

# 34 Years of Program Excellence

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#### To Our Sponsors:

It is our pleasure to compile and distribute the Executive Internship Program newsletter for the 2007-2008 school year. The entries in this newsletter have been developed by the high school interns who participated in the Executive Internship Program throughout the school year.

This school year has been very successful for all involved. We would personally like to thank all of our wonderfully supportive sponsors for taking the time to teach these students what professional life is really all about. There is no greater challenge than to face the unknown, and these students have all taken that risk and grown from the experience.

As always, the Executive Internship Program coordinators thank you for your continued support and for the meaningful experiences that you allow our students. We know how much of a responsibility it is to have an intern, and we are greatly appreciative that you are willing to take the time to enable students to experience the professional setting. We look forward to successful and exciting semesters to come.

Dr. Mary C. Black, Program Coordinator Mrs. Sandra T. Irvin, Program Coordinator Mrs. Diane N. Lops, Program Coordinator http://it.pinellas.k12.fl.us/schools/eip/index.html Experience is the key.

# Executive Internship Program A Dual Credit, Experiential Education Success

The Executive Internship Program was introduced into Pinellas County high schools in 1974. Today, the Executive Internship Program is affiliated with a national organization of experiential education programs and has been nationally recognized as a model program by the U.S. School-to-Work office. Over 6,000 students in Pinellas County have participated in the program.

The program represents a unique blending of the business community, the local junior college and the public schools. It is available to eligible high school students during their senior year. The students spend an average of 10 - 15 hours a week working with a professional at decision-making levels in their future career field. Students are not paid by their sponsors, but they do receive high school elective credit and college credit from St. Petersburg College for their participation. The serious educational nature of the program requires that interns maintain analytical logs of their activities; participate in seminars; prepare college-level coursework and presentations demonstrating what they have learned during the internship; and submit a program evaluation.

Internship placements include but are not limited to:

Law **Banking** Engineering Dentistry Computers **Public Relations** Business Government/Politics Medicine Law Enforcement Fire and Rescue Architecture Advertising Social Services Environmental Marine Science Communications Accounting Education Cultural Physical Therapy Media Productions Veterinary Medicine Archeology

# **FALL 2007**

#### **Boca Ciega High School**

With the facilitation of Linda Steward, Manager of the Cardiovascular Intensive Care Unit at St. Anthony's Hospital, Mehnaz Tanisha learned that it is a very complex professional task to maintain and balance a full unit. There is a lot of coordination and management involved in being in such high standardized position and gathering information accurately about the staff and the patients. Mehnaz noticed that nurses and management have specific jobs. For example, Linda Weaver, a well qualified Registered Nurse does her challenging duty and seeks patient care every minute she's on the job. Mehnaz also assisted and shadowed various doctors of different fields at a surgical location. She found the cardiovascular unit intense yet thrilling at the same time. Mehnaz's experienced has influenced her to be persistent in the medical career field and to

study in the cardiac field of medicine.

#### **Clearwater High School**

**Ashley Mooney** interned at Northside Hospital and **Heart Institute with the Neurology Physicians** and Neurology Team. Assisted in her internship placement by Kathy Jacobs, Director of Medical Education. Ashley was able to experience the field of neurology and determine her career goals. Ashley indicated that she would pursue a career in neuroscience and psychiatry.

#### **Countryside High School**

With Adrienne Davis,
Publisher of Baby &
Maternity Magazine
(BAMM), as her guide,
Stephanie Bough was
brought quickly into the
field of print journalism.
Stephanie quickly learned
that here is more beyond
the words and paper.
Stephanie researched

articles, attended photo shoots, created a Tampa Bay area doctors list for magazine distribution, and helped edit and find photos

for articles. Finding that there is a great amount of time and devotion required for print journalism, Stephanie remains greatly motivated towards this career.

At the **Ptak Neuroscience** and Orthopedic Pavilion, **Alexander Breslin** was sponsored by Jo Simpson, Manager of the **Neuroscience clinic**. Alex has witnesses a craniotomy where a woman had a tumor found to be a malignant melanoma removed from her left temporal lobe in her brain. Under the guidance of Neurosurgeon George Gade. Alex learned a lot about the brain and its functions. Awed in amazement by all the precautions to minimize complications, the surgery took a mere seven hours and gave Alex an experience that he'll never forget, and he finally was

convinced that Neurosurgery is what he wants to pursue in the future.

Over the fall semester at **Delectables Fine** Catering, Ashlie Diggs became more comfortable with her surroundings. She worked hard with **Executive Chefs and Owners Jeff Simpson and Nick Adams and Executive Sous Chef,** Joey R. Tocci to learn as much as possible. Some typical activities she performed were garnishing desserts and helping with fruit trays and working with cold foods with Sous Chef Martin and observing preparation of hot foods with Sous Chef Brian. Ashlie was able to participate in a tasting at Delectables which was exciting to be a part of. Ashlie experienced how everything comes together and then saw how much people loved their food. Ashlie learned many life lessons while at her internship: the biggest lesson was that she felt she had to prove to herself that she could become a chef. There are not very many women chefs, and it takes a certain kind of person, who is a little rough around the edges, to do such a difficult job. Being a chef requires long hours

in a hot kitchen and almost nonstop cooking. Ashlie has truly found her passion, and she knows it will not be easy, but she is willing to work for what she wants. Ashlie also wanted to thank Laurie Simpson, Catering Director for helping in her placement at Delectables.

**Edward Johnstone** has learned a lot about pharmacy through his internship at Walgreen's **Pharmacy**. He obtained a knowledge of what it really takes to become a retail pharmacist. Working with senior technicians, Kaliope Tsirogiannis and Scott Murray, Edward learned the basic pharmacy knowledge needed to become a successful pharmacy employee. **Pharmacists Jav** Rothestein, Emad Yousef, Tei Patel, and Norma Fraser have taught him the pharmacist duties and shown him the requirements necessary to become a licensed pharmacist. However, he has decided to pursue a career down a different path; maybe medical or

While working for the Clearwater Marine Aquarium, Tayler Kijanka, realized it wasn't as easy as it seemed to run

business.

such a place. Working under the supervision of Joe Malo or Kathy Llovd, Tayler had claimed, "There is a lot of behind the scenes work, that the public doesn't realize what goes on. It's amazing to see how much commitment every volunteer and staff has to each and every single animal." It's immaculate what opportunities kids have these days to get an advance on what they believe they would like to do for a career in the future. These kids work hard for what they have and they deserve it. After being interviewed on the internship itself and how it has influenced her, she left it on a good note with "It's been an amazing experience, it's sad that it's ending, but I know in the end this will give me an advantage, and I will never forget what gave me my start."

Alexandra Lehr interned at Sports and Orthopedic Rehab Team (SPORT) alongside Melissa Riba. Lehr distinguished most aspects of a physical therapist's job. She found that there is a great deal of physical work and diagnostic/analytical skills involved with this profession. Along with Melissa Riba, Alex also

observed Blaire Arnold and Craig Strodel. She assisted at SPORT by cleaning gym equipment and with the usual up-keep of the gym. Observing PTs and patients gave her vast insights on what orthopedic physical therapy is all about. Alex feels this profession is significantly captivating and hopes this internship has convinced her of a possible future career in physical therapy.

Emma Linkfield has spent time interning with Kara Hamilton and Terri Rodimer, she has learned how hard working in a marketing environment really is. Emma has put in long hours with a great outcome, she recently was able to help put together advertising packets to send out to help bring in revenue. At Dagwood's Sandwich Shoppe **Headquarters** Emma has interned with Kate Bernstein, together they have learned what hard work it takes to spread the word about new shoppes.

Catherine LoCicero interned at the Morton Plant Hospital Nursery. She was led under the guidance of many nurses but mainly Amy Zinke helped her the most. Catherine discovered that

nursing even little newborn babies was hard. She learned and helped assess, change, and feed the babies in the nursery. She also learned how to file and help assist the new moms. She enjoyed the internship very much and would like to one day be a nurse.

Interning at the **Clearwater Marine** Aquarium under the supervision of Joe Malo, **Shelley Mitchell** has discovered how unique the marine biology field is, because your task can change from educating the public to helping an animal in need. There are countless ways of how you can educate the public, all of which must be interesting. Hands-on objects or animals are the best way to keep people interested, from stingrays to baleens. Although marine biology isn't all fun and games, it is an extremely exciting, constantly changing field that Shelley strives for career in.

