

YOUR PCS BENEFIT WEEKLY UPDATE



**RISK MANAGEMENT NEWS &
ANNOUNCEMENTS**

February 24, 2022

WELLNESS NEWS

Limeade 2022 Begins March 1, 2022

The second year of Limeade begins on March 1, 2022. Visit pcsb.org/limeade to learn more about the Limeade wellness program!

All eligible employees who earned the Level 3 incentive in year 1 will receive their incentive directly to their paycheck tentatively scheduled in March. Once a date is finalized, all eligible employees will receive an email with the payout information and date.

The Y's Weight Management Program

Join The Y to lose weight and feel better in 2022. Space is still available at the St. Pete Location!

View the [Y's Weight Loss Program Flyer](#) to see how to register and if you qualify.

Employee Assistance Program - RFL Webinars for March

Resources for Living (RFL) provides webinars on a monthly basis to help employees be less stressed and more productive. Attached is a flyer announcing the four new webinars for March - Apologizing: What, when, and how; Love, loss, and what you can learn; Investing in yourself through personal growth, and Yes or No? Secrets of sound decision making.

And remember, the EAP is available 24/7 at 800-848-9392 to assist you with life coping skills.

RETIREMENT NEWS

Individual Retirement Appointments Available through New Scheduling Link

We encourage employees planning to retire this year who need face-to-face assistance to schedule a one-on-one appointment. The Risk Management Retirement Team is offering individual appointments, including evening hours, for employees who are considering retirement, submitting a Regular/Early Service Retirement application, entering DROP, retiring from DROP, submission of retirement Insurance forms, and retiring from the FRS Investment plan.

Retirement Forms should be submitted through Risk Management approximately 60 days prior to your retirement date. Appointments are available in person or through Teams or Zoom. Notaries will be available, if necessary. What is DROP and should I enter? When can I enter DROP?

Individual appointments are available on the following dates and times:

March 1st. 9:00-11:00, 3:00 p.m. – 4:30 p.m.

March 8th, 3:00 p.m. – 7:00 p.m.

March 22nd, 3:00 p.m. – 7:00 p.m.

March 29th, 9:00-11:00, 3:00 p.m. – 4:30 p.m.

Please [visit our new Retirement scheduling page](#) to create an individual appointment with a Retirement Specialist. Should you have any difficulties, you may also call the Retirement Team at 727- 588-6214 or email risk-retirement@pcsb.org for assistance with registration.

Just gathering information? Visit the [PCSB Retirement page](#) for more information on FRS retirement programs, voluntary retirement programs, retiree insurance benefits and more!

EMPLOYEE DISCOUNTS

Pinellas County Schools Main Discount Page

- [PerkSpot](#): travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB
- [Tickets at Work](#): exclusive discounts, special offers and much more. Company code: PCS
- [Amalie Arena & Yuengling Center Events](#)