

SALAD, CHICKEN POPPER

Nutrition Facts

Serving Size: 1 SALAD
Serving per Container: 1

Amount Per Serving

Calories: 332 Calories from Fat 157

	% Daily Value ²
Total Fat 17.4g	27%
Saturated Fat 3.1g	15%
Trans Fat *N/A*	
Cholesterol 81mg	27%
Sodium 533mg	22%
Total Carbohydrate 25.4g	8%
Dietary Fiber 6.2g	24%
Protein 20.1g	40%

Vitamin A 76% Vitamin C 30%

Calcium 6% Iron 16%

² Percent Daily Values are based on a 2,000 calorie diet.

N/A denotes a nutrient that is either missing or incomplete.

Ingredients: Popcorn Chicken, Broccoli,
Celery, Carrots, Lettuce Salad Mix,
Tomatoes

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Whole Grain Breaded Dark Meat Popcorn Chicken Smackers

CODE NUMBER: 110458 Case Wt: 30# CN# 089661 Donated Food/Case: 40.541 Standard Yield: 74%

SERVING SIZE: 4.3 oz Servings/Case 108 Contribution: 2 M/MA Serving 1 Grain Serving*

*Calculation for grains based on 16 grams creditable per ounce.

UPC #: 1 00 75632-10458-4 Gross Cs Wt: 31.87 Case Dim: 17.1Lx13.1x12.6H Cube: 1.63 Pallet: Ti 8 Hi 6 Cs/Pallet: 48 Shelf Life 365 days



BID DESCRIPTIONS

Whole Grain Breaded fully cooked CN labeled popcorn chicken produced from USDA 100103 dark meat commodity chicken. No added soy protein. Popcorn to be batter breaded with whole Grain and enriched wheat flour breader. 10 popcorn pieces @ 0.43 oz each guaranteed by CN label to provide 2 ounces meat/meat alternative and 1 Grain servings. Product to provide zero grams trans fats.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	293	Carbohydrates (g)	17
Fat (g)	17	Dietary Fiber (g)	3
Saturated Fat (g)	3	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	18
Cholesterol (mg)	81	Whole Grains (g)	8

Vitamins

Vitamin A-IU (IU)	167
Vitamin C (mg)	0

Minerals

Sodium (mg)	487
Calcium (mg)	18
Iron (mg)	2

Jack Crawford - Director of School Foodservice

2/1/16

Date

Primary Plant Production - Moorefield, WV CN #089661 Additional CN #089662, CN#089663, CN#089664



Fully Cooked

110458

Whole Grain Large Popcorn Style Dark Chicken Breaded Popcorn Shaped Dark Chicken Patty

INGREDIENTS: Dark Chicken, Water, Modified Food Starch, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, **Breaded With:** Whole Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Disodium Inosinate And Disodium Guanylate, Onion Powder, Spice, Yeast, Garlic Powder, Maltodextrin, Sugar, Soy Sauce (Fermented Soybeans, Wheat, Salt), Extractives Of Paprika, Yeast Extract. **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Salt, Onion Powder, Garlic Powder, Nonfat Milk, Whey, Disodium Inosinate And Disodium Guanylate. **Predusted With:** Whole Wheat Flour, Modified Corn Starch, Salt, Spice, Extractives. **Breading Set In Vegetable Oil.**

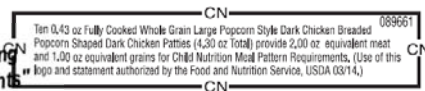
CONTAINS: MILK SOY AND WHEAT

Distributed By: Pilgrim's Pride Corporation
1770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.poultry.com
Gold Kist Farms is a registered trademark of Pilgrim's Pride Corporation
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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-12 minutes at 350°F; Convection Oven for 6-8 minutes at 350°F. Appliances vary, adjust cook times accordingly.



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