

Smart Snacks Product Calculator Results

Brand:

Benefit- J&J Snack

Product Name:

Sugar Cookie Dough RF

Serving Size:

52.00 g

First Ingredient:

Wheat Flour Blend

Your whole grain product meets all nutrient standards for entrees or snack foods.

Nutrition Facts

Serving Size 52.00 g ⓘ

Servings Per Container

Amount Per Serving

Calories 190

Total Fat (g) 6

Saturated Fat (g) 2

Trans Fat (g) 0

Sodium (mg) 200

Carbohydrates

Total Sugars (g) 17

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.



NUTRITION OUTPUT FORM

ITEM NUMBER: 14925

ITEM DESCRIPTION: : BENEFIT WHOLE GRAIN GOLDEN SUGAR COOKIE DOUGH - 1.85OZ/192

Nutrition Facts	
192 servings per container	
Serving size	1 cookie (52g)
Amount per serving	
Calories	190
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 200mg	9%
Total Carbohydrate 34g	12%
Dietary Fiber 4g	14%
Total Sugars 17g	
Includes 16g Added Sugars	32%
Protein 3g	
Vitamin D 0.1mcg	0%
Calcium 20mg	2%
Iron 1.2mg	6%
Potassium 70mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

100g NUTRITIONAL	
Basic Components	
Calories (kcal)	368.798
Calories from SatFat (kcal)	35.929
Protein (g)	5.169
Carbohydrates (g)	65.978
Dietary Fiber (2016) (g)	6.886
Total Sugars (g)	31.851
Added Sugar (g)	31.006
Fat (g)	11.440
Saturated Fat (g)	3.992
Mono Fat (g)	4.233
Poly Fat (g)	2.027
Trans Fatty Acid (g)	0.160
Cholesterol (mg)	33.698
Water (g)	15.303
Ash (g)	1.309
Vitamins	
Vitamin A - RAE (mcg)	0
Vitamin C (mg)	0.019
Vitamin D - IU (IU)	5.093
Vitamin D - mcg (mcg)	0.128
Minerals	
Calcium (mg)	33.574
Iron (mg)	2.379
Potassium (mg)	128.802
Sodium (mg)	383.418

INGREDIENTS: WHEAT FLOUR BLEND (ENRICHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE WHEAT FLOUR), SUGAR, EGGS, VEGETABLE SHORTENING (CANOLA OIL, PALM OIL, MONO AND DIGLYCERIDES), OATS, CREAM CHEESE (PASTEURIZED MILK AND CREAM, CHEESE CULTURE, SALT, CAROB BEAN GUM), BUTTER MARGARINE BLEND (BUTTER [CREAM, SALT], PALM OIL, SOYBEAN OIL, WATER, SALT, NATURAL FLAVOR, VEGETABLE MONO AND DIGLYCERIDES, ANNATTO EXTRACT [COLOR], VITAMIN A PALMITATE), WHEAT STARCH-MODIFIED, INULIN, CONTAINS 2% OR LESS OF THE FOLLOWING: NATURAL FLAVOR, WATER, DAIRY BLEND (WHEY, SODIUM CASEINATE, NONFAT DRY MILK, SOY LECITHIN, CALCIUM PHOSPHATE, CALCIUM OXIDE), LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, CALCIUM CARBONATE), SALT, SOY LECITHIN.

CONTAINS EGG, MILK, SOY, WHEAT.

CONTAINS A BIOENGINEERED FOOD INGREDIENT.

LAST MODIFIED: 12.07.22

MODIFIED BY: Jenna Berghof

DOCUMENT REVISION #: O



NUTRITION OUTPUT FORM

ITEM NUMBER: 14925

ITEM DESCRIPTION: : BENEFIT WHOLE GRAIN GOLDEN SUGAR COOKIE DOUGH - 1.85OZ/192

Child Nutrition Statement:

The listed serving size contains 20.52 creditable grains of which 10.48 are whole grains. This provides 1.25 servings of breads/grains under the Child Nutrition Program using the 16g calculator.

Product Specifications:

UPC	SCC/GTIN	Case	Pack
024497149257	00024497149257	192	1.85

Case Dimensions					
Case Length	Case Width	Case Height	Case Cube	Net Weight (Lbs)	Gross Weight (Lbs)
20.19	9.06	6	0.64	22.2	23.2

Pallet Dimensions		
Pallet Tier	Pallet High	Pallet Count
10	8	80

Storage/ Handling:

Keep Frozen (0° F or below). Shelf life up to one year when stored properly.

Preparation Instruction:

Baking / Handling Instructions: [1] Separate cookies while in frozen state. [2] Place (3 x 5) on standard lined sheet (bun) pan. [3] Bake immediately in preheated oven approx. 11-14 min: Convection oven: 310°F (155°C) Rack oven: 360°F (180°C) Reel oven: 380°F (195°C) Deck oven: 330°F (165°C) [4] Cool at room temperature.

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