

Smart Snacks Product Calculator Results

Brand:
Welch's

Product Name:
Mixed Fruit Fruit Snacks

Serving Size:
44.00 g

First Ingredient:
Fruit Puree

Your fruit product meets all nutrient
standards for entrees or snack foods.

Nutrition Facts

Serving Size 44.00 g ⓘ

Servings Per Container

Amount Per Serving

Calories 130

Total Fat (g) 0

Saturated Fat (g) 0

Trans Fat (g) 0

Sodium (mg) 15

Carbohydrates

Total Sugars (g) 15

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.



Servings Size 1 pouch (44 g)
Serving Per Container 1

Amount per serving

Calories 130

% Daily Value*

Total Fat 0g **0%**

Sodium 15mg **1%**

Total Carbohydrate 32g **12%**

Dietary Fiber 3g **11%**

Total Sugars 15g

Includes 11g Added Sugars **22%**

Protein 2g

Vitamin A 440mcg **50%**

Vitamin C 44mg **50%**

Vitamin E 7.3mg **50%**

Not a significant source of saturated fat, trans fat, cholesterol, vitamin D, calcium, iron, and potassium.

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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Item: WELCH'S® Mixed Fruit Snacks with Fiber 1.55 oz (44 g)

INGREDIENTS

Fruit puree (grape, peach, orange, strawberry, and raspberry), water, corn syrup, sugar, chicory root extract, modified corn starch, gelatin, concord grape juice from concentrate, citric acid, lactic acid, ascorbic acid(vitamin C), natural and artificial flavors, alpha tocopherol acetate (vitamin E), vitamin A palmitate, sodium citrate, coconut oil, carnauba wax, annatto (color), turmeric (color), red 40, and blue 1.

NUTRITION FACTS

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RECOMMENDED STORAGE CONDITIONS: 65° - 75° F, 45-55% RH

SHELF LIFE: 1 year