

Fun Fact!

March

Pinellas High School Menu

3/2 Dr. Seuss Birthday
Read Across America Day



3/6 to 3/10 National School Breakfast Week
3/12 Daylight Savings Time
3/20 Spring Begins



DAILY BREAKFAST CHOICES
Choose up to 2 Grain Choices such as cereal (=1), toast (=1), mini pancakes (=2), glazed dunker (=2)
OR
Choose 1 Grain / 1 Meat Choice such as a breakfast sandwich (=1G/1M)
Must choose at least 1:
Fruit or Juice
May Choose: 1 Milk;
Low Fat White Milk,
Fat Free Chocolate Flavored or Skim Milk

DAILY LUNCH CHOICES:
Choose 1: Entrée
Must choose at least 1:
Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their meal)
Available Daily:
Meatless Entrée, Cold Sandwiches, Entrée Salads, Variety of Fruits & Juices
May Choose: 1 Milk;
Low Fat White Milk,
Fat Free Chocolate Flavored or Skim Milk

All menus are subject to change.
We do our best to provide our customers with all of our planned options, however, occasionally weather, crops and supplies have other ideas!

Mon	Tue	Wed	Thu	Fri
<p>3/2 Blueberry Bash Mini Waffles <i>Take The School Breakfast Challenge</i></p> <p>6 Blueberry Bash Mini Waffles <i>Take The School Breakfast Challenge</i></p> <p>13 14 15 16 17 </p>	<p>Visit nutrislice.com for Menu & Nutrition Information</p> <p>7 Scrambled Egg, Bacon & Biscuit National</p> <p>14 15 16 17 </p>	<p>1 Glazed WG Dunker</p> <p>Choose One: Chicken & Dutch Waffle Stuffed Shells Marinara w/ Rip-Stick or Tex-Mex Beef Ravioli w/ Rip-Sticks Entrée Salad • Cold Sandwich • Pizza Variety Choose: Mashed Potato w/ Gravy Green Beans • Sliced Cucumbers</p> <p>8 Rich's Cinnamon Roll School</p> <p>Choose One: Chicken Nuggets w/ Roll Bacon Cheeseburger Entrée Salad • Cold Sandwich • Pizza Variety Choose: Oven Baked Beans Seasoned Curly Fries Sliced Cucumbers</p>	<p>2 Bacon, Egg & Cheese Pizza</p> <p>Choose One: Beef or Pork Tacos w/ Tortillas Cheese Max Sticks Entrée Salad • Cold Sandwich • Pizza Variety Choose: Refried Fiesta Beans Corn • Marinara Cup Mixed or Tossed Side Salad</p> <p>9 Egg & Cheese Breakfast Taco Breakfast</p> <p>Choose One: Barbecue Pork & Cheese Nachos Pizza Crunchers Entrée Salad • Cold Sandwich • Pizza Variety Choose: Broccoli Florets Seasoned Black Beans Mixed or Tossed Side Salad</p>	<p>3 Apple Cinnamon Sausage Stick</p> <p>Choose One: Meatball Sub Cornmeal Fish Strips w/ Hush Puppies Entrée Salad • Cold Sandwich • Pizza Variety Choose: Spinach or Collard Greens Mixed Vegetables Fresh Carrots w/ Dip</p> <p>10 Pancake Pup Week</p> <p>Choose One: Chicken Broccoli Penne Alfredo w/ Breadstick Potato Crusted Fish Sticks w/ Hush Puppies & Corn Muffin Loaf Entrée Salad • Cold Sandwich • Pizza Choose: Mixed Vegetables Corn Nibbles • Fresh Carrots w/ Dip</p>
<p>20 No School for Students </p>	<p>21 Maple Pancake Minis</p> <p>Choose One: ♦ Featured Entrée ♦ Gilardi Mozzarella Stuffed Bread Sticks Corn Dog w/ Onion Rings Entrée Salad • Cold Sandwich • Pizza Choose: Baked Beans • Marinara Cup Corn Nibbles • Romaine Side Salad</p>	<p>22 Chicken Biscuit</p> <p>Choose One: Chicken Drumstick w/ Hush Puppies Mini Cheese Calzones Entrée Salad • Cold Sandwich • Pizza Variety Choose: Marinara Cup Spinach or Collard Greens Sliced Cucumbers</p>	<p>23 Apple Cinnamon Texas Toast</p> <p>Choose One: Buffalo Chicken Bites w/ Breadstick Pressed Cuban Sub Entrée Salad • Cold Sandwich • Pizza Variety Choose: Seasoned Black Beans Waffle Fries Mixed or Tossed Side Salad</p>	<p>24 Egg & Cheese Croissant</p> <p>Choose One: Mandarin Orange Chicken Bowl w Roll Cheesy Fish Filet Sandwich Entrée Salad • Cold Sandwich • Pizza Variety Choose: Stir-Fry Vegetables Sweet Potato Waffle Fries Fresh Carrots w/ Dip</p>
<p>27 Banana Pancake Minis</p> <p>Choose One: Firecracker Chicken w/ Rice & Roll Hamburger/Cheeseburger on a Bun Entrée Salad • Cold Sandwich • Pizza Variety Choose: Oven Baked Beans Crinkle Oven Fries Fresh Veggie Sticks</p>	<p>28 Sausage Biscuit </p> <p>Choose One: March Madness ♦ Featured Entrée ♦ Tyson Honey Sriracha Glazed Boneless Wings & Fry Basket Stromboli: Pepperoni or Turkey Ham & Cheese Entrée Salad • Cold Sandwich • Pizza Choose: Broccoli Florets Marinara Cup • Romaine Side Salad</p>	<p>29 Glazed WG Dunker</p> <p>Choose One: Chicken & Dutch Waffle Stuffed Shells Marinara w/ Rip-Stick or Tex-Mex Beef Ravioli w/ Rip-Sticks Entrée Salad • Cold Sandwich • Pizza Variety Choose: Mashed Potato w/ Gravy Green Beans • Sliced Cucumbers</p>	<p>30 Bacon, Egg & Cheese Pizza</p> <p>Choose One: Beef or Pork Tacos w/ Tortillas Cheese Max Sticks Entrée Salad • Cold Sandwich • Pizza Variety Choose: Refried Fiesta Beans Corn • Marinara Cup Mixed or Tossed Side Salad</p>	<p>31 Apple Cinnamon Sausage Stick</p> <p>Choose One: Meatball Sub Cornmeal Fish Strips w/ Hush Puppies Entrée Salad • Cold Sandwich • Pizza Variety Choose: Spinach or Collard Greens Mixed Vegetables Fresh Carrots w/ Dip</p>

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