

Seminole Elementary Times

September/October 2021

Issue 2

www.pcsb.org/Seminole_es

Dates to Remember

Now until October 15th

PTA Fundraiser

October

7th

• End of Grading Period

th

 Pro-Ed Day – NO SCHOOL for Students

12^{tl}

- All Pro Dads 7:30am Centennial
- PTA/SAC Meeting 6pm Centennial

14th

P-MAC 3:15pm

15th

- Individual Picture Day
- End of School Fundraiser

19th

Report Cards go home

22nd

- Awards Assemblies
 - o Grade 4 1:20pm
 - o Grade 5 1:50pm
 - Grade 3 2:25pm

28th

P-MAC 3:15pm

29th

• Kindergarten Parade 9am

5th Grade Chorus

 Every Tuesday 8:00-8:40am Centennial

4th Grade Chorus

 Every Thursday 8:00-8:40am Centennial

K-Kids

 First Monday of the Month 3:15pm Centennial

Beach Club

 Every Thursday 3:15pm in Centennial

If You See Something Say Something





www.pcsb.org/safetyconcern

Look for Warning Signs. If you see something suspicious Say Something.

Report by going to

www.pcsb.org/safetyconcern

A Note from Principal Cerreta



Another month of school has gone by quickly and we are excited to let you know that we have been able to implement many wonderful tutorial and enrichment programs for our students.

- Ms. Marr, our amazing music teacher, started her Grade 4 and 5 Chorus is meeting in the morning before school. Grade 5 Chorus on Tuesday & Grade 5 on Thursday
- Promise Time Extra Learning Program is for all of our R Club Students
- PMAC- Principals Multicultural Advisory Committee with Ms. Stewart, Ms. Green & Ms. Piper meet after school twice a month on Thursdays (First meeting Sept 30th)
- Kids Beach Club for students in grade 3-5 is every Thursday in the Centennial Building from 3:00-4:00 (See attached flyer)
- K Kids. Kiwanis Kid, is sponsored by Ms. Sanders and will meet the first Monday of each month after school. 3:15-4:15 starting October 4th. (See the flyer attached)
- Before and After School Tutoring Please contact Mr. Cerreta at 727-798-8814 (cell) or at school 727-547-7668 for more information about enrolling your child.

School home communication is very important to us. Each week we send a weekend update to all parents via e-mail and the last Friday of each month we send home a hard copy of our monthly newsletter. If you are not receiving our weekend e-mail updates, please contact us at 547-7668 so we can update your contact information in FOCUS.

School Agenda Planners are also a vital part of home and school communication and are required for all students. Please be sure to check your child's agenda planner daily. Thank you!

The end of the grading period for the first 9 weeks of school is **October 7**th. Report Cards will go home on **October 19**th.

Awards Assemblies for 3rd, 4th, & 5th grade are held at the end of each nine weeks in the Centennial Building. For 1st, 2nd and 3rd grade we will place report card award ribbons in the report card envelopes. Awards Assemblies will take place on the dates and times in the chart below.

	1 st Nine Weeks
3 rd Grade	Friday, October 22, @ 2:25
4 th Grade	Friday, October 22 @ 1:20
5 th Grade	Friday. October 22 @ 1:50

^{*}Grades 3-5 Principal Honor Roll Breakfast: Wednesday, October 27 in the Centennial at 7:45 a.m. Criteria for Awards:

*Only one award should be given to each student that has earned one, with exception to Perfect Attendance

Intermediate 3-5		
Positive Hawk	All E's & V's in conduct	Ribbon
Honor Roll	All A's and B's academics and & All E's & V's in conduct	Certificate & Ribbon
Principal's List	All A's in academics and E's or V's in conduct	Certificate & Medallion
Perfect Attendance	No Absences	Certificate

Primary Grades 1&2	<u>Criteria</u>	Award
Positive Hawk	All E's & V's in conduct	Ribbon
Honor Hawk	All E's , V's academic & All E's & V's in conduct	Ribbon
Principal's List	All E's Academics and E's & V's Conduct	Ribbon
Perfect Attendance	No Absences	Certificate

^{*}Specials Academic grades will not be included. Only the conduct portion for Specials. CONTINUES ON PAGE 2

COVID Update

The Florida Surgeon General, Dr. Joseph A. Ladapo, recently made changes regarding the Protocols For Students With Exposure To COVID 19.

