

# Cheerios(TM) Cereal Single Serve Bowlpak 1 oz

UPC: **16000322622**

Information Accurate as of: **May 28, 2024**

## DESCRIPTION

The classic toasted whole grain oat, gluten-free cereal in ring-shaped pieces in a ready-to-eat bowl for convenient, single serve portion control. Made without gelatin. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria, and is CACFP eligible.

Case GTIN: **10016000322629**

Unit Weight: **1 OZ**

Units per case: **96**

## Nutrition Facts

1 Bowl (28g)  
**Serving Size**

**Calories per serving** **100**

Amount/serving	% Daily Value**	Amount/serving	% Daily Value**
<b>Total Fat</b> 2g	2%	<b>Sodium</b> 140mg	6%
Saturated Fat 0g	0%	<b>Total Carbohydrate</b> 21g	8%
Trans Fat 0g		Dietary Fiber 3g	11%
<b>Cholesterol</b> 0mg	0%	Total Sugars 1g	
		Soluble Fiber 1g	
		Includes 1g Added Sugars	2%
		<b>Protein</b> 4g	
Vitamin D 2.8mcg	10%	Calcium 90mg	6%
Potassium 180mg	4%	Vitamin A 25mcg	6%
Thiamin	10%	Niacin 25mcg	6%
Folate	10%	(25mcg Folic Acid)	10%
Zinc	10%	Vitamin B12	10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Not a significant nutrient source

## Nutrition Facts

**Calories Approx Per 100g** **367**

Amount/100g	% Daily Value**	Amount/100g	% Daily Value**
<b>Total Fat</b> 7g		<b>Sodium</b> 498mg	
Saturated Fat 1g		<b>Total Carbohydrate</b> 74g	
Trans Fat 0g		Dietary Fiber 11g	
<b>Cholesterol</b> 0mg		Total Sugars 5g	
		Soluble Fiber 5g	
		Includes 3g Added Sugars	
		<b>Protein</b> 13g	
Vitamin D 10mcg		Calcium 333mg	
Potassium 653mg		Vitamin A 1412IU	
Thiamin 1mg		Niacin 4mg	
Folate 205mcg		(115mcg Folic Acid)	
Zinc 6mg		Vitamin B12 1mcg	

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Not a significant nutrient source

**INGREDIENTS & ALLERGENS:** Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

**KOSHER APPROVAL:** OU



GENERAL MILLS

**Product Formulation Statement for Documenting Grains  
in Child Nutrition Programs**  
(Crediting Standards Based on Exhibit A Weights per Ounce Equivalent)

Program operators should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Program operators have the option to choose the crediting method that fits their specific menu planning needs.

Product Name: Cheerios® Bowlpak Code No.: 16000-32262

Manufacturer: General Mills, Inc. Serving Size 1.0 OZ (28)

**I. Does the product meet the whole grain-rich criteria:** Yes ☒ No ☐

**II. Does the product contain non-creditable grains:** Yes ☒ No ☐ **How many grams:** <6.99g  
(Products with more than 0.24 ounce equivalent (oz eq) or 3.99 grams (g) for Groups A-G or 6.99g for Groups H and I of non-creditable grains do not credit toward the grains requirement for school meals.)

**III. Use Exhibit A: Grain Requirements for Child Nutrition Programs in the Food Buying Guide for Child Nutrition Programs (FBG) to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals).** (Different methodologies are applied to calculate the grains contribution based on creditable grains. Groups A-G use the standard of 16g creditable grains per oz eq; Groups H and I use the standard of 28g creditable grain per oz eq or volume.)

Indicate which Exhibit A Group (A-I) the Product Belongs: I

DESCRIPTION OF PRODUCT PER EXHIBIT A	PORTION SIZE OF PRODUCT AS PURCHASED  A	WEIGHT OF ONE OZ EQ AS LISTED IN EXHIBIT A B	CREDITABLE AMOUNT  A ÷ B
Ready to Eat Cereal	28g	28g	28g ÷ 28g = 1.0
Total Creditable Amount <sup>1</sup>			1.0

<sup>1</sup>Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.

Total weight (per portion) of product as purchased 1.0 OZ (28g)

Total contribution of product (per portion) 1.00 oz eq

I further certify that the above information is true and correct and that a 28g/1.0 ounce portion of this product (ready for serving) provides 1.00 oz eq grains. I further certify that non-creditable grains **are not** above 0.24 oz eq per portion. Products with more than 0.24 oz eq or 3.99g for Groups A-G or 6.99g for Groups H and I of non-creditable grains do not credit toward the grains requirement for school meals.