Rebecca Morales
practically lived at her
intern site, Pinellas
Suncoast Transit
Authority (PSTA). Her
sponsor, Janet Recca,
gave her creative freedom
when it came to choosing

her goals, much to Rebecca's joy and despair. She set up goal after goal, from flyers all the way to a promotional goodie bags. Luckily, she also received much guidance from the two graphic artists which she worked closely to, Liselle Bailey and Ryan Wakefield. In fact, the whole marketing department welcomed her in to their group with open arms. With her imaginative mind, graphic software at her finger tips, and a few Photoshop tutorial websites, the sky was truly the limit. The whole experience re-enforced that was the right career choice for her. She now feels prepared to take on New College's graphics program.

Under the guidance of **Mr**. Gregory, Thacker, **Assistant State Attorney,** Sean Osorio learned what it is like to be a state attorney. He watched trials and assisted Mr. Thacker with his pre-trials and VOP's. After his internship experience, Sean is not sure if law is the right career field for him. His internship has been a wonderful and enjoyable learning experience, though, and Sean is very grateful for the opportunities and

experiences provided to him by Mr. Thacker.

While observing and assisting Dr. Joel Murphy of The Animal and Bird **Medical Center of Palm** Harbor, Danae Perry learned what it is like to be a veterinarian. She learned that veterinary medicine is a very fast paced career. Veterinarians have to be ready for anything and must make very important decisions. She found avian surgeries fascinating, and enjoyed seeing animals recover and come back to visit. Interning for Dr. Murphy has established veterinary medicine as a definite career path for Danae.

#### **Dixie Hollins High School**

**Amanda Ennis** has become more aware of everything that goes on behind the scene of an animal hospital through her internship at Avian and Animal Hospital of Bardmoor. Overseen by Debbie Walker, Lead **Technician**, Amanda has done and seen things that she would never have imagined. She has been able to look at blood and fecal samples to try to determine what kind of animal it was and if it had a parasite of any kind.

Amanda was able to watch the staff take x-rays and she was lucky enough to learn how to develop them herself. She also has had the chance to see many different and unique animals and to observe a number of surgeries and procedures. Through Amanda's experience, she has decided that veterinary medicine is probably not the career field she wants to be in. She loves animals but hates to see them in pain or distress.

Lourdie Joseph was an intern at the State **Attorney's Office** under the supervision of Maria Miaoulis. Assistant Attorney. She learned a lot about the criminal justice field while interning there. Maria was very helpful as she always included Lourdie in all of her conversations and even asked what her thoughts were on the cases that were going on in her division. She made Lourdie felt like an equal and treated her respectfully. While at the State Attorney's Office Lourdie went to courtrooms and watched trials. Those trials and along with the judges helped her made up her mind about whether or not this career field would be a good match for her.

Alexandra Param interned with Ms. Michele Betz, fourth grade teacher at Rawlings Elementary School, which has a reading and writing focus.

#### **Dunedin High School**

Interning under Mark Thatcher of CAE, Erich Boegershausen was able to expand his knowledge and understanding of the computer world at a business level. Erich was able to work with many computer specialists in various fields. He would learn programming one day and troubleshooting the next. Erich was even allowed to ride one of the simulator's which was a product of CAE's. The experience he has gained throughout the internship has strengthened his decision to have a career in computers.

While an intern in the Emergency Room at Morton Plant Mease Hospital, supervised by Karin Williams, Manager of Volunteer Services, Anya Cavalier learned about many procedures, diseases, and ailments. Anya encountered many different patients with a variety of illnesses and

injuries. She observed many symptoms and several procedures. Anya helped with making splints, witnessed suturing, and over all patient care and comfort. This experience gave Anya the confidence to persist in the career path she had previously chosen as a Nurse Practitioner.

With the supervision of Dr. Ronald H. Copenhaver at the Bay Center for Jaw Surgery, Jennifer Maready realized the importance of oral and maxillofacial surgery has on a patients smile. Jennifer observed first hand wisdom extractions, implants and jaw surgery. She also learned to take x-rays, sterilize and prep for surgeries, and assist in breathing techniques of patients under station by clearing the air ways in holding the head back. Jennifer had experienced exciting surgeries such as reconstructing joints of a patient hit by a drunk driver and complete extractions of the mouth with implants replacing the extracted teeth. Jennifer relates her experience to her personal motto of "making a difference in every smile is a smile back on you." With the valuable information she

received at her internship, Jennifer plans to continue her education and proceed in a career in the dental field.

While interning with Karen Turner, the **Guidance Counselor** at **Dunedin Elementary** School, Morgan **Schmoyer** found the joys of teaching students. Morgan experienced the rewards of being a role model to young students. She was given the opportunity to educate classes on establishing healthy relationships with peers and adults, and she constructed an entire lesson on bullying to present to kindergarten classes. Morgan found the educational environment exciting and extremely rewarding. Morgan's experience has assured her that a career in education is her goal.

While working with **Dr.Hernandez** at **Innovision** in Palm Harbor, **Libby Stidham** realized that being an Optometrist really takes a lot of knowledge and hard work. A lot of the knowledge included knowing how to measure the patient's eye and to know the patient's exact prescription. Libby worked with the staff. **Tricia** 

Trippiccio, Stacy Dutilly, Optician, and Shav Carlson, Doctor's technician. She worked with the Compulink computer system to add patient's appointments, order contacts and to test the patients for their prescription and glaucoma test. She assisted the staff in completing old charts that needed to be filed and organized. Libby found the glaucoma test most interesting and loved to test patients. Libby's experience convinced her that a career in Optometry is the future for her."

Jalisa Stone completed her semester interning with Dunedin High School's Athletic Trainer, Melody Grenelle. Jalisa enjoyed her time with Melody, and Jalisa plans to learn more about becoming an Athletic Trainer as she sees it as a viable option for her future.

#### **East Lake High School**

While interning at the Clearwater Marine Aqaurium, and under the watchful eye of Joe Malo and Jess Werner, Kelsey Griffin learned a lot about the many different aspects of the career field she planned to get into and the hard work it demands.

Kelsey made new connections to the real world and shadowed professionals executing their jobs with precision. She helped give tours and voice the many negative effects of polluting. Kelsey's internship at the Clearwater Marine Aquarium has taught her that animal training and rehab is her goal.

Bethanni Lochran interned at Cloverplace Family Medicine under the guidance of Dr. James E. Burnett. While working at the practice, Bethanni learned how to work an E.K.G. She has also learned how to fill out forms in order to send patients for Labs. She is learned the day to day operation of the office. This experience has encouraged her to get a minor in office management along with her Bachelor in Science and Medicine. She found the experience to be highly enlightening & it has reinforced her goal of becoming an Osteopathic physician.

Under the advice and guidance of **Dr. Jeremy Albert of Albert Family Orthodontics, Nick Price**admired how much fun being an orthodontist can be. Although there is a lot

of hard work and ambition required in almost everything you must do to become an orthodontist, you must also maintain those accomplishments. Nick observed Jeremy Albert consult with patients and evaluate and do procedures on patients. Nick has had so much fun learning and absorbing all the new information. He found all the different kinds of tools to be a little overwhelming. Nick's experience, however, has sent his mind onto a dead set course on becoming an Orthodontist.

Dr. Johnny Johnson Jr. took George Tabib under his wing at his **Pediatric Dental Office** and George discovered that being a dentist is what he wants to do in the future. The Dental Office was a very pleasant environment. George observed many procedures and watched Dr. Johnny Johnson Jr.'s every move. He learned how to read dental x-rays and help the dental assistants set their stations up with tools. He found dentistry fascinating. George's experience has convinced him that a career in dentistry is his goal.

During his internship under the wing of

Orthodontist, Dr. Alex Johnson, AJ Wonderling found much insight into his profession while at the Cornerstone **Orthodontist Office**. His hard work and dedication shone as he oversaw many procedures and put in a lot of hours during his packed schedule. His favorite part was being able to interact with patients. It wasn't just the patient interaction he enjoyed; it was also the scientific knowledge and specifics about the profession that really enhanced his internship. He is now applying to colleges and getting back many acceptances and scholarships thanks to the **Executive Internship** Program. The insight he has gained has helped him immensely in his career decision, and he is looking forward to beginning his journey. Through his internship in orthodontics, AJ learned something very important, "Braces don't just straighten teeth; they make people smile."

