

# YOUR PCS BENEFIT WEEKLY UPDATE



# **BENEFITS NEWS** 2023 ANNUAL ENROLLMENT - SAVE THE DATE

### Mark your Calendars! Annual enrollment dates for 2023 will be October 12 - October 24, 2022.

Employees may enroll, change, or cancel benefits. The PCS BENEFlex Annual Enrollment material will be mailed to your home prior to October, 12th. If you have moved recently, please verify your address to make sure it has been updated. It is important to have your correct address on file for you to receive Annual Enrollment information and benefit plan ID cards, if applicable. PCS employees may update their address through the PCS <u>Employee Self Service</u> (<u>ESS</u>) website. More information to come in the next few weeks.

### State provides Educators Professional Liability Insurance for instructional Staff

Pinellas County School's general liability insurance covers all employees for claims arising from alleged "wrongful acts" under certain terms and conditions. The state also provides full-time instructional personnel with \$2 million of Educators Professional Liability Insurance. The district's coverage is the primary coverage and the state's coverage will apply if claims exceed PCS coverage limits. Employees do not have to enroll to be covered by the district's plan, and instructional staff do not have to enroll to be covered under the state's plan--these coverages are automatic. Additional information on this topic can be found on the <u>Pinellas County School's website.</u>

# WELLNESS NEWS

#### **PCS Limeade Wellness Program**

Improve your health and well-being habits with the PCS Limeade program. This program is available to all employees with the Aetna medical insurance through the school board and their dependent spouses. Throughout the year, participants can complete personalized activities, lessons, challenges and more to earn points. The program year runs from March 1, 2022 to February 13, 2023. There is still time to get involved and earn points! Use this <u>Limeade guide</u> to learn more about the program and how to register.

#### **District Wellness Webinars**

Join the live District Wellness Webinars to learn about nutrition, EAP/emotional well-being, financial health and Limeade! PLN credits are available for certain live webinars. For details, the full list of webinars and recordings of past webinars, visit <u>PCS Wellness District Campaigns.</u>

#### **Upcoming Webinars**:

- 9/21 Taking Sleep Seriously EAP Webinar: Register here
- 10/12 Food Ingredients and Myths Explained Nutrition Webinar: Register here

### Employee Assistance Program - CVS MinuteClinic® Mental Health Counseling Services

Looking for additional Employee Assistance Program (EAP) options and resources? In-person mental health counseling services are offered at MinuteClinic® within select CVS® HealthHUB™.

Licensed mental health providers are available for in person or virtual appointments, 7 days a week, including early morning, evening and weekends. Appointments are usually available within 1-3 days of scheduling. If using your EAP benefit, employees must first contact Resources for Living (RFL) to obtain an authorization. This <u>CVS Quick Reference Guide</u> further explains how the program works. And remember, the **EAP is available 24/7 at** <u>800-848-9392</u> to assist you with life coping skills.

# **EMPLOYEE DISCOUNTS**

- <u>PerkSpot:</u> travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB
- <u>Tickets at Work</u>: exclusive discounts, special offers, and much more. Company code: PCS
- <u>Amalie Arena Concerts and Events</u>
- Hometown Heroes Housing Program
- <u>Sam's Club</u>: Teacher Appreciation offer includes a \$19.99 Club Membership and \$30 off first in-club purchase of \$30 or more. Valid through 9/30/22. Must use <u>QR code</u> access benefit.