Wendy Ramaker  
Labeling and Regulatory Compliance Specialist, K12 Education  
April 19, 2024

Exhibit A

# Cinnamon Chex(TM) Cereal Single Serve Bowlpak (96 ct) 1 oz

UPC: **16000383876**

Information Accurate as of: **May 28, 2024**

## DESCRIPTION

A whole grain rice, gluten-free cereal sweetened with real cinnamon in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria and CACFP-eligible.

Case GTIN: **10016000383873**

Unit Weight: **1 OZ**

Units per case: **96**

## Nutrition Facts

1 Bowl (28g)  
**Serving Size**

**Calories per serving** **110**

Amount/serving	% Daily Value**	Amount/serving	% Daily Value**
<b>Total Fat</b> 2.5g	3%	<b>Sodium</b> 160mg	7%
Saturated Fat 0g	0%	<b>Total Carbohydrate</b> 23g	8%
Trans Fat 0g		Dietary Fiber 1g	4%
Polyunsaturated 0.5g		Total Sugars 6g	
Monounsaturated 1.5g		Includes 6g Added Sugars	11%
<b>Cholesterol</b> 0mg	0%	<b>Protein</b> 1g	
Vitamin D 2.2mcg	10%	Calcium 90mg	6%
Potassium 0mg	0%	Vitamin A 30mcg	6%
Thiamin	10%	Riboflavin 30mcg	20%
Vitamin B6	10%	Folate 30mcg	10%
Vitamin B12	10%	Zinc	10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Not a significant nutrient source

## Nutrition Facts

**Calories Approx Per 100g** **405**

Amount/100g	% Daily Value**	Amount/100g	% Daily Value**
<b>Total Fat</b> 9g		<b>Sodium</b> 575mg	
Saturated Fat 1g		<b>Total Carbohydrate</b> 82g	
Trans Fat 0g		Dietary Fiber 4g	
Polyunsaturated 2g		Total Sugars 21g	
Monounsaturated 6g		Includes 20g Added Sugars	
<b>Cholesterol</b> 0mg		<b>Protein</b> 5g	
Vitamin D 10mcg		Calcium 325mg	
Potassium 158mg		Vitamin A 1179IU	
Thiamin 1mg		Riboflavin 1mg	
Vitamin B6 1mg		Folate 200mcg	
Vitamin B12 1mcg		Zinc 6mg	

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Not a significant nutrient source

**INGREDIENTS & ALLERGENS:** Whole Grain Rice, Rice, Sugar, Canola and/or Sunflower Oil, Salt, Cinnamon, Molasses, Rosemary Extract, Natural Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Tricalcium Phosphate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B2 (riboflavin), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

**KOSHER APPROVAL:** OU



GENERAL MILLS

**Product Formulation Statement for Documenting Grains  
in Child Nutrition Programs**  
(Crediting Standards Based on Exhibit A Weights per Ounce Equivalent)

Program operators should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Program operators have the option to choose the crediting method that fits their specific menu planning needs.

Product Name: Cinnamon Chex Bowlpak Code No.: 16000-38387

Manufacturer: General Mills, Inc. Serving Size 1.0 OZ (28g)

**I. Does the product meet the whole grain-rich criteria:** Yes X No     

**II. Does the product contain non-creditable grains:** Yes      No X **How many grams:**  
(Products with more than 0.24 ounce equivalent (oz eq) or 3.99 grams (g) for Groups A-G or 6.99g for Groups H and I of non-creditable grains do not credit toward the grains requirement for school meals.)

**III. Use Exhibit A: Grain Requirements for Child Nutrition Programs in the Food Buying Guide for Child Nutrition Programs (FBG) to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals).** (Different methodologies are applied to calculate the grains contribution based on creditable grains. Groups A-G use the standard of 16g creditable grains per oz eq; Groups H and I use the standard of 28g creditable grain per oz eq or volume.)

Indicate which Exhibit A Group (A-I) the Product Belongs: I

DESCRIPTION OF PRODUCT PER EXHIBIT A	PORTION SIZE OF PRODUCT AS PURCHASED  A	WEIGHT OF ONE OZ EQ AS LISTED IN EXHIBIT A B	CREDITABLE AMOUNT  A ÷ B
Ready to Eat Cereal	28g	28g	28g ÷ 28g = 1.0
Total Creditable Amount <sup>1</sup>			1.0

<sup>1</sup>Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.