#### **Gibbs High School**

There were no participants from **Gibbs High School** for the all 2007-2008 semester.

#### **Lakewood High School**

Under the supervision of **Natalie Crozier**, Assistant State Attorney, in the Office of the State Attorney, Sixth Judicial District, Carlyn McDowell had the opportunity to sit in at trials, and observe the legal processes. She learned something new every day, and multiplied her knowledge since she started the internship. Although being an attorney is a lot of hard work, Carlyn and her sponsor, Ms. Crozier, worked well together and had a lot of fun doing it. Besides just observing trials, advisories, etc., Carlyn had some hands on experience by filing paperwork, taking notes on cases, and providing factual basis and evidence for Natalie's upcoming trials. She really felt like she was behind the scenes at the internship. This experience had a huge impact on Carlyn's decision, and it became clear to her, that she without a doubt, wanted to become a State Attorney. There was nothing that she enjoyed more than being an intern, and she hopes that one day, she has the opportunity to influence a high school student, as much as Natalie Crozier did.

#### **Largo High School**

Aida Basic had a great internship at Northside **Hospital in the Physical Therapy Department.** With the supervision of Kathy Jacobs, Aida got to work closely with Pierre Stevenson and Christina **Gardner** in the outpatient department and with Jeanette Dunham in inpatient. Aida was able to observe patients, hear about their injuries, learn medical terms, and see first hand the best techniques for treating each different case. She got a great insight of the career and realized that she in fact would like to pursue her goal of becoming a physical therapist.

While interning at **Sun Coat Hospital Kyrstin Lapinski** had the privilege of working with such professionals as **Jeffrey** Fleming the Director of Pharmacy, Thomas **Castillenti the Medical Director at the Center for** Wound Care, and Lana Carriere RN Director of **Emergency and Medical** Surgical Services in the **ER.** Her rotations helped her to obtain an understanding of the different medical fields and careers available to

her. Kyrstin had the privilege of observing patient care, surgeries, as well an autopsy while working in Wound Care. She assisted Sun Coast Hospitals Pharmacy by making G.I Cocktails and helping return expired drugs to Cardinal Drug System. She also assisted the Emergency Room by stamping patient charts, making beds, and running lab work. She found working with Sun Coast's nurses rewarding and although her original career interest was pharmaceutical, her rotations have made her consider a wider range of career options including nursing,

While working with **Erin** Whittemore, Assistant State Attorney at the **State Attorney's Office**, Drew Levine gained experiences associated with the duties of an assistant state attorney. It takes a lot of dedication to work on cases. She experienced office work, court arguments, and legal researching. She learned how to prep calendars, and what the abbreviations for legal terms are. Drew saw assistants. Erin Whittemore and **Maria** Miaoulis, prosecute in a battery trial; she also got the opportunity to see

baker courts with Maria Miaoulis, and she learned about the procedure of dictations. She found closing arguments very interesting. Drew's experience made her realize that a career in the criminal law profession would be ideal for her.

Under the guidance of Andrew Miller, RPh. of CVS Pharmacy, Jordan Medlin realized how much hard work goes into being a pharmacist. A retail pharmacist puts in long hours and has to satisfy customers as well. Jordan was able to work with other pharmacist too, such as James Moore and Julie Cosmello. Michael Hayes, Lead Technician, was an appreciated facilitator for Jordan also. Through this internship Jordan was able to gain a lot of knowledge that will help her in future schooling. She learned how to read prescription sig codes, type out prescriptions, and other valuable things about different drugs. This experience will greatly benefit Jordan Medlin and she is now certain that retail pharmacy is the career she will pursue.

#### **Northeast High School**

As a student intern for Karen Hancock, Pharmacy Manager at St. Anthony's Hospital, Whitney Everett had an introduction to the field of medicine. Whitney kept her eyes on the many different pharmacists as they showed their devotion and appreciation for patients and medicine. Whitney observed as Aprilla Worthy arranged IV's for the patients and questioned Aprilla as she arranged them. There were many times when Whitney went with Peggy Robinson, a technician, to do medicine rounds. Whitney followed and discovered how medicines are stored into a Pyxis machine. Jennifer **DiStrito** has also taken an admirable role in Whitney's internship as she provided knowledge of what a pharmacist does on the floors with patients. She even gathered that pharmacist do more than just handle medicine; they also have paperwork to complete. Whitney assisted Duangduan Geeratisoontorn numerous times with inputting data into a Microsoft Excel Spreadsheet. Whitney's

internship has brought her to the understanding that a

career in pharmacology is what her heart longs for.

#### Osceola High School

Miranda Balog interned with the WPDS, the television station of the Pinellas County School Board under the supervision of Station Manager, Dave Cook and with the facilitation of Bob Anthony, and Mike Roy.

As a newcomer to the **Executive Internship** Program, Katie Bernstein didn't know what to expect of her new job in the Advertising and Marketing Department at the World Headquarters of Dagwood's Sandwich Shoppes, but Terry Rodimer, Executive Assistant to the CEO. assured her she would fit right in. She worked closely with Kara Hamilton, Director of Communications, putting together media kits, organizing contact lists, making follow-up calls, and assisting in any manner possible to ensure new Shoppe openings and VIP/Media Receptions run smoothly. Katie also worked with Karrisa Francis, Video **Productions Supervisor,** in creating "fun food facts", which were unusual

facts about food that Katie was responsible for researching. She would then have to turn them into catchy one-liners that would later be broadcasted on their daily morning news show, Dag's World. Katie had to adjust to the fast-paced style of a busy advertising department, but is confident her experiences at Dagwood's will be beneficial to her, both personally and academically in any career field she chooses to pursue.

Under the guidance of Jennifer Kelley of **Pinellas Park** Elementary, Nicole Colavita discovered that being a kindergarten teacher wasn't as easy as it looked. There is a lot more to teaching kindergarten than just the ABC's and 123's. Nicole worked weekly with different groups of students in "strategy groups," focusing on different subjects for each group, depending on that group's weaknesses, and then rotated them on the different computer programs that specialize in those topics, like rhyming. Nicole learned that along with actually teaching, you have to be able tolerate the baby-like actions that the kindergarteners still have. Nicole's experience has

convinced her that a career in teaching is her goal.

With the supervision of **Dennis Lake, Pharmacy Manager of CVS** Pharmacy, Kayla Jindra found out that being a pharmacist is a demanding, yet very rewarding career. There is a great deal of hard work and time to put in overall, but in the end is very much worth the effort. There is more to filling prescriptions then you'd think. Kayla had the chance to take hard copies from patients, type them, print labels, count medication, and fill/label the vials. She found that the process is constantly repeated and takes much efficiency so that mistakes are not made. The final step is for the pharmacist to verify that you filled the prescription correctly and is ready to be bagged and sent out to the filing bins. Kayla's overall experience has helped in her final decision to go to pharmacy school to pursue her career. She can't wait to start! Through her internship, Kayla, who began as a Pharmacy Service Assistant (PSA), was able to progress to a Certified Pharmacy Assistant.

#### Palm Harbor University High School

During first semester of his senior year Matthew **Azarian** interned at the **Helen Ellis Memorial Hospital** in the main operating room, and the outpatient care center, under the direction of **Erin** Possert, RN. While working in both of these centers the employees were extremely kind. From showing and explaining procedures to laughing and joking, the staff really made Matt feel welcome and a part of the team. As a seventeen year old, he would never have expected to be able to watch a surgery such as an amputation, but he often got many incredible opportunities like that. Not only was he internship an experience he won't soon never forget, it also showed him he would be able to withstand the pressure of the job.

With the help of Lisa
Brock of Brock
Communications, Elayna
Bachman had the
wonderful opportunity to
get a birds eye view of
public relations. Working
closely with Account
Executive,
Danielle Macaluso,
Elayna learned how to
produce media alerts and

deal with unorganized businesses. She helped with creating clip reports and practiced confidence and expressed it while working the phones. Elayna's time with Brock Communications has helped her see that she definitely wants to continue along the public relations path.

