



Whole Corn Grits CN 80003



SUGGESTED BID SPEC:

Whole Corn Grits code/CN80003 8/4 lb. bags of frozen Whole Corn Grits per case. Must conform to USDA Child Nutrition Program specifications and provide 1 Whole Grain

SERVING SUGGESTIONS:

Volume Serving Size: 4 oz..
Weight Serving Size: 4 oz.
Case Pack: 8/4# bags
Servings per case: 128

INGREDIENTS:

Water, Whole Kernel White Stone Ground Corn Grits, Butter [Pasteurized Cream], Salt. Contains Milk

Prep and Serving Instructions: Place bag in boiling water and simmer at low boil until internal temperature reaches 165 degrees. Remove bag. Shake vigorously and serve. Heating times and temperatures may vary.

Storage: Keep Frozen

Shelf Life: 12 months from MFG Date

Case Pack: 8 – 4 LB Bags

Net Weight: 32 LBS (14.54 kg)

Gross Weight: 33.43 LBS (15.2 kg)

Case Dimension: 11½ x 9 x 10½

Nutrition Facts

per serving 4oz
makes 128 servings

Amount per serving

Calories 110

Calories from fat 38

% Daily Value *

Total Fat 4.2 g 6%

Saturated Fat 2.3g 11%

Cholesterol 10mg 3%

Sodium 142mg 6%

Total Carbohydrate 16.5g 6%

Dietary Fiber .5g 2%

Protein 1.6g

Percent values are based on a 2,000 calorie per day diet. Your daily values may differ.

Additional Information

34.4% of calories from Fat
59.8% from Carbohydrates
5.8% from Protein

PRODUCT CONTRIBUTION

Child Nutrition Information	Serving Size	Provides
Whole Grain	4 oz.	1 Whole Grain



Michael Maenza, President & CEO



Brent Jouandot, Vice President of Quality Assurance & Food Safety



QUAKER® QUICK GRITS Manufacturer Product #: 04378



Nutrition Facts

Serving Size 1/4 Cup (37 g)
Amount per Serving
Calories 130

1 Cup Prepared

	Calories from Fat
	5
	%Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Sodium 0mg	0%
Total Carbohydrate 29g	10%
Dietary Fiber 2g	7%
Protein 3g	8%
Iron	10%
Thiamin	6%
Riboflavin	8%
Niacin	15%
Folic Acid	

*Not a significant source of Cholesterol, Sugars, Vitamin A, Vitamin C, Calcium.
* Percent Daily Values are based on a 2,000 calorie

Ingredients:

WHITE HOMINY GRITS MADE FROM CORN, NIACIN*,
REDUCED IRON, THIAMIN MONONITRATE*,
RIBOFLAVIN*, FOLIC ACID*.
*ONE OF THE B VITAMINS

Allergens:

Stove Top Preparation

Directions:

1. Slowly stir grits and salt into briskly boiling water.
2. Reduce heat to medium-low; cover. Cook 5 to 7 minutes or until thickened, stirring occasionally. Remove from heat.

Shipping Information:

Physical Attributes

Gross Weight: 40.5 LB

Net Weight: 40 LB

8/5 LB

Handling Instructions

All products are code dated with expiration date. Rotate product to insure fresh products. Destroy out of code products. Store out of direct sunlight at room temperature.

Storage Information:

Min. Temperature: 33 F

Max. Temperature: 90 F