Total weight (per portion) of product as purchased 1.0 OZ (28g)

Total contribution of product (per portion) 1.0 oz eq

I further certify that the above information is true and correct and that a 28g/1.0 ounce portion of this product (ready for serving) provides 1.0 oz eq grains. I further certify that non-creditable grains **are not** above 0.24 oz eq per portion. Products with more than 0.24 oz eq or 3.99g for Groups A-G or 6.99g for Groups H and I of non-creditable grains do not credit toward the grains requirement for school meals.

Wendy Ramaker  
Labeling and Regulatory Compliance Specialist, K12 Education  
April 29, 2024

Exhibit A

# Cinnamon Toast Crunch(TM) Cereal 25% Less Sugar Single Serve Bowlpak 1 oz

UPC: **16000294448**

Information Accurate as of: **May 28, 2024**

## DESCRIPTION

A crisp, reduced sugar whole wheat and whole grain rice cereal sweetened with real cinnamon in a ready-to-eat bowl for convenient single serve portion control. Contains no gelatin. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria, and is CACFP eligible.

Case GTIN: **10016000294445**

Unit Weight: **1 OZ**

Units per case: **96**

## Nutrition Facts

1 Bowl (28g)  
Serving Size

Calories  
per serving **110**

Amount/serving	% Daily Value**	Amount/serving	% Daily Value**
<b>Total Fat</b> 2.5g	3%	<b>Sodium</b> 160mg	7%
Saturated Fat 0g	0%	<b>Total Carbohydrate</b> 22g	8%
Trans Fat 0g		Dietary Fiber 4g	13%
<b>Cholesterol</b> 0mg	0%	Total Sugars 6g	
		Includes 6g Added Sugars	11%
		<b>Protein</b> 2g	
Vitamin D 10% • Calcium 30mcg		6% • Iron 30mcg	10%
Potassium 0% • Vitamin A 30mcg		6% • Vitamin C 30mcg	6%
Thiamin 10% • Riboflavin 30mcg		6% • Niacin 30mcg	6%
Vitamin B6 10% • Folate 30mcg		10% • (30mcg Folic Acid)	10%
Vitamin B12 10% • Zinc		10%	

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Not a significant nutrient source

## Nutrition Facts

Calories  
Approx Per 100g **379**

Amount/100g	% Daily Value**	Amount/100g	% Daily Value**
<b>Total Fat</b> 9g		<b>Sodium</b> 564mg	
Saturated Fat 1g		<b>Total Carbohydrate</b> 78g	
Trans Fat 0g		Dietary Fiber 13g	
<b>Cholesterol</b> 0mg		Total Sugars 21g	
		Includes 20g Added Sugars	
		<b>Protein</b> 6g	
Vitamin D 9mcg • Calcium 314mg		• Iron 8mg	
Potassium 203mg • Vitamin A 1083IU		• Vitamin C 22mg	
Thiamin 1mg • Riboflavin 0mg		• Niacin 4mg	
Vitamin B6 1mg • Folate 177mcg		• (107mcg Folic Acid)	
Vitamin B12 1mcg • Zinc 5mg			

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Not a significant nutrient source

**INGREDIENTS & ALLERGENS:** Whole Grain Wheat, Sugar, Rice Flour, Polydextrose, Canola and/or Sunflower Oil, Maltodextrin, Dextrose, Salt, Cinnamon, Trisodium Phosphate, Soy Lecithin, Caramel Color, Rosemary Extract. BHT Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

CONTAINS WHEAT AND SOY INGREDIENTS.

KOSHER APPROVAL: OU D



GENERAL MILLS

**Product Formulation Statement for Documenting Grains  
in Child Nutrition Programs**  
(Crediting Standards Based on Exhibit A Weights per Ounce Equivalent)

Program operators should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Program operators have the option to choose the crediting method that fits their specific menu planning needs.

Product Name: 25% Less Sugar Cinnamon Toast Crunch Bowlpak Code No.: 16000-29444

Manufacturer: General Mills, Inc. Serving Size 1.0 OZ (28g)

**I. Does the product meet the whole grain-rich criteria:** Yes X No     

**II. Does the product contain non-creditable grains:** Yes X No      **How many grams:** <6.99g  
(Products with more than 0.24 ounce equivalent (oz eq) or 3.99 grams (g) for Groups A-G or 6.99g for Groups H and I of non-creditable grains do not credit toward the grains requirement for school meals.)

**III. Use Exhibit A: Grain Requirements for Child Nutrition Programs in the Food Buying Guide for Child Nutrition Programs (FBG) to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals).** (Different methodologies are applied to calculate the grains contribution based on creditable grains. Groups A-G use the standard of 16g creditable grains per oz eq; Groups H and I use the standard of 28g creditable grain per oz eq or volume.)