At Helen Ellis Memorial Hospital, Erin Possert, R. N. and the staff in the Emergency Room guided Marissa Cheer and gave her a peek at what is to come in her future. The staff was so helpful in teaching Marissa some of the important facts about a career in medicine. This internship has taught her how to be a professional. It has also taught her to be responsible, more outgoing, and has encouraged her to guide her own way without the dependence of someone else. Marissa has watched every procedure from blood drawing to catheterization. While she watched the nurses perform the procedures, she learned how to interact with the patients as well. Even after all these wonderful experiences, thanks to the doctors in OR, she even got a chance of a lifetime to witness an amputation of the leg in

the operating room.
Furthermore, thanks to all of the helpful staff,
Marissa was able to learn and experience the career of medicine first hand, and because of this program, she can now look towards her dream of becoming a doctor

With the supervision of **Anne Schreiner, Diabetes Educator at Morton** Plant Mease Hospital, Kimberly Clark saw all aspects of what a dietitian really does. Kimberly met with many different types of dietitians, among them **Diana Thorton and Lori** Herold. These women demonstrated inpatient and outpatient nutrition as well as sports nutrition. Kimberly also was assigned a project which required her to live life as a diabetic for five days. During this time, she had to check her blood sugars daily, follow a certain meal plan and exercise as prescribed. She learned that there are many different types of dietetics and nutrition and not every way fits one person as it might the other. Kimberly's internship really made her look into becoming a dietitian in the future.

Under the supervision of Erin Possert, RN, BSN,

ONC, at Helen Ellis Memorial Hospital, Brianna Green came to the realization that working in the health care field takes a strong stomach. There is a lot of blood and bodily fluids that are seen on a regular basis. Brianna observed vaginal births and Cesarean sections while interning in the OB department. She loved the experience of seeing babies being brought into this world and would definitely consider a career in the field of neonatology.

While spending time this semester with **Kelly** Webb, Certified Athletic **Trainer with Morton Plant Mease Sports** Medicine Clinic, Sheri Guzell learned an immense amount of new useful information. Not only did she utilize Kelly Webb's experience to improve her knowledge of the field, but she has also confidently decided to become an Athletic Trainer and follow in the footsteps of Kelly Webb. Sheri found the whole career fascinating and a fun way to spend her working hours. Kelly allowed her to participate in rehabbing and stretching the athletes to name a few activities which gave her a more hands on experience.

Tyler Jacobs, production intern at Ruth Eckerd Hall. was under the direction of Ian Beck and Dustin Adams. In the Murray Studio Theater, Tyler worked with artists and acted as the lighting designer for multiple shows. On the main stage, he worked with other stagehands and set the stage for large productions. One of his favorite times was working the Chris Daughtry concert. He also enjoyed the catering for all of the large shows. As a future stagehand and lighting designer, Tyler received a great deal of experience to help him reach his goals.

Under close supervision of all Helen Ellis Memorial staff, Chelsev Lopez was in many different departments during the semester she interned at the hospital. She saw plenty of C-sections, surgeries, and even witnessed a Code Blue (cardiac arrest). If it weren't for Erin Possert, R.N., Coordinator of Clinical Education at Helen Ellis, none of this would have been possible. Erin was there to help everyone find their way around the hospital and fix problems. Chelsey changed her mind about

her location at the hospital plenty of times. Erin had no problem with changing the schedule around. Thanks to Erin's positive attitude towards everything, Chelsey has finally narrowed her career choices down to being in OB or being a surgical tech. She is now excited about attending St. Petersburg College, and getting into their nursing program. Chelsey would like to thank Mrs. Diane Lops, Erin Possert, and all of the staff at Helen Ellis, for making her dreams come true.

While interning with Carolyne Moomaw, **Assistant State Attorney,** Office of the State Attorney, Antonella Makdessi discovered that the duties of an assistant state attorney were different than she expected. There were plenty of files to go through and there was constant stress over numerous cases. Antonella was able to assist the Attorneys in completing paperwork in misdemeanor cases and reviewing DUI videos. Antonella was able to watch Erin McKenney and Alexis Upton prosecute in court and also observe Carolyne Moomaw during pretrials. Antonella found all of the

different cases interesting and feels this experience has opened up criminal law as a possible career field in her future.

As an intern of **James Angle**, Fire Chief of the **Palm Harbor Fire** Department, Andrew **Martin** learned what it really means to be a firefighter. A firefighter may seem like someone who just puts out fires all day. In actuality, it is a job requiring a lot of physical and mental strength. Andrew also got the opportunity to help educate the public in fire safety. He learned that team work is important to the safety of both the individual and other firefighters. Through this internship **Andrew** confirmed that he really wants to pursue firefighting as a career.

Under the guidance of Erin Possert, R.N. of Helen Ellis Memorial Hospital, Julie Millard observed in both the Radiology and Emergency Care Departments. She observed the staff to learn, and assisted them sometimes by making a bed or getting a thermometer when needed. Once in the ER, Julie helped the staff take off a patient's shoes. She knew it was a simple task, but she

felt important. Julie's experience convinced her that a career in Radiology is not what she wants. Maybe an ER doctor will be a part of her future, though.

Under the supervision of much of the hospital staff at Helen Ellis Memorial Hospital, Megan Montagno realized what it takes to be successful in the medical field. To be involved in any part of patient care, you need stamina, street and book smarts to assist in making decisions and cutting edge procedures. Megan was gracefully guided by supervisors such as **Amy Scheffler** in radiology and Kathy Schulz in the main operating room. Only being able to observe, Megan has certainly learned many valuable things about the medical field. Her experiences at **HEMH** have left no doubt in Megan's mind that medicine is the career for her.

While observing and assisting Karen Bolle of Helen Ellis Memorial Hospital Women's Center and Delivery, Monica Nicola discovered that being an OB/GYN RN involves a lot more work than she expected. Monica would soon find out how

patient you had to be to work in that department. But, that wasn't the only job she was able to observe. Monica was able to rotate around the hospital. She experienced many fields including OB/GYN and ER. She also got to experience the operating room and learned the roles of a medical student intern. Monica's experience has definitely showed her a lot of new opportunities, and she is now certain that she wants to work in the medical field.

After interning with Michele Reynolds, one of **Palm Harbor Elementary** School's kindergarten teachers, Katelin Passmore was given wonderful opportunity, insight, and experience. Children at such a young age must be surrounded with positivity, as well as provided with excessive amounts of attention and care. Seeing the amount of patience needed in this career, Katelin started to reconsider her goal of pursuing this profession. However, after experiencing the children's love, joy, and the many other rewards when becoming a teacher, she has been convinced that teaching and helping

young children is her passion in life.

While interning under the supervision of Mike Falkowski, Assistant State Attorney at the **Sixth Judicial District** Office of the State Attorney, Andrew Rodriguez has learned a great volume of information about the field of law. Andrew attended many trials and advisories, where he observed the inner workings of each. He witnessed how the judges and attorneys performed in the courtroom and the process each trial must go through. Andrew also assisted his ASA with a number of tasks and observed him during his normal work day. Andrew thoroughly enjoyed his significant experience with the State Attorney's Office but, doesn't think a career in law is right for him at this time.

# Pinellas Park High School

During Shannon Ingall's time at Northside
Hospital and Heart
Institute's Pharmacy, she learned a lot from her sponsor Lori
Eskridge. Lori showed
Shannon what it really takes to make sure that

the pharmacy runs smoothly and efficiently as possible. Shannon not only worked with Lori but she also worked with several pharmacists such as LoAn Pham and James **Demmy,** who showed her how to read a prescription order, to check the patients vitals and allergies before the drug is administered, and to make sure that the dosing is correct. She also worked along side with the pharmacy technicians such as Sue Killinger and Sandy Wilson. They taught her how to read a prescription order form the pharmacist, names of different drugs, and how to work in a hospital environment as well. Shannon is certain now that she wants to be a pharmacist.

Chelsey Macko interned at Dagwood's Sandwich Shoppes International Headquarters at the Dagwood's University. Chelsey learned the work it takes to create menus and to market food products to the public. Chelsey indicated that she will pursue a career as a pastry chef in the future.

During Kelsey Sievert's internship at Skycrest Elementary Guidance Department, she had the wonderful opportunity of

shadowing **Jennifer Flory** and her fellow co-workers. Kelsey had a wonderful experience of working one on one with the children, the onsite psychologist Roxanna Santos and social worker MaryLynn **Hagedorn**. She enjoyed being a mentor to the children and participating in school activities. She helped prepare for Red Ribbon Week, helped teach classes, and was able to discover the real meaning behind working with children.

