



## YOUR PCS BENEFIT WEEKLY UPDATE

### September 6, 2024

#### **BENEFIT NEWS**

##### **MetLife Pet Insurance**

This benefit is available year-round. Employees can choose from two plans: Major Medical or My Pet Protection.

Review [this flyer](#) to ensure your furry family members are protected in case of an accident or illness with pet insurance offered by MetLife.

Pet insurance can help you manage the high cost of veterinary services for your pet. You can't predict when or how your pets will get sick, or how much it will cost. Having peace of mind can mean a lot.

Go to [www.metlife.com/mybenefits](http://www.metlife.com/mybenefits) for further information. Pet insurance may not cover pre-existing conditions. You may apply for coverage at any time. Protect Your Furry Family Members!



---

#### **WELLNESS NEWS**

##### **We are Halfway Through the Limeade Year!**

Keep moving through year 4 of Limeade! Don't miss out on rewards like gift cards and a one-time \$300 wellness incentive you can earn by putting your health first. Limeade is available to all employees with the Aetna medical insurance through PCS. The Limeade year ends on February 20, 2025.

Learn more at [pcsb.org/limeade](http://pcsb.org/limeade).



## **Employee Assistance Program – RFL Webinars for September**

Resources for Living (RFL) provides live webinars monthly to help employees be less stressed and more productive. Topics such as communication, stress, self-improvement and more. [This flyer](#) announces new webinars for September:



- **September 5** – Trauma & Stress Recovery
- **September 10** – Understanding Postpartum Depression
- **September 19** – Getting Unstuck: Breaking Old Habits
- **September 26** – What Parents Need to Know about Teen Suicide

To register for the webinars, log in to your PCSB member website at [www.resourcesforliving.com](http://www.resourcesforliving.com), **Username: pcsb Password: eap.**

If you can't attend a live webinar, [check out webinars on-demand from our webinar library.](#)

And remember, the EAP is available 24/7 at **800-848-9392** to assist you with life coping skills.

---

## **EMPLOYEE DISCOUNTS**

### **2024 Fall Pinellas County School's Spirit Night with The Tampa Bay Rays!**

The Tampa Bay Rays are again offering discounted tickets to students, staff, and their families as part of **2024 Fall Pinellas County School's Spirit night with the Rays.**



This year the Pinellas County School's night is Sunday, September 22nd, at 1:40 pm, vs. the Toronto Blue Jays.

Tickets will be offered for \$25 (up to \$70 value) in the following seating categories in the Lower Level while supplies last: Lower Box and Lower Reserved.

[Click on this link](#) to purchase your own tickets today!

**Employee**

**Discounts**

Main employee discount page

**Concerts & Events**

**Discounts**

Concerts and other event discounts through Amalie Arena and Yuengling Center

**PerkSpot**

Travel, theme park tickets, entertainment & local offers

Company Code: PCSB

**Tickets at Work**

Special offers like discounts on theme park tickets & more!

Company Code: PCS

