

## Me & U Fitness Academy

Contact information:

- a. Contact person: **Tina Tallman**
  - b. Phone Number: **727-643-8794**
  - c. Email: **tinatallman03@yahoo.com**
  - d. Website: **not complete yet**
  - e. Address: **14280 Walsingham Rd. Largo, FL 33774**
2. Does your organization have 501(c)(3) Status? **No**
3. What social issue(s) may students address through community service work at your organization?  
**They will be able to participate with special needs children and adults and hopefully establish a strong confidence within themselves from the relationships they will create with the children and adults.**
4. Do you have an age/grade requirement for volunteers? **Yes**
- a. If yes, please specify: **high school at this point**
5. What are some typical activities that students might perform if they complete community service hours with your organization? **Reading/ tutoring as a partner to struggling students, participating in fitness , dance, specialized classes with special needs children and adults, Peer relationships with special needs children and adults, Office skills,**
6. When can students volunteer at your organization?
- a. Days of the week? **Monday thru Saturday**
  - b. Typical number of hours per week available/required? **Whatever the students have available**
  - c. Times they may volunteer? **Summer class schedule and then after school during school year**
  - d. Do you have students volunteer during the summer months? **Yes**
  - e. Do you only offer community service hours during the summer? **No**
7. Please briefly list any additional information that students may need to know about your organization if they are considering you as a community service agency: **My gym will give you the opportunity to become a participant in the lives of children and adults with special needs. This relationship will not only help the children and adults but yourselves as you begin to decide what you want to do as a career. The need for people to go into this field is great. I hope that your time with us will provide many wonderful benefits to your lives.**