# St. Petersburg High School

**Shaun Dean** interned at

St. Anthony's Hospital's Laboratory in St. **Petersburg**. Under the direction of such leaders as Chris Navarro. **Volunteer Coordinator;** Rickie May Jones, Pharmacy Manager, and other colleagues, Shaun now has developed a greater knowledge and experience in the medical field. Every part of the laboratory plays a major part in the clockwork medical fields, may it be: Pathology, Microbiology, Chemistry, Phlebotomy, Histology, or the Blood Bank and beyond. If its one thing that has learned, it is that

every waking moment hospital personnel must think about the patients they are saving.

#### Seminole High School

While interning at **Write** Start Learning Center, **Heather Cooper**, with lots of help from Suzanne Kelly, Director, got to experience both rewarding and learning experiences. It takes a lot of patience and energy to be a preschool teacher - more than anyone could guess. Heather worked with Ms. Nycole and Ms. Tara in a three year old class room. She helped both teachers with lunch, nap, and recess times as well as helping with arts and crafts. The internship experience was amazing but Heather found that even though the job was fun and rewarding it wasn't where she would want her career to go ultimately. To be a teacher of young children you need a good immune system, something she doesn't have. Spending time with the teachers and children has shown her that teaching children is a tough job and she has now found new respect for the people who do it.

Under the supervision of **Jean Kingsbury**, Vice

President of **Programming at Big Brothers Big Sisters of** Pinellas County, Katherine Dowen went in eager and prepared to start such a wonderful learning experience. Throughout her placement she interviewed Bigs and Littles, made matches, and learned many different aspects of a nonprofit organization. She attended trainings and fundraisings and helped out with specific events around the holidays. On a Social Worker's level, Katherine learned that you have to be flexible and able to sacrifice long hours in order to get the job done. The goal of Big Brothers Big Sisters is to watch children grow and succeed with the guidance of a volunteer. She is still considering the career field, but wants to focus mainly on children. It's priceless to see the look on a satisfied child's face after just simply accomplishing your job.

With the guidance of **Denise Closterman**, a second grade teacher at **Bauder Elementary School, Melanie Frederick** discovered the many wonders of being a teacher. Although it looked fun and easy, planning lessons and working with

individual needs was a lot harder then she had expected. Melanie observed Denise planning and teaching, making sure to take elaborate notes. Later Melanie began teaching lessons regularly and getting to know the students better. She was getting the hang of being able to do all the demanding jobs as a teacher, and was realizing that becoming a teacher was a definite goal she was ready to accomplish.

Moriah Snyder interned with Assistant State Attorney Nicole M. Rose at the Sixth Judicial District Office of the State Attorney.

Under the guidance of Amelia Neal, Seventh **Grade Math Teacher at** Osceola Middle School. Cassandra Soffos was able to comprehend that the teaching career field holds more than meets the eye. Cassandra saw how methods of teaching and guiding students influence their future. She also saw how Amelia Neal's relationships with the students resulted in a more positive learning community. Cassandra saw firsthand how all the tasks and responsibilities can be overwhelming, yet rewarding. With her

experience, Cassandra sees teaching as a greater possibility for future.

During the fall semester, Kristen Stewart had the opportunity to intern with two different types of dietitians: Nan Jensen, RD, at the Pinellas **County Extension Office,** and Nadine Pazder, MS, RD, LD/N, Outpatient **Dietitian at Morton Plant Hospital**. From Nan Jensen, Kristen learned what it was like to teach community classes on nutrition. From Nadine Pazder, Kristen found out what it was like to care for people on an individual and much more complicated level. The amount of patience and compassion needed for talking with and teaching patients surprised Kristen. She sat and watched numerous appointments through which she discovered that being a dietitian requires one to be able to think critically and creatively. By the end of the semester, Kristen was certain that she would love to become a dietitian.

> Tarpon Springs High School

Shauna Bowser interned at Helen Ellis Memorial Hospital under the guidance of Erin Possert, RN, BSN, ONC, and **Coordinator of Clinical Education**. Thanks to Mandy Green, Nurse Manager of the Woman's Center, and the astonishing nurses in the Woman's Center, Shauna was able to observe and explore more that she ever expected. Some of the procedures she was able to witness were: vaginal births, Caesarian sections, circumcisions, and epidurals. This encounter was a life changing experience for Shauna. Thanks to the wonderful wisdom of the nurses, she still plans on continuing her education and life-long dream of becoming a nurse and working for an obstetrician.

side-by-side with Eva Christu, the Guidance **Counselor at Sunset Hills Elementary School.** While there she observed individual and group counseling of all different students and situations. She assisted in the guidance counselor's daily tasks, as well as promoted the school's character skills. Jennifer has learned how to successfully counsel groups of students. Her experience has helped with her decision to major in psychology and has

Jennifer Dake worked

given her an insight to different paths of psychology and counseling.

Chelsey Echevarria has been shadowing and observing Guidance Counselor, Danielle Matthews, at Sutherland Elementary School.

Chelsey has had an interest in social work for quite some time and thought **Guidance Counseling** would be an interesting field to explore. She discovered that there are many unknown layers to guidance counseling that she knew nothing about. Chelsey sat in on single and group counseling sessions, assisted with classroom guidance lessons and even created a Red Ribbon Week video that managed to get all the students and staff involved. She learned a great deal from Danielle Matthews and realized that maybe Guidance Counseling is something for her to consider in her future career endeavors!

Kristin Edwards, under the supervision of Priscilla Liounakos, interned at EyeDocs Optical to experience more about the field of eye care. The internship showed her many new and exciting things about eye care that

she never knew. Kristin was pleased that the doctors and other employees were extremely friendly and welcoming. While at the internship, she learned how to use many new instruments, such as lensometers and biomicroscopes. She appreciated all the hard work Dr. Claffie and the other employees put in to make her experience an unforgettable one. Kristin believes that this experience has given her many reasons to continue further schooling in optometry.

**Dana Harris** interned at **Helen Ellis Memorial Hospital** under the supervision of Erin Possert, R. N. Dana circulated around the hospital to the different nursing stations, such as ICU, Orthopedic, Telemetry, and the OR. She has observed many procedures such as the removal of surgical staples and the administration of chemotherapy. Dana also interned with the **Sports** and Orthopedic Rehab **Team** over the summer, under the guidance of Blair Arnold, where she enjoyed helping the physical therapy patients with their exercises and using the equipment to see what the patients go

through. Through her experiences interning, Dana has decided that she will go to school for her nursing degree, even though she is unsure of a specific area to specialize in.

Under the guidance of Jim Lumbard, Director of Pharmacy at Helen Ellis Memorial Hospital, Robert Komrek was able to strengthen his future ambitions of becoming a

pharmacist. Robert had the opportunity to be a part of the amazing pharmacy team consisting of pharmacy technicians including Nila Kowalewski, Andrew Dool, Stephany Stout and pharmacists including Michelle Algire, and Dustin Rudolph. His contacts with the amazing team at Helen Ellis have given him insights into the pharmacy aspect of the medical field. Robert has

realized pharmacy takes extreme dedication.
Robert was also very happy when he was able to dose a patient for a TPN.
Some of his other duties included pre-packaging, preparing IV bags, and restocking the medications on the shelves. Robert's experience has only assured his desire to pursue a future career in pharmacy.

# **SPRING 2008**

#### **Boca Ciega High School**

Under the supervision of Linda Steward, R.N. **B.S.**, Manager **Cardiovascular Intensive** Care-Cardiovascular Telemetry, of the St. Anthony's **Cardiovascular Intensive** Care Unit, Mehnaz Tanisha discovered that participating in the surgery unit is an exciting place to gain knowledge. There are a lot of complex tasks that have to be followed before proceeding with a surgery. Mehnaz observed Trina, a very well educated nurse/secretary who assisted her throughout the semester and helped her gain experience in the surgery field. Mehnaz observed a variety of surgeries and did a lot of charting during her internship. She found the surgery field captivating. Mehnaz's experience has swayed her to definitely seek her career in the medical field.

