



YOUR PCS BENEFIT WEEKLY UPDATE

November 9, 2023

BENEFIT NEWS

Dependent Documentation Reminder

If new dependents were added to your medical, dental, or vision coverages, you must submit documentation to Risk Management. Email the documentation to Keven Jones at joneskev@pcsb.org by November 17, 2023.

For your legal spouse, please submit a copy of your marriage license. If you do not have a copy of your marriage license, we will accept a copy of page 1 of the most recent tax return.

For children, please submit a copy of their birth certificates, adoption certificates, and/or permanent legal guardianship certificates.

To view more information of Dependent Eligibility and documentation, please see pages 10-11 of the [2024 BENEflex Guide](#). Failure to provide timely documentation will result in your dependents not being covered for the new plan year.



RETIREMENT NEWS

Risk Management Retirement Team Office Hours:

<p>Individual Appointments</p> <p>Telephone, video or in-person meetings are available.</p> <p>Click here to schedule an appointment.</p>	<p>Tuesdays: 8:30am to 11:30am 2:00pm to 4:00pm</p> <p>Thursdays: 8:30am to 11:30am</p>
<p>Walk-in Wednesdays</p> <p>Walk-in hours are available on Wednesday. Retirement Specialists will be available to employees on a first come, first serve basis.</p>	<p>Wednesdays: 8:30am to 11:30am 2:00pm to 4:00pm</p>

Please note: If you do not want to come into the office, most retirement processes can be handled by telephone, email or by video conference.

Retirement Team Contact Information:

Phone: 727-588-6142

Email: risk-retirement@pcsb.org

Email for FRS Retirement Applications to Risk Management at: FRSApps@pcsb.org



WELLNESS NEWS

Limeade: Check Your Points!

The Limeade year runs March 1, 2023 to February 23, 2024. All participants can earn points for completing certain preventative exams in 2023.

Annual physical, well woman exams, mammograms and colonoscopies are tracked through claims and could take up to 60 days to track! Important: If you do not see your points for these exams within 60 days or by 12/31/2023, please contact <mailto:hillca@pcsb.org> or <mailto:oconnelli@pcsb.org> to report them missing. [Directions for how to check your points.](#) Dental, vision, flu shot, COVID vaccine, and Skin Cancer Screening are self-submitted. [View these directions](#) to learn how to earn the points for these exams. Limeade is available to all employees with the Aetna medical insurance through PCS and their dependent spouses.

Visit pcsb.org/limeade for more information.

Employee Assistance Program – November is Men’s Health Month

It's time to talk about men's health. Study after study shows that men often avoid going to the doctor. Even when they experience a health issue, men often wait to see if it will just go away. But that strategy has a cost in your health quality and life span. The resources [here](#) are designed to help men take simple steps to improve to their health and wellbeing.



The EAP is available 24/7 at 800-848-9392 to assist you with life coping skills.

EMPLOYEE DISCOUNTS

Woodie’s Wash Shack – New to PerkSpot!

Have you checked out our employee discounts through PerkSpot? Woody’s Car Wash was recently added. They are offering employees a FREE WASH and \$10 off any Endless Wash Club Monthly Membership for the lifetime of their membership. Don't miss out on this and other great offers. Enroll by using your Pinellas County Schools email and the company code of PCSB.



Employee Discounts

Main employee discount page

Concerts & Events Discounts

Concerts and other event discounts through Amalie Arena & Yuengling Center

PerkSpot

Travel, theme park tickets, entertainment & local offers.

Company Code:
PCSB

Tickets at Work

Special offers like discounts on theme park tickets and much more!

Company Code: PCS

