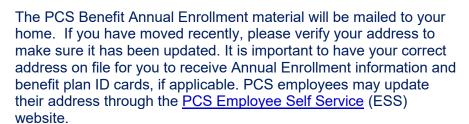


# **BENEFIT NEWS**

#### 2026 Annual Enrollment - Save the Date!

Mark your Calendars! Annual enrollment dates for 2026 benefits will be **October 15 – November 3, 2025**.

During this time, employees may enroll, change, or cancel their employee benefits for the coming year. Annual Enrollment runs This is an extended window from previous years, giving you more time to decide. This is your only opportunity to make changes for 2026, unless you have a qualified family status change.

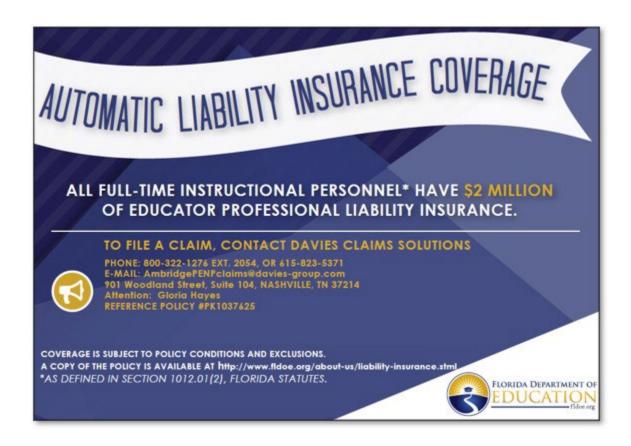


More information to come in the next few weeks.



#### **Educators Professional Liability Insurance for Instructional Personnel**

Pinellas County Schools' general liability insurance covers **all** employees from claims arising from alleged "wrongful acts" under certain terms and conditions. The State, through the Department of Education, also provides full-time instructional personnel with \$2 million of Educators Professional Liability Insurance. The district's coverage is the primary coverage and the state's coverage will apply if claims exceed PCS coverage limits. Employees do not have to enroll to be covered by the district's plan, and instructional staff do not have to enroll to be covered under the state's plan—these coverages are automatic. Additional information on this topic can be found on the <u>Pinellas County Schools' website</u>.



# **WELLNESS NEWS**

#### **Mindful Webinars**

Mindfulness is the practice of slowing down and being fully present in each moment, bringing calm to the mind and balance to life. Mindfulness is more than just a practice; it's a powerful tool for improving well-being. From lowering anxiety to sharpening concentration and enhancing emotional balance, its benefits reach every part of life. Explore these powerful techniques in our upcoming mindfulness webinars. Webinars are held at 5:30pm-6:30pm.



### **Webinar Details:**

September 10, Mindful Eating with Gabrielle Belcastro, RD 5:30pm-6:30pm Register today!

# WEBINAR

#### **Webinar Details:**

September 24, Mindfulness: Being in the Moment with Darlene Rivers 5:30pm-6:30pm Register today!



## **Employee Assistance Program - EAP Brochure**

Our EAP (employee assistance program) is a free benefit that all employees at PCS have whether you are full time, part time, or substitute. These benefits are available the first day on the job. You do not need to have the district's health insurance to access this benefit. EAP provides in-the-moment confidential counseling and support to help you deal with life and covers you, any family member living in your household, and your children up to age 26 no matter where they live. The services are available 24/7 and you get up to eight sessions per issue per year per person. You can choose to see the counselor face-to-face, through televideo, or via virtual therapy with the Talkspace mobile app.

Review this <u>brochure</u>. Resources for Living manages the EAP, offers support, and resources that can help you with:

- Stress, anxiety and depression
- Trauma, grief, and loss
- · Relationships and parenting
- Self-improvement and personal development
- Workplace issues and more.
- Child or elder care
- 30-minute consultation with a legal or financial expert

Visit your member website to learn about all the resources and services available to you. You'll find content to motivate and inspire you. From webinars, podcasts and videos to self-assessments, articles, and blogs. Contact RFL at **800-848-9392** to get started or visit <a href="www.resourcesforliving.com">www.resourcesforliving.com</a> (select Company Login/Register. Employer: pcsb | Access code: eap).



# **EMPLOYEE DISCOUNTS**

# Employee Discounts

Main employee discount page.

## **Concerts and**

## **Events**

Concerts and other event discounts

## **PerkSpot**

Travel, theme park tickets, entertainment & local offers.

Company Code: PCSB

## **Tickets at Work**

Special offers like discounts on theme park tickets and much more!

**Company Code: PCS** 

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