#### **Clearwater High School**

With the guidance of **Steve** 

**Putnam at Raymond** James Financial, Ashlev Mooney has been introduced to a whole new career option. Ashley has realized that the financial world can be unpredictable, but she applies her background in psychology to decipher those mysteries. She was also aided by Steve Putnam's assistant, Marie-Joele Ingalls. Ashley spent time learning about the stock market, creating an effective portfolio, and even learning about China's stock market. Ashley finds the fundamentals of investing and making money to be the most intriguing thing she has done thus far. Her experience at Raymond James Financial has influenced her to become an International Business major, with a specialty in China. Her career is not defined, but she has realized that finance and investing is the main influence.

Under the watchful eye of Ms. Julie Rowe, **Educational Director at** American Stage Theater, Jason Osorio has learned that interning at a theatre is not just about acting and performing onstage. Those who worked behind the scenes, such as the Artistic Director, Mr. Todd Olson, and Mr. Gary Breul, the Stage Manager for the theater's performance of "The Pirates of Penzance", showed Jason that much has to be done offstage that is just as important as the finished project everyone is striving for. Jason visited the costume shop, where costumers like Ms. Tammy Mazola, were hard at work getting ready for the night's performance of "The Pirates of Penzance" by sewing costumes. In the paint shop Jason met a former pupil of his high school Drama teacher. Ms. Rebecca Alderman, and helped paint squares of corkboard that would be used for the "Hamlet" set. Jason was stunned by the sheer amount of activity

generated just to get a show started, let alone completed and on stage. Jason's experiences, however, have taught him that if his dreams of acting onstage do not come to fruition then maybe another job within a theater, such as that of an Educational or Artistic Director, might do just as well.

# Countryside High School

Martha Margolis, Home and Garden editor of Tampa Bay Magazine, helped Stephanie Bough realize that there is much more to magazine publishing beyond the glossy cover. Stephanie proofread countless articles, worked on magazine circulation, and watched the graphics department create vivid advertisements. Writing a single paragraph proved more challenging than she expected. Stephanie is still unsure whether this career is right for her, but the experience has considerably broadened her view of the working world.

Ashlie Diggs has worked at Delectables Fine Catering for two semesters now. Her

sponsors were Nick Adams and Jeff and Laurie Simpson. Over the last semester, Ashlie got to work with the Gar de Mange Chef with whom she learned how to garnish desserts, fruit trays, and cheese trays. Ashlie also worked with the Saucier who cooks the hot food. Ashlie learned how to grill, sauté, flambé, and properly use an oven. Ashlie learned a great deal as well on her way to becoming a Chef. She has been a Co-Chef at some of the larger sit-down dinners. This experience has given her a chance to know what the life of a Chef is really like. Her dream is to one day go to the Culinary Institute of America located in New York and to become a great Chef.

**Stephen Honey** had the once-in-a-lifetime opportunity to intern at the **Safety Harbor Fire Department** with the help of Chief Joe Accetta and the other staff members of SHFD. Through his experience at the fire department Stephen has learned that in order to become a firefighter one must be in top physical condition. He had the opportunity to participate in a "breathe down," which is a physically demanding obstacle course with

firefighter Mike Pounds. Stephen would participate in the daily workings of the department, from medical emergencies to helping firefighter Tom Free fill out documents and reports. He found through his experience at SHFD that a career in the firefighting field is something he most certainly wants to pursue.

Student **Eddie Johnstone** is interned at Northside **Hospital and Tampa Bay** Heart Institute under Kathy Jacobs' sponsorship. Ms. Jacobs allowed Eddie to intern in several of the hospital departments including: the emergency room, respiratory therapy, physical therapy, and many more. This experience has been immensely productive for Eddie; he has learned several things that not only help his daily life, but also help in his current job. Although the internship introduced him to a plethora of possible medical occupations, he has decided to pursue business instead. He will never forget the things he learned at this internship and would recommend it to anybody seeking a great internship in medicine or related fields.

After a recent visit to the new and improved local aquarium, Joe Malo, **Director of Education**, and intern Tayler Kijanka, have drastically changed my view on how much staff and volunteers really put into their job. Tayler Kijanka gave a "Behind the Scenes" tour after one of the dolphin shows, which was very informative on the **Clearwater Marine** Aquarium's mission of Rescue, Rehabilitation and Release of the facility. All animals are stimulated intellectually on a regular basis, fed properly with vitamins to keep the animals safe and healthy, and are stars of the shows where they educate the visitors. Tayler Kijanka quoted "The Executive Internship Program was one of the best decisions I have ever made; it really opened my eyes into the Marine Science field. It also helps narrow down what exactly I would like to major in for college. It's a great hands-on experience, and the people are amazing."

Catherine LoCicero interned at Leila Davis Elementary School in Tara Moffit's first grade classroom. Catherine learned that teaching first grade is a lot harder than it

seems. Yet, the experience was very rewarding and all together life changing. She learned that teaching a math lesson is a lot harder than she thought. She had to learn how to keep the children under control and focused while making the lesson fun and academic. Through Catherine's experience in Tara Moffit's first grade classroom. Catherine realized that she wants to teach first grade.

Under the supervision of **Television Productions** Manager David Cook, **Zach Merz** discovered that there is more than meets the eye inside a production studio. Beginning with camera work. Zach discovered that it takes a lot of hard work and patience in order to obtain the shots needed for a current project. While carrying the camera around, Zach also learned that you need a decent amount of strength and endurance to keep a steady shot. Throughout the week, sponsor David Cook showed Zach how to edit the shots he took with the station's software. After a few days, Zach was editing by himself and slowly embarking onto his own music video solo project. Zach's experience at the television studio has taught him that a career in movie and video editing can be a very unique and rewarding one.

Supervised by Joe Malo of the Clearwater Marine Aquarium, Shelley Mitchell experienced firsthand the excitement in a child's eyes as they explored the fascinating aquatic world. She enjoyed teaching the general public the information she had learned about marine organisms, working as a boat mate, and showing guests what we have accomplished and plan to accomplish at the aquarium in the Behind the Scenes Tours. This experience has convinced Shelley that a career in marine biology is right for her.

Senior Rebecca Morales interned at the Pinellas **Suncoast Transit Authority (PSTA)** for her second semester working for Ms. Janet Recca and her Marketing Department. Rebecca really enjoyed have the opportunity to continue working with the Marketing Department and having new challenges. This semester she was a busy bee working on flier for the company as well as designs for a power point project. The new

knowledge that she has gained will surely help her not only next year in college but as well as her future career in graphic arts.

Under the guidance of Joe Malo, the Director of **Education** at the **Clearwater Marine** Aquarium, Daniel Spisak learned that there is much more to marine biology that what he has been exposed to. There is so much more than becoming a "marine biologist". Daniel worked with Joe and Kathy on the behind the scenes tours and the sea life safari boat tours. This internship has taught him a lot about himself and his showed him that marine biology is the career he wants to pursue in college.

Under the supervision of Carolyne Moomaw of the State Attorney's Office, Alexandré Urben explored the complex and fascinating depths of criminal law. Behind the dramatic opening arguments, crossexaminations, and closing statements, there are piles of paperwork -- documents to discover, police reports to review, and trials to prepare. She became familiar with all the attorneys in her assigned

misdemeanor division, assisting the Lead Trial Attorney, Ms. Moomaw, with bad checks, pre-trials, and other paperwork. She also became familiar with the general process of a case's development, from the first information to the trial brief that the trial itself is run by. She noted that the general atmosphere of the office was very pleasant and extremely interesting. These experiences have broadened her vision on law practices in general, and offered valuable knowledge in the field of criminal law.

# Dixie Hollins High School

There were no participants from Dixie Hollins High School during the spring 2008 semester.

# Dunedin High School

Under the supervision of Dr. Garland Forbes and Dr. Jim Sainsbury, of Forbes Endodontic and Associates, Jennifer Maready realized the importance a root canal has on a patient's smile. Jennifer observed and participated in root canals and apicoectomy surgeries.

She also learned sterilization with tray preparation, check in and out patients in and out, set appointments, billing and x-ray files on The Digital Office. Jennifer also was able to be an endodontic assistant in which she took x-rays, and assisted the doctors in surgeries. Jennifer states that "assisting the doctors was definitely the best thing about her internship except each surgery is an hour or longer." Jennifer relates her experience to her personal motto "Making a difference in every smile is a smile back on you" which patients were relieved from their pain. With the valuable information received at her internship, Jennifer plans to continue her education and proceed in a career in the dental field.

