

## **MIDDLE SCHOOL HEALTH EDUCATION (ACADEMIC)**

### **New Construction**

#### **I. PROGRAM PHILOSOPHY**

Health and education are interdependent. You need good health to become educated. You need education to develop and maintain your health. You need both to realize your full potential.

An effective health education program includes learning experiences which will assist students in gaining new health information, and the development of attitudes and behaviors that will have a positive effect on their state of wellness. Our program should assist students in living full and abundant lives while recognizing and assuming personal responsibility for their health.

#### **II. PROGRAM GOALS**

The primary goal of health education is to provide learning activities which students may use to make wise decisions regarding their personal health.

Areas of study include the physical, mental/emotional, and social dimensions of wellness. They are:

1. Mental Health/Personality Development
2. Growth & Development
3. Nutrition
4. Personal Health
5. Diseases - Prevention and Control
6. Substance Abuse Prevention
7. Safety and Accident Prevention
8. Family Life Education

#### **III. PROGRAM ACTIVITIES**

A variety of activities are used in the classroom ranging from individual projects to large group lecture and discussion. Human torso models, organ models, and manikins are among the audio-visual materials used and demands adequate storage space as well as classroom space during use. Other examples include:

1. Audio-visual presentations and multimedia presentations which may include any 3-5 different types of AV equipment for one presentation.
2. Lecture/Discussion (entire class)
3. Panel Discussions
4. Cooperative Learning Groups (2-5 students)
5. Role playing including simulated games and sociodramas
6. Learning centers for individual student projects and student library of resource materials
7. Demonstration sessions for the dental health, rescue breathing, and first aid program
8. Posters and bulletin boards

## **MIDDLE SCHOOL HEALTH EDUCATION (ACADEMIC)**

### **New Construction**

#### **IV. ORGANIZATIONAL NOMENCLATURE**

|   |  |
|---|--|
| Teacher - Student Ratio:                                  | 1:28   |
| Student Capacity per Period:                              | 28   |
| Total Number of Teachers:                                 | 2 (1 full-time, grade 6; 1 full-time, grade 8) |
| Total Number of Aides:                                    | 0 (If applicable)                              |
| Grade Levels or Age Levels for Which Program is intended: | Grades 6 and 8                                 |
| Hours per Day Space Will Be Used:                         | 7  |

#### **V. INNOVATIONS, EXPERIMENTAL IDEAS, OTHER PLANNED USES**

Audio-Visual presentations are used frequently as learning activities in the classroom. A teaching unit table with storage area for current instructional materials is recommended.

Several national and state health education programs are aired on Educational TV requiring equipment.

Many teachers use cooperative learning strategies and therefore need flexible seating arrangements for classes.

Course appropriate sensitive subject area instructional materials require additional secure locked storage.

#### **VI. SQUARE FOOTAGE CHANGES EXPLANATION THAT VARIES FROM APPROVED FACILITIES LIST**

Storage will be used as teacher planning and storage.

## MIDDLE SCHOOL HEALTH EDUCATION (ACADEMIC)

### **New Construction**

#### VIII. PROGRAM FURNITURE AND EQUIPMENT REQUEST FORM

\*Shown on drawings

# purchased and installed by contractor

| <u>Space or Area</u> | <u>Number of Items</u> | <u>Description of Furniture/Equipment Needed</u> |
|----------------------|------------------------|--|
|----------------------|------------------------|--|

#### **TEACHER PLANNING**

|    |                    |
|----|--------------------|
| *1 | Teacher Desk       |
| 1  | Teacher Chair, 18" |

#### **CLASSROOM LAB**

|     |   |
|-----|---|
| *35 | Student Desks   |
| 1   | Teacher Chair   |
| *3  | Rectangular Classroom Tables 30" x 72"                              |
| 3   | Bookcases - 36" x 12" x 60"   |
| 1   | Teacher Unit Station for overhead projector and storage of material |
| 3   | Computer Stations for Students                                      |
| 3   | Station Tables  |
| 3   | Student Chairs  |
| 3   | Computers   |
| 1   | Printer   |
| 1   | TV/VCR on cart with cable hookup                                    |

#### **TEACHER WORKROOM/STORAGE AREA**

|   |                                   |
|---|-----------------------------------|
| 1 | Computer Table                    |
| 1 | Computer with Printer             |
| 1 | Chair for Table                   |
| 1 | Utility Table or Cart with wheels |
| 2 | Four-Drawer File Cabinets         |
| 2 | Chairs                            |
| 1 | Magazine Rack                     |

#### IX. SPECIAL CONSIDERATIONS

- Built-in Cabinetry

A. Built-in work counter

Storage Area

Built-in, standard base cabinet, with plastic laminate countertop, 8' long x 36" high x 24" deep. Cabinets above with adjustable shelving and lockable doors.

B. Built-in Instructional Aids

16 linear feet of whiteboard in each classroom. One 4 x 4 on each end of the whiteboard.

16 linear feet of tackboard on wall opposite whiteboard.

A. V. Screen, 60" x 80" NTSC Format, mounted above whiteboard.

4 ft. x 4 ft. Tackboard in Teacher Planning.