PROTOCOLS FOR STUDENTS WITH EXPOSURE TO COVID-19. Schools shall allow parents or legal guardians the authority to choose how their child receives education after having direct contact with an individual that is positive for COV1D-19: (a) Parents or legal guardians of students who are known to have been in direct contact with an individual how received a positive diagnostic test for COVID-19 may choose one of the following options:

1.Allow the student to attend school, school-sponsored activities, or be on school property, without restrictions or disparate treatment, so long as the student remains asymptomatic;

or

2. Quarantine the student for a period of time not to exceed seven days from the date of last direct contact with an individual that is positive for COVID-19. (b) If a student becomes symptomatic follow in direct contact with an individual that has tested positive for COVID-19. or tests positive for COVID-19the procedures set forth in subsection (2), above shall apply Rulemaking Authority 1003.221(3) FS. Law Implemented 1003.221(3) FS. History-New

All other safety protocols have remained the same. As always, if your child is sick, please keep them home.

PTA Fundraiser

Now - October 15th

Please help our PTA by direct donation. This year's goal is \$5,000. There is nothing to sell and 100% tax deductible.

- Money will go towards
- Grade level programs,
- Reading Incentives,
- Teacher Classroom Reimbursement,
- 5th Grade Moving Up Ceremony,
- & Teacher Appreciation Week.

The class with the most participation in the donation drive will receive a pizza party. The student with the most donations will get a "principal's taxi" to lunch, there the principal will dress up as a taxi driver and roll the students to lunch in a special chair!

Please make all checks payable to **Seminole Elementary PTA**

Congratulations Mrs. Marr 2021-22 Teacher of the Year



Congratulations to our Music teacher Mrs. Marr who has been named Seminole Elementary's 2021-22
Teacher of the Year. Mrs. Marr, you ROCK!!!

September Character Kids



PreK		
Green/Piper	Hunter Geno	Raegan Adkins
Scott	Katherine Johnson	
Calhoun	Mason Fox	Jewel Castro
KG		
Conde	Ryleigh Mcknight	
D'Altilio	Vera Custalow	Lillian Soles
Horton	Harper Jeske	Malakai Reynolds
<u>1st</u>		
Brady	Diana Rizo-Padilla	Michelle Duncan
Harty	Hercules Villar De Mello Martins	Elsie Taylor
Luczaj	Kamryn Smith	
Mucerino	Evan Hill	Caleb Wilder
<u>2nd</u>		
Misener	Lillian Moser	Jared Martinez-Francisco
Patterson	Katelyn Aragon	Tiffany Chen
Sadock	Elise Carlson	Adrian Bailey
<u>3rd</u>		
Carlson	Alessandro Loaiza-Garcia	Andres Pineros
Kopkau	Isabella Tatham	Colton Taylor
Poolson	Lyla Aguillard	Amelia Clark
Rudolph	Briella Custalow	Jason Geigler
<u>4th</u>		
Crose	Katie Fitzpatrick	John Fitzpatrick
Napoli	Addison Bragg	Zander Vazquez
Rongey	Kelsie Vance	Connor Miller
Sanders	Jace Drake	Addison Novak
<u>5th</u>		
Gorman	Giovani Orpeza-Canjay	
Grimm	Tyler Ouelette	Brooklyn Stanton
Lentz	Briella Chelsey	Kyla Forrest
Capitosti	Ryder Patterson	

PE Shorts School Counselor News



This month our character trait that we were emphasizing has been Responsibility. There are many ways that we can teach our children to be responsible as well as acknowledge them for doing so. It is a skill that can be built when they are young for long term success in life. During the month of October, we will be concentrating on Cooperation. The ability to get along with others and work together is another important skill children need to learn. We will also celebrate Red Ribbon Week during the last week of the month. This will be a time when we talk about staying drug and alcohol free. Also looking ahead, we know families may need help during the holidays (food, toys, & clothing). Several organizations that offer their assistance begin asking early. So, if you are interested in being considered for help for this year, please let me know.

Mrs. Holly Schultz, School Counselor

Ms. Ward's Words



Do your kids have an Apple device at home? Do you wish there was a way to keep them safer and have more accountability when it comes to what they have access to on that device, to prevent the constant power struggle over access to electronics? Apple has a great tool called Screen Time that has tons of built-in parental control settings to help manage your child's device. It can set time limits, app limits, and even restrict the content they have access to on the App Store, Music Library, and the internet. The settings are user friendly and easy to operate. Here is a link to Apple's tutorial on all the great features of this free, built-in

parental support if you want to learn more: https://support.apple.com/en-us/HT201304 Thank you, Adrianna Ward - Behavior Specialist

Art News





Reading Expectations



Students are expected to read Monday - Thursday and parents should sign reading logs

- 30 minutes minimally for grades K-2
- 45 minutes minimally for grades 3-5

Helping Children Cope

Children and teens react, in part, on what they see from the adults around them. When parents and caregivers deal with COVID-19 calmly and confidently, they can provide the best support for their children. Parents can be more reassuring to others around them, especially children, if they are better <u>prepared</u>.

