

Smart Snacks Product Calculator Results

Brand:
DeConna

Product Name:
Vanilla LF Ice Cream Cup

Serving Size:
51.00 g

First Ingredient:
Milk

Your non-beverage dairy product meets all nutrient standards for entrees or snack foods.

Nutrition Facts

Serving Size 51.00 g 

Servings Per Container

Amount Per Serving

Calories 80

Total Fat (g) 1

Saturated Fat (g) 0.5

Trans Fat (g) 0

Sodium (mg) 50

Carbohydrates

Total Sugars (g) 11

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.

3 oz. Low Fat Vanilla Cup-DEC451



INGREDIENTS: MILK, NONFAT MILK, LIQUID SUGAR (SUGAR, WATER), CORN SYRUP, WHEY, MALTODEXTRIN, MONO & DIGLYCERIDES, NATURAL AND ARTIFICIAL VANILLA FLAVOR, GUAR GUM, CELLULOSE GUM, CARRAGEENAN, VITAMIN A PALMITATE

CONTAINS: MILK

Nutrition Facts

1 servings per container
Serving size 3 Fl. Oz. (51g)

Amount per serving
Calories 80

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 50mg	2%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	0%
Total Sugars 11g	
Includes 6g Added Sugars	12%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 83mg	6%
Iron 0mg	0%
Potassium 129mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.