

YOUR PCS BENEFIT WEEKLY UPDATE



**RISK MANAGEMENT NEWS &
ANNOUNCEMENTS**

April 15, 2022

WELLNESS NEWS

Moffitt Cancer Screening Event - Saturday, April 23

Moffitt Cancer Center is hosting a Moffitt Connect screening event on April 23 from 8 am-2 pm. Moffitt will be providing Lung Cancer Screenings, Skin Cancer Screenings (Moffitt's Mole Patrol), and mammograms. View the [Moffitt Connect Screening Flyer](#) to learn more about the event, what is required for each screening, and to secure your spot. Space is limited.

Keep an Eye on Your Vision Health

Just like going to your doctor or getting a dental cleaning, vision exams are an important part of your annual exams! Eye exams at every age and life stage can help keep your vision strong. April is designated as Women's Eye Health and Safety Month because women are at greater risk of permanent vision loss than men. A comprehensive dilated eye exam can find eye diseases in the early stages when treatment is the most effective. Learn more about [Eye Health through the CDC](#).

Limeade users can earn points for annual exams. [Directions on how to self-submit preventative exams](#). Learn more about Limeade at pcsb.org/limeade.

Employee Assistance Program - Time versus Money

In March, Resources for Living (RFL) conducted a survey and asked whether you'd rather have lots of extra money but hardly any free time or lots of free time but just enough money to get by. [The attached article](#) reviews the statistics from the survey. The answers may surprise you. And remember, the EAP is available 24/7 at 800-848-9392 to assist you with life coping skills.

EMPLOYEE DISCOUNTS

Pinellas County Schools Main Discount Page

- PerkSpot: travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB
- Tickets at Work: exclusive discounts, special offers, and much more. Company code: PCS
- Amalie Arena Concerts and Events
- ESPORTA 14 Day Complimentary Guest Pass