Watch for behavior changes in your child

Not all children and teens respond to stress in the same way. Some common changes to watch for include:

- Excessive crying or irritation in younger children.
- Returning to behaviors they have outgrown (for example, toileting accidents or bedwetting).
- Excessive worry or sadness.
- Unhealthy eating or sleeping habits.
- Irritability and "acting out" behaviors in teens.
- Poor school performance or avoiding school.
- Difficulties with attention and concentration.
- Avoidance of activities enjoyed in the past.
- Unexplained headaches or body pain.
- Use of alcohol, tobacco, or other drugs.

Ways to support your child

- Talk with your child about the COVID-19 outbreak.
- Answer questions and share facts about COVID-19 in a way that your child can understand.
- Reassure your child that they are safe. Let them know it is okay if they feel upset. Share with them how you deal with your own stress so that they can learn from you how to cope with stress.
- Limit your family's exposure to news coverage of the event, including social media. Children may misinterpret what they hear and can be frightened about something they do not understand.
- Try to keep up with regular routines. If schools are closed, create a schedule for learning activities and relaxing or fun activities.
- Be a role model. Take breaks, get plenty of sleep, exercise, and eat well. Connect with your friends and family members.
- Spending time with your child in meaningful activities, reading together, exercising, playing board games.

Take care of your mental health

hand holding heart icon

You may experience <u>increased stress</u> during this pandemic. Fear and anxiety can be overwhelming and cause strong emotions.

Get immediate help in a crisis

- Call 911
- <u>Disaster Distress Helplineexternal icon</u>: call or text 1-800-985-5990 (press 2 for Spanish).
- National Suicide Prevention Lifelineexternal icon: 1-800-273-TALK (8255) for English, 1-888-628-9454 for Spanish, or <u>Lifeline Crisis</u> Chatexternal icon.
- <u>National Domestic Violence Hotlineexternal icon</u>: 1-800-799-7233 or text LOVEIS to 22522
- National Child Abuse Hotlineexternal icon: 1-800-4AChild (1-800-422-4453) or text 1-800-422-4453
- <u>National Sexual Assault Hotlineexternal icon</u>: 1-800-656-HOPE (4673) or <u>Online Chatexternal icon</u>
- The Eldercare Locatorexternal icon: 1-800-677-1116 TTY Instructionsexternal icon
- Veteran's Crisis Lineexternal icon: 1-800-273-TALK (8255) or Crisis Chatexternal icon or text: 8388255

Find a health care provider or treatment for substance use disorder and mental health

- SAMHSA's National Helplineexternal icon: 1-800-662-HELP (4357) and TTY 1-800-487-4889
- Treatment Services Locator Websiteexternal icon
- Interactive Map of Selected Federally Qualified Health Centersexternal icon

