INGREDIENT LABELING INFORMATION
WATER, WHOLE WHEAT FLOUR, UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALT BARLEY FLOUR, NIAVIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, WHEAT GLUTEN, YEAST, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SOYBEAN OIL, SALT, CULTURED WHEAT FLOUR, VINEGAR, MONOCALCIUM PHOSPHATE, SESAME FLOUR, ENZYMES, ASCORBIC ACID, SOY LECITHIN

CONTAINS: WHEAT, SOY, SESAME

CLAIMS:
1 SERVING = 2 OZ EQ GRAIN
WHOLE GRAIN RICH
51% WHOLE GRAIN
17g OF WHOLE GRAINS PER SERVING

Nutrition Facts
12 Servings per container

Serving Size: 1 Roll (59 g / 2.1 oz)

Amount per serving

Calories 140

Total Fat 1.5g
Saturated Fat 0g
Cholesterol 0mg
Sodium 200mg

Total Carbohydrate 29g
Dietary Fiber 2g
Total Sugars 4g
Includes 4g Added Sugars

Protein 6g

Vitamin D 0.6mcg
Calcium 50mg
Iron 1.6mg
Potassium 100mg

% Daily Value*

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9  - Carbohydrate 4 - Protein 4

The nutrition and ingredient information is accurate at the time of printing. This information is updated periodically. Please contact your Flowers representative if you have questions about this information.
School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

| Product Name: | K12SPEC 12CT HOAGIE SL | Code No.: | 9593430 |
| Manufacturer: | FLOWERS FOODS | Serving Size: | 1 ROLL (59 G/ 2.1 OZ) |

**I. Does the product meet the Whole Grain-Rich Criteria:**

Yes [X] No ________

(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

**II. Does the product contain non-creditable grains:**

Yes [X] No ________ How many grams: 0.33

(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

**III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals).** (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

**Indicate to which Exhibit A Group (A-I) the Product Belongs:**

<table>
<thead>
<tr>
<th>Description of Creditable Grain Ingredient*</th>
<th>Grams of Creditable Grain Ingredient per Portion1</th>
<th>Gram Standard of Creditable Grain per oz equivalent2</th>
<th>Creditable Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>WHOLE GRAIN</td>
<td>17.20</td>
<td>16</td>
<td>A ÷ B = 2.07</td>
</tr>
<tr>
<td>ENRICHED GRAIN</td>
<td>15.87</td>
<td>16</td>
<td></td>
</tr>
<tr>
<td><strong>Total Creditable Amount3</strong></td>
<td></td>
<td></td>
<td><strong>2.00</strong></td>
</tr>
</tbody>
</table>

1 Creditable grains are whole-grain meal/flour and enriched meal/flour.
2 (Servings size) X (% of creditable grain in formula). Please be aware serving size other than grams must be converted to grams.
3 Standard grams of creditable grains from the corresponding Group in Exhibit A.

Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased: 59 grams
Total contribution of product (per portion): 2.00 oz equivalent

I certify that the above information is true and correct and that a ________ ounce portion of this product (ready for serving) provides 2.00 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Tracy Barnes
QA Labeling Analyst

Tracy Barnes 01/11/22 cy.Barnes@flocorp.com
Printed Name Date Phone Number