-888-678-8242.



WELLNESS NEWS

2024 Limeade Program Begins March 1, 2024!

The new year of Limeade begins on Friday, March 1, 2024. Get started by taking the Well-being Assessment to personalize your activities, reach level 1 and earn incentives. Learn more about Limeade with the [2024 Limeade Guide](#) or by visiting pcsb.org/limeade

- **2023 Limeade Level 3 Wellness Incentive**
All employees who are eligible for the 2023 Level 3 Annual Incentive will be notified through email with the payout dates once they are determined.



Employee Assistance Program – How to Navigate the Resources for Living EAP Website

The Resources for Living (RFL) EAP website provides a variety of tools and resources to support you with:

- Work/Life Balance
- Personal Development
- Over-all Health
- Emotional Well-Being



You can find access to some of the most popular features right from the home page, and link to online resource centers and monthly features such as:

- Member Newsletters
- Videos
- Member Poll/Results
- Podcasts and more!

[This flyer](#) explains how to access and navigate the website. Log in to your PCSB member website at www.resourcesforliving.com, **Username: pcsb** **Password: eap**. And remember, the EAP is available 24/7 at **800-848-9392** to assist you with life coping skills.



EMPLOYEE DISCOUNT NEWS

Employee Discounts

Main employee discount page

Concerts & Events Discounts

Concerts and other event discounts through Raymond James Stadium, Amalie Arena, and Yuengling Center

PerkSpot

Travel, theme park tickets, entertainment & local offers

Company Code: PCSB

Tickets at Work

Special offers like discounts on theme park tickets & more!

Company Code: PCS

