



Vision:
100% Student Success

Mission:
"Educate and prepare each student for college, career and life."

Date: February 9, 2017

Dear Parent or Guardian,

Cold and flu season is upon us, and we have recently seen an increase in the number of students needing to go home due to cold or flu-like symptoms. Sometimes it can be difficult to distinguish a cold from the flu, as the symptoms can be very similar.

Cold symptoms are usually milder than flu symptoms, and people with a cold are more likely to have a runny or stuffy nose. In general, the flu is worse than the common cold, and symptoms are more common and intense. The flu usually comes on suddenly, and people who have the flu often feel some or all of these symptoms:

- Fever and/or chills
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue (tiredness)
- Vomiting and diarrhea (more common in children than adults)

Most people who get the flu will recover in a few days to less than two weeks. Flu vaccination continues to be the best way to protect your family from the flu.

If your child experiences any of the above symptoms, please keep them home from school and call your child's health care provider. Your child may return to school when the signs of illness are no longer present.

Thank you for your cooperation.

Sincerely,

ADMINISTRATION BUILDING

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