

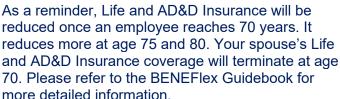
## YOUR PCS BENEFIT WEEKLY UPDATE

**November 2, 2023** 

### **BENEFIT NEWS**

# **Life Insurance Elections for New or Increased Coverage**

If you enrolled in Life Insurance for new or increased coverage during Annual Enrollment, remember that the amount elected will be subject to Evidence of Insurability (EOI). If you did not complete the online EOI during annual enrollment, you still have time to complete it, by going to The Standard Electronic EOI System. Deadline to complete is November 8th. After that date, your application for insurance over the guaranteed amount will be closed for the 2024 plan year. [Note that any coverage you had in place will not change.]



### Annual Enrollment Ended on October 23rd

On Monday, October 30th, an Annual Enrollment Confirmation for 2024 was emailed to all benefit-eligible employees. It is very important that you take a moment and review the confirmation to be sure your elections and dependent coverages are correct. If you notice any discrepancies, please contact the Benefits Team at 727-588-6197 no later than Friday, November 3rd.



### **WELLNESS NEWS**



### November is National Diabetes Awareness Month

Throughout the month of November, we raise awareness of diabetes research, education, and advocacy. About 1 in 10 Americans have diabetes and about 1 in 5 people with diabetes do not know they have it.

Join the revitalized PCS Diabetes CARE Program today and receive free diabetic testing supplies. This program is available to members on the PCS Aetna medical insurance with a type 1 or type 2 diabetes diagnosis. Contact Jessica O'Connell RN at <a href="mailto:pcs.oconnelli@pcsb.org">pcs.oconnelli@pcsb.org</a> or 727-588-6134 for more information.

# Employee Assistance Program – RFL Webinars for November

Resources for Living (RFL) provides webinars monthly to help employees be less stressed and more productive. This flyer announces the four new webinars for November: 1) Train your brain to manage your thoughts 2) Where are my keys? Tips to getting organized 3) Coping with loss due to violence 4) Dollars and sense: Teaching your kids good money skills. & Bullying: Tips for Parents



To register for the webinars, log in to your PCSB member website at <a href="www.resourcesforliving.com">www.resourcesforliving.com</a>, Username: pcsb Password: eap. If you can't attend a live webinar, <a href="check out webinars on-demand">check out webinars on-demand</a> from our webinar library.

The EAP is available 24/7 at **800-848-9392** to assist you with life coping skills.

# **EMPLOYEE DISCOUNTS**

# Employee Discounts

Main employee discount page

# Concerts and Events

Discounts

Concerts and other event discounts through Amalie Arena & Yuengling Center

#### **PerkSpot**

Travel, theme park tickets, entertainment & local offers.
Company Code:
PCSB

#### **Tickets at Work**

Special offers like discounts on theme park tickets and much more!

**Company Code: PCS** 

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