With the supervision of Joy Wallace, and Dr. Joel Murphy of the Animal and Bird Medical Center, **Libby Stidham** acknowledged that being a veterinarian is very diverse. There is a lot to be acquainted with while being involved with different animals. Libby met several experienced veterinary technicians. She observed annual exams, ultrasounds, and xrays. She has performed

blood tests and urine tests for the hospital staff. She found the internship very fascinating and appealing. Libby's experience has convinced her that a career in Veterinary science would be a great career.

#### East Lake High School

**Matthew Azarian** interned this semester at **Orthopedic Specialists** under Dr. John Sullivan. At the office, Matt looked forward each day to varied learning experiences, from new cases to checking up on existing patients. He was able to see real patients with real problems and the steps taken to treat them. Whenever he had a question, Dr. Sullivan would either answer it then or give him the tools to figure the answer out. Before this experience, Matt wasn't sure if this field was a good fit for him, but from observing cortisone shots to intricate surgeries, he has determined that orthopedics is the specialty he would like to practice.

Bethanni Lochran
interned at two semesters
at Cloverplace Family
Medicine under the
guidance of Dr. James E.
Burnett. While working at

the office and observing Dr. Burnett practice his profession, Bethanni also learned the legalities of the practice. She has also learned that osteopathic doctors must renew their licenses every two years. This experience has done nothing but strengthen Bethanni's goal of becoming a D.O.

Under the advice and guidance of Dr. Jeremy **Albert of Albert Family Orthodontics, Nick Price** discovered that orthodontics is one of the most rewarding career choices out there. There is a lot of schooling involved to become an orthodontist. but it is well worth it. Nick did many tasks around the office to help Dr. Jeremy Albert and his staff: he traced Ceph charts, scanned charts and helped the doctor with some computer related tasks. Also, Nick observed some unique cases which were fascinating to him. Nick's experience has shown him that orthodontics is the career path he wants to follow.

Under the guidance of **Dr. Alex Johnson of the Orthodontics Office, George Tabib** discovered an orthodontist's career seems to a bit more relaxed than a dentist's. There is a

lot of hard work in transforming patients' teeth to make them feel better about themselves. George saw Assistants, **Lisa Miller and Robin** Bowman prep patients, take impressions of patients' teeth, and he also worked in the lab to develop alginate. George's experience has convinced him that a career in orthodontics is interesting but either general dentistry or medicine is his preferred future profession.

During AJ Wonderling's time spent at **Dr. Johnny** Johnson's Pediatric **Dental** office which totaled around 6 months, he was able to gain an astonishing amount of knowledge., not just about dentistry as a science but also the whole working field and responsibilities encompassed by a dentist. Although that was very beneficial, his main focus was on the ins and outs of oral science. One of the many great things AJ got to experience was the observation of many and varied procedures. Like Dr. Johnny has told AJ very times, "Practice makes perfect," so what better way to start than by watching the best do their jobs. He definitely loved this internship and would

recommend it to anyone who wants an awesome learning experience as well as a deeper look into themselves.

# Gibbs High School

There were no participants from Gibbs High School during the spring 2008 semester.

#### Lakewood High School

There were no participants from Lakewood High School during the spring 2008 semester.

#### Largo High School

Under the supervision of **Debi Harriott at CORA Rehabilitation Clinic in** Largo, Aida Basic closely observed the aspects of physical therapy. Aida had the opportunity to work with physical therapists, Catherine Buso and Steven Harrah, and observed patient evaluations, manual therapy, and the different techniques applied in PT. Aida got to work independently with some patients in order to guide them through their exercise chart and demonstrated proper examples of exercises when patients had any questions. Aida concluded that physical therapy is a career that she would enjoy and will pursue in college.

Kyrstin Lapinski, **Walgreens Pharmacy** Technician Intern, could not thank her sponsor, Pharmacy Manager, Julie Vazquez, enough for her internship opportunity. Over this short period of time Kyrstin learned so much valuable information that she will use farther in her pharmacy career path. Working as a team to accomplish a common goal, the pharmacy staff worked together as a team to fill hundreds of prescriptions every day. Kyrstin was even lucky enough to observe Mr. Andrew Scalzo, Head **Compound Pharmacist**, make multiple compounds for patients, varying from mouthwashes, to creams, to suppositories. After her internship experience Kyrstin Lapinski has found that this is some thing that she is definitely interested in perusing as a career, and she will start attending Pre Pharmacy classes at St. Petersburg College after her graduation.

Under the direction of Carolyn Colvin, Office of the Public Defender, Sixth Judicial Circuit of Florida, Drew Levine gained the all around experience of what it's like to be a Public Defender. She experienced office work, court arguments, and legal researching. She learned how to prep calendars, and what the abbreviations for legal terms are. Drew saw Juli **Baba-aliq** interview defendants in the jail and heard her interview over the phone. She helped Jerry Cardine in completing paperwork in interviews. She found advisories interesting to watch. Drew concluded that a career in the criminal law profession would be ideal for her.

#### Northeast High School

Whitney Everett
experienced a breath
taking journey once again
in the pharmacy with her
internship sponsor Karen
Hancock, Pharmacy
Manager, at St. Anthony
Hospital. Whitney
observed many technicians
and acquired a great
amount of knowledge
related to that job. With
Peggy Robinson, a
pharmacy technician,

Whitney often went on medicine rounds and learned the hospital floors. Leo Painter, a Technician Coordinator, guided Whitney through understanding how to credit medicine, which she loved more than anything. She was able to go through the changing computer system with the pharmacist and the technicians. Whitney was also able to assist Karen Hancock with the pharmacist and technician licenses. Whitney was also able to rescue a very important database with Rob Goodell, Pharmacy **Supervisor and Systems** Coordinator, with the Pyxis machine. Whitney's second semester of experience in the pharmacy brought her to the understanding that a career in pharmacy is what her heart aches for.

# Osceola High School

Katie Bernstein, a continuing student in the Executive Internship Program, switched career paths and interned the spring semester at Kozak Physical Therapy. She worked closely with patients and assisted in any way she could to ensure their recovery ran as

smoothly as possible. Katie worked under the guidance of Physical Therapist and owner, John Kozak, who constantly taught and allowed her to observe all aspects of physical therapy. She also worked with sponsor, Joe Enzor, Business Manager, in learning the business side of therapy, which mainly includes; insurance policies, payment plans, and keeping organized and up to date patient files. Katie, although still unsure of her future career choice, is confident that her experience at Kozak Physical Therapy has taught her the necessary skills to be successful.

Jordan Medlin continued her internship at CVS
Pharmacy #3218 in
Seminole under the direction of Pharmacist
Andrew Miller. Jordan had a very fulfilling semester and valued her experience in the pharmacy setting.

# Palm Harbor University High School

Another semester has gone by and at the Morton Plant Mease Sports Medicine Clinic. Kelly Webb, Sports Trainer, and her intern, Sheri Guzell have been hard at

work in the clinic and at Palm Harbor University High School. Sheri has also been working at Dunedin High School under the direction of Melody Grennel. She has decided to work with Melody at Dunedin for football and has a wonderful opportunity there for next semester. Not only has Sheri been able to perfect the things she already knew, but she has also been able to continue learning new things which will only better prepare her for college. Kelly has done everything she can to make this experience a great one in teaching Sheri all she knows. From her experiences this year, Sheri has decided to attend the University of South Florida next year and become a physical therapist/sports trainer.

Tyler Jacobs, production intern at Ruth Eckerd Hall, was under the direction of Ian Beck and Leslie Bindeman. In the Murray Studio Theater, Tyler worked with artists and acted as the lighting designer for multiple shows and for the Evening at the Murray performances. On the main stage, he worked with some of the best lighting designers and tours. One of

his favorite times was working the Panic at the Disco concert. Tyler would also like to thank **Kevin Kennedy**, **House Audio Engineer**, and **TJ Jassen**, **House Carpenter**, at Ruth Eckerd Hall for helping him get closer to his goals as a lighting designer.