Indicate which Exhibit A Group (A-I) the Product Belongs: I

DESCRIPTION OF PRODUCT PER EXHIBIT A	PORTION SIZE OF PRODUCT AS PURCHASED  A	WEIGHT OF ONE OZ EQ AS LISTED IN EXHIBIT A B	CREDITABLE AMOUNT  A ÷ B
Ready to Eat Cereal	28g	28g	28g ÷ 28g = 1.0
Total Creditable Amount <sup>1</sup>			1.0

<sup>1</sup>Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.

Total weight (per portion) of product as purchased 1.0 OZ (28g)

Total contribution of product (per portion) 1.0 oz eq

I further certify that the above information is true and correct and that a 28g/1.0 ounce portion of this product (ready for serving) provides 1.0 oz eq grains. I further certify that non-creditable grains **are not** above 0.24 oz eq per portion. Products with more than 0.24 oz eq or 3.99g for Groups A-G or 6.99g for Groups H and I of non-creditable grains do not credit toward the grains requirement for school meals.

Wendy Ramaker  
Labeling and Regulatory Compliance Specialist, K12 Education  
April 29, 2024

Exhibit A





FOODSERVICE

# Marshmallow Mateys – Special Edition

## 96/1 oz Bowl #27596



*Toasted and puffed oats  
with fun marshmallow bits*

Nutritional and Program Specifications			MRK 100 BP
Oz Eq Grain Credit	1	Smart Snacks Qualified Snack	No
Whole Grain Rich	Yes	200 or less Calories	Yes
Whole Grain 1 <sup>st</sup> Ingredient	Yes	200 mg or less Sodium	No
6 g or less Sugar per oz	Yes	35% or less Calories from Fat	Yes
Fortified	Yes	10% or less Calories from Sat Fat	Yes
Allergens	Wheat	0g Trans Fat	Yes
Artificial Flavors	Yes	35% or less by weight from Total Sugars	Yes
Certified Synthetic Colors	Yes	CACFP Qualified	Yes
Nuts	No	Buy American Compliant	Yes – Made in USA
BHT/BHA/TBHQ	No	Kosher	No
HFCS	No	Shelf Life	270 Days

Case Specifications			
Pack	96/ 1 oz	Ship Weight (pounds)	8.87
GTIN	100-42400-27596-8	Case Cube (cu. Ft.)	2.29
Ti/Hi	9/2	Case Dimensions L x W x H (inches)	16.56 X 13 X 18.38
Cases per Pallet	18	Storage	Cool / Dry

For more information or to find your Sales Manager: <https://www.postconsumerbrands.com/food-service/>



## Product Formulation Statement for Documenting Grains In Child Nutrition Programs

(Crediting Standards Based on Exhibit A Weights per Ounce Equivalent)

Product Name: Marshmallow Mateys Special Edition

Product SKU: 27596

Manufacturer: Post Consumer Brands

Serving Size: 28 g Bowl

Does the product meet the whole grain rich criteria? Yes Is the product fortified? Yes

Use Exhibit A: Grain Requirements for Child Nutrition Programs in the Food Buying Guide for Child Nutrition Programs (FBG) to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate the grains contribution based on creditable grains. Groups A-G use the standard of 16 g creditable grains per oz eq; Groups H and I use the standard of 28 g creditable grains per oz eq or volume.)

Indicate which Exhibit A Group (A-I) the product belongs: Group I - RTE Breakfast Cereals

Product Description Per Exhibit A	Portion Size of Product as Purchased A	Weight of 1 oz. eq. as Listed in Exhibit A B	Creditable Amount A ÷ B
RTE Breakfast Cereal (Cold/Dry)	28 g	28 g	1 oz eq
Total Creditable Amount			1 oz eq

Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased: 28 g

Total contribution of product (per portion) oz eq: 1 oz eq

I certify that the above information is true and correct and that a 28 g portion of this product (ready for serving) provides 1 oz eq grains. I further certify that non-creditable grains are not above 0.24 oz eq per portion. Products in Group I with more than 0.24 oz eq or 6.99 g of non-creditable grains do not credit towards the grains requirement for school meals.

Victoria Schlecht

Sr. Regulatory Scientist  
Post Consumer Brands

Signed: January 8, 2024

For more information on our K12 cereals

Contact Sheri Petrich, SNS, K12 Specialist: 724-971-0010 | slpetrich@postholdings.com or

Go to: <https://www.postconsumerbrands.com/food-service/>

MRK 100 BP