Elementary Lunch Menu

Wednesday Thursday CHOOSE ONE: PLEASE NOTE: Pizza Variety
Boneless Dill Chicken Wings & The nationwide labor, driver and product shortages are having a Wild significant impact on our school cafeterias. We may need to change Roll Variety Apple -A- Day Salad <u>DAILY</u> BREAKFAST our menus without notice to accommodate the shortages while still CHOICES offering students a variety of healthy menu options. This menu may not reflect what is actually offered in your cafeteria if substitutes are necessary. We apologize for any inconvenience. Deli Carver Combo Sub Hot or cold sakfast choice CHOOSE: re available daily, i.e.: akfast Sandwich National School Lunch Week Green Beans Fresh Veggie Dippers CHOOSE ONE: incakes, Cereal 8 CHOOSE ONE: CHOOSE ONE: CHOOSE ONE: Corn Dog or Hot Dog on a Bun Popcom Chicken, Mashed Toast, or Cereal Ba Chicken Tenders & Combread Teriyaki Beef Dippers & Rice Max Cheese Sticks & Toast. Backyard Pizza Burger Cavatappi Pasta Alfredo Chef Salad Chicken Vegetable Dumpling w NO SCHOOL Potatoes, Gravy & Roll Yogurt & Fruit Parfait Must choose at Chicken Fried Rice Fruit & Yogurt Plate Turkey Club Wrap ast 1: Fruit or Chicken Caesar PB&J Kit n & Cheese Croissant FOR Juice. Chicken Caesar Wrap CHOOSE: CHOOSE: STUDENTS CHOOSE: CHOOSE: Green Beans ' Marinara Sauce Cup ' Milk Mixed Vegetable Medley Broccoli Florets Skim, Low Fat Sliced Cucumbers Side Salad Com Niblets Fresh Veggie Dippers Romaine Side Salad * Mixed Side Salad White, or Fat Free Chocolate CHOOSE ONE: CHOOSE ONE: CHOOSE ONE: CHOOSE ONE: CHOOSE ONE: Pizza Variety Chicken Nuggets Pasta w/ Meatballs <u>or</u> Pasta w/ Meat Sauce CHOICES: Breaded Chicken Sandwich Breakfast for Lunch Mandarin Orange Chicken Rice Bowl w/ Chow Mein Noodles Cheesy Fish Filet Sandwich oaded Beef & Cheese Nachos zzarella Stuffed Garlic se 1: Entrée Breadsticks Grilled Cheese Sandwich Fruit & Yogurt Plate Apple -A- Day Salad Must choose at least 1: Fruit or Yogurt & Fruit Parfait Chicken Caesar Salad Chef Salad Deli Carver Combo Sub Turkey Club Wrap PB&J Kit lam & Cheese Croissan Chicken Caesar Wrap CHOOSE: CHOOSE: Vegetable (may choose up to 2 CHOOSE: Deli Roaster Potato CHOOSE: CHOOSE: Green Beans Fresh Veggie Dippers Santé Fe Black Beans Marinara Sauce Cup Com Niblets Tomato Soup servings each of fruits & veggies Fresh Veggie Dippers Romaine Side Salad * Sliced Cucumbers Side Salad Mixed Side Salad with their lunch CHOOSE ONE: CHOOSE ONE: CHOOSE ONE: CHOOSE ONE: CHOOSE ONE: Macaroni & Chees Pizza Variety Hamburger Sliders or Featured Er May Choose: 1 Tacos or Pork Tacos Boneless Dill Chicken Wings & filk; Skim, Low Far White, or Tacho Chicken Bowl w/ Cheeseburger Slid Cheesy Bread Chicken Caesar Salad opcom Chicken & Waffle Fruit & Yogurt Plate Gartic Breadstick BBQ Pork Flatbread Roll Variety Apple -A- Day Salad Deli Carver Combo Sub Chef Salad PB&J Kit Yogurt & Fruit Parfait Turkey Club Wrap Ham & Cheese Croissant Chicken Caesar Wrap CHOOSE: Com Niblets* *vallable for lunch daily:* Meat or CHOOSE: CHOOSE: CHOOSE: CHOOSE: Marinara Sauce Cup Country Baked Beans Broccoli Florets Green Beans Meatless Entrée, Entrée Salads, Cold Romaine Side Salad * Crispy Fries Mixed Side Salad Fresh Veggie Dippers Sliced Cucumbers Side Salad Fresh Veggie Dippers iches, Hot & CHOOSE ONE: CHOOSE ONE: CHOOSE ONE: CHOOSE ONE: CHOOSE ONE: Cold Vegetable choices, Variety of Fruits (fresh or Max Cheese Sticks Teriyaki Beef Dippers & Rice Cavatappi Pasta Alfredo Chef Salad Com Dog or Hot Dog on a Bun Chicken Tenders & Combread Pizza Variety Chicken Vegetable Dumpling w Popcom Chicken, Mashed Backyard Pizza Burger Fruit & Yogurt Plate Chicken Tinga Tacos Apple -A- Day Salad Chicken Fried Rice Potatoes, Gravy & Roll cupped) & Juices Yogurt & Fruit Parfait Chicken Caesar Salad PB&J Kit Ham & Cheese Croissant Turkey Club Wrap Deli Carver Combo Sub Chicken Caesar Wrap CHOOSE: CHOOSE: CHOOSE: CHOOSE: Green Beans 1 CHOOSE: Pinellas County Schools Broccoli Florets Mixed Vegetable Medley Country Baked Beans Marinara Sauce Cup * Romaine Side Salad * FOOD AND NUTRITION Com Niblets Fresh Veggie Dippers Sliced Cucumbers Side Salad Fresh Veggie Dippers

Seminole Elementary

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Web Site: www.pcsb.org/seminole-es

Louis Cerreta Principal **Rebecca Pembrook Assistant Principal**

Dywayne Hinds Area III Superintendent (727)588-5020



Thank You Business Partners

Thank you to the following organizations for donations of backpack and school supplies



The Backpack Lady Project

Seminole Elks Auxilary #2519

Jan Lorenzo

Kier Family

Thank you Kiwanis

Mixed Side Salad



Thank you Kiwanis Breakfast Club of Seminole, for vou generous annual donation to our school.

Mrs. Conde's Class Thanks

Thank you very much Jesse Adams (Brayden Arden's grandma) for adopting our class. Also, to Elle Amatuccio's family and Wren Sherman's family for our classroom donations. It is VERY MUCH APPRECIATED!:) from Mrs. Conde's class