Antonella Makdessi interned with **Big Brothers Big Sisters** and was able to help out much more than she thought she would. Her sponsors, Jean Kingsbury, VP of Programs, and Angela **Croft** helped make this experience for her beneficial. Not only did Antonella learn a lot but she was able to be a part of a great program. For the future, Antonella would love to help out at an organization like Big Brothers Big Sisters and would consider this career as an option. Under the supervision of much of the hospital staff at Helen Ellis Memorial Hospital, Megan Montagno is realizing what it takes to be in the medical field. To be involved in any part of patient care, you need stamina, street and book smarts to keep up with rash decisions and cutting edge procedures. Megan has been gracefully guided by supervisors such as all of

the nurses in the ER and ER supervisor Jackie Pearson. Only being able to observe, Megan has certainly learned many valuable things about the medical field. With two semesters at HEMH, her experiences at HEMH have left no doubt in Megan's mind that medicine is the career for her.

Under the guidance of **Dr**. Christina Rudman at her dental office. Monica Nicola discovered that being a dentist wasn't what she expected. Yes, there is a lot of work and effort involved, but she also realized that **Dr. Rudman** and her team made their patients comfortable by smiling and repairing all their dental problems which, in turn, made Monica smile. Monica found every part of dentistry fascinating. Monica's experience at Dr. Rudman's dental office has convinced her that a career in dentistry is her ultimate goal.

Interning under the guidance of Rosette
Bruni, a Walgreen's
Pharmacy Manager,
Katelin Passmore found that the job of a pharmacist can be very stressful and at times, pretty hectic.
Katelin was able to gain

information on many medications while typing in scripts written by doctors and filling the drugs for the patients. By having the opportunity to gain insight on retail pharmacy, Katelin has been convinced that a career involving pharmaceuticals is not for her but is very grateful to have had this experience which helped tremendously with her career decision.

#### Pinellas Park High School

There were no participants from Pinellas Park High School during the spring 2008 semester.

#### St. Petersburg High School

There were no participants from St. Petersburg High School during the spring 2008 semester.

# Seminole High School

With the guidance of **Denise Dupre**, a first grade teacher at **Bauder Elementary School**, **Melanie Frederick** discovered the many wonders of being a

teacher. With experience of being in a second grade class first semester, Melanie was ready to see what first grade had to offer. She observed Ms. Dupre planning and teaching, making sure to take elaborate notes. Later Melanie began getting to know the students better and working with small groups and specific children every week. She began to get the hang of being able to understand and do the demanding jobs as a teacher, and she realized that becoming a teacher was a definite goal she was ready to accomplish.

Under the guidance of Beatriz Cardenas, **Assistant State Attorney** of the Sixth Judicial Circuit of Florida in the State's Attorneys Office, **Amanda Grgurich** assisted with misdemeanor cases. Amanda had the chance to help assist Ms. Cardenas with the arrangement of pretrial calendars. Amanda also had the chance to work with **Jim Peterson** on a DUI case; Amanda had to go through all of the videos and jot down useful information that would be used in trial, including watching all of the in depth videos. During Amanda's time observing

jury selection, Amanda watched closely and attentively. Amanda's favorite part about the State's Attorneys Office was getting to look through all of the cases and reading about them; and if there were any evidence videos, Amanda got to watch them! Amanda's experience at the State's Attorneys office convinced her that a degree in criminal law is what she will be seeking through college and graduate studies.

Over the past semester Zack Smaridge has had the privilege of seeing the real world of medicine from within Northside **Hospital** under the guidance of Mrs. Kathy Jacobs, R.R.T., **Administrative Director** of Medical Education. Zack has seen many different applications of medicine from the bloody carotid artery procedures in the operating room to the barium x-rays in the radiology department. Each area was diverse and with its own special features and interest. In his search to better understand the daily life of a doctor he has also learned about the vast amount of schooling that must go in to becoming a physician. Zack's

experience will undoubtedly lead him to studying the medical field when he advances to college.

Under the guidance of Erin McKenney, **Assistant State Attorney** of the Sixth Judicial Circuit of Florida at Pinellas County State Attorney's Office, Cassandra Soffos has decided that the criminal justice field holds more than meets the eye. Cassandra saw first hand the amount of work and time needed to have a successful case. Cassandra compiled information for misdemeanor cases. shadowed in several trials, and saw the many preparations for even the simplest of cases. Resulting from this internship, Cassandra is sure that she will carry her acquired knowledge from this internship eventually with her to law school in the future.

While interning under the supervision of Daryn Mullholand, Operations Manager of All Star Pediatrics, the Office of Dr. Stephen Karges, Angela Zazzaro has learned all about the ins and outs of a pediatrician's life. Angela has learned many things about the

environment of a physician's office and about all of the jobs available. She toured and learned from Ashlev **Starner**, the Clinical Coordinator. Angela has learned about cleaning rooms, recording height, weight, and body mass, pulling and filing charts, reading charts, doing a work up for a patient, and what is going through the doctors' minds as they are examining the patients. Angela was always stuck on being a large animal veterinarian, but after this amazing experience she has found out a whole array of new careers that could launch her into adulthood. She always thought that there was only the doctor. She never looked at a nurse's job until now. She has learned that the nurses have more interaction with the patients than the actual doctors do. She also learned about alternative doctor positions like the Physician Assistants. They do almost exactly the same as the doctor except they cannot sign prescriptions. So Angela now has a huge decision on her hands about what she really wants out of life. This experience has opened her eyes to the range of wonders of the medical

world; she just has to make that decision.

#### Tarpon Springs High School

Observing a vaginal birth and a Cesarean section were always been dreams of Shauna Bowser's. Under the supervision of Mandy Green, the **Director of the Woman's Center at Helen Ellis** Memorial Hospital, Shauna accomplished that dream. She was also able to watch many deliveries while interning at the hospital and was allowed to work hands-on with newborn babies. As Shauna shadowed wonderful nurses and assisted them with their duties, she realized how much she wants to become neo-natal nurse.

Under the guidance of Kathy Jacobs R.R.T,
Jennifer Dake observed the interesting and hardworking schedules of the neurology staff at Northside Hospital.
Jennifer saw neurologist Lisa Flaherty and numerous college interns and residents all consult patients, perform neurological exams on the patients and even saw an EEG (electroencephalogram)

and a BAER (brainstem auditory evoked response) test. Goal setting really helped Jennifer have a great hands-on experience. She found the diagnosis of the patients fascinating. Jennifer's experience has helped her decide on a future career in psychology and research rather than a career in medicine.

Chelsey Echevarria has been interning under the guidance of Mrs. Kathy Conrad. Mrs. Conrad is a third grade teacher at **Tarpon Springs** Elementary School, which coincidentally is where Chelsey attended as well. Chelsey has considered the field of education for quite some time and has truly had a terrific time this past semester working with Mrs. Conrad. She has had the opportunity to observe a classroom setting, work with children with learning disabilities, and be mentored by an educator who in Chelsey's words, "is as good as it gets." She feels truly blessed for the great deal she has learned and the amazing time she has had doing it!

Under the guidance of Andrea Cottrell, M.D. of Gulfcoast Eye Care and Timeless MD Spa, Kristin Edwards discovered that

ophthalmology could be the possible future career choice for her. Observing Dr. Andrea Cottrell every day during patients' eye exams and watching Dr. Cottrell perform eye surgeries really got Kristin more interested in the profession. Kristin feels that her internship experiences at Gulfcoast Eve Care are is going to benefit her for the rest of her life and feels it was a truly invaluable experience.

Under the supervision of Erin Possert, R. N. and much of the nursing staff at Helen Ellis Memorial Hospital, for two semesters, Dana **Harris** was able to rotate through a majority of the hospital's nursing areas. She was able to see the removal of surgical staples on the med/surgical floor, the tedious work of patient care in the Intensive Care Unit, the birth of a baby via C-section in the Women's Center, and has observed countless procedures in the Operating Room. Dana feels that her internship has given her valuable insight into what it really takes to cut it as a medical professional. Because she enjoyed the Women's Center and the Operating Room the most. Dana has

decided to pursue a career in nursing in one of these specialties.

Under the leadership of Jim Lumbard of the Helen Ellis Pharmacy, **Robert Komrek** discovered that pharmacy was what he expected and more. From dosing patients, repackaging medicine, and entering orders, Robert Komrek saw the dedication that pharmacists and technicians have for their jobs. He was amazed how much they cared about the health of every single patient and how they did it without being thanked. Robert had the opportunity to help deliver medicine, speak to doctors about medicine and even make IVs. All of which he loved doing. While interning he learned that pharmacy is a science and an art. From interning in the pharmacy Robert only ensured his passion to be a pharmacist.