

SALAD, YOGURT & FRUIT -2 B/G

Nutrition Facts

Serving Size: 1 SALAD
Serving per Container: 1

Amount Per Serving
Calories: 245 Calories from Fat 69

	% Daily Value ²
Total Fat 7.7g	12%
Saturated Fat 4.3g	21%
Trans Fat *N/A*	
Cholesterol 23mg	8%
Sodium 253mg	11%
Total Carbohydrate 34.6g	12%
Dietary Fiber 2.1g	8%
Protein 10.1g	20%

Vitamin A 10% Vitamin C 22%
Calcium 51% Iron 3%

² Percent Daily Values are based on a 2,000 calorie diet.
N/A denotes a nutrient that is either missing or incomplete.

Ingredients: Cherry or Blueberry Yogurt, Mozzarella or Marble Cheese Stick, Fresh Fruit or Canned Fruit Choice



9819

4 oz. Nonfat Blended Cherry Vanilla

PACKAGING			
SCC Code:	10078800113012	Item UPC:	078800112933
Kosher:	Yes	Servings Per Case:	48
Unit Quantity:	48	Unit Size:	4 OZ
Ambient Shelf Life:	N/A	Pallet High:	8
Refrigerated Shelf Life:	90 DAYS	Pallet Tie:	14
Frozen Shelf Life:		Case Net Weight (imperial):	12.50
Case Gross Weight (imperial):	13.00	Case Length (imperial):	13.38 IN
Case Width (imperial):	10.13 IN	Case Cube (feet):	0.59
Case Height (imperial):	7.56 IN		

NUTRITION

Nutrition Facts

Serving Size: 4 OZ (113g)
 Servings Per Container: 1

Amount Per Serving

Calories 90 Calories from Fat 0

	Per Serving	% Daily Value*
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	75 mg	3%
Total Carbohydrate	19 g	6%
Dietary Fiber	0 g	0%
Sugars	16 g	
Protein	3 g	

	Per Serving		Per Serving
Vitamin A	0 %	Vitamin C	0 %
Calcium	30 %	Iron	0 %
Vitamin D	20 %		

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g

Calories per gram:
 Fat 9 Total Carbohydrate 4 Protein 4

GENERAL DESCRIPTION

Upstate Farms Blended Nonfat Yogurts have a fresh, mild flavor without the aftertaste common in many other yogurts.

LIST OF INGREDIENTS

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Water, Modified Corn Starch, Whey, Natural Flavors, Purple Carrot Concentrate, Tricalcium Phosphate, Gellan Gum, Potassium Sorbate(For freshness), Citric Acid, Annatto, Carob Bean Gum, Vitamin D3

Sample Product Formulation Statement (Product Analysis) for Meat/Meat Alternate (M/MA) Products

Child Nutrition Program operators should include a copy of the label from the purchased product carton in addition to the following information on letterhead signed by an official company representative.

Product Name: NF Blended Yogurt Cherry Vanilla Code No.: 9819
 Manufacturer: Upstate Farms Case/Pack/Count/Portion/Size: 48/4oz

I. Meat/Meat Alternate

Please fill out the chart below to determine the creditable amount of Meat/Meat Alternate

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Servings Per Unit	Creditable Amount *
		X		
		X		
		X		
A. Total Creditable M/MA Amount¹				

*Creditable Amount = Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information

II. Alternate Protein Product (APP)

If the product contains APP, please fill out the chart below to determine the creditable amount of APP. If APP is used, you must provide documentation as described in Attachment A for each APP used.

Description of APP, manufacture's name, and code number	Ounces Dry APP Per Portion	Multiply	% of Protein As-Is ²	Divide by 18 ³	Creditable Amount APP ^{3,4}
		X		÷ by 18	
		X		÷ by 18	
		X		÷ by 18	
B. Total Creditable APP Amount¹					
C. TOTAL CREDITABLE AMOUNT (A + B rounded down to nearest 1/4 oz)					

¹Percent of Protein As-Is is provided on the attached APP documentation.

²18 is the percent of protein when fully hydrated.

³Creditable amount of APP equals ounces of Dry APP multiplied by the percent of protein as-is divided by 18.

⁴Total Creditable Amount must be rounded down to the nearest 0.25oz (1.49 would round down to 1.25 oz meat equivalent). Do not round up. If you are crediting M/MA and APP, you do not need to round down in box A (Total Creditable M/MA Amount) until after you have added the Total Creditable APP Amount from box B to box C.

Total weight (per portion) of product as purchased 4oz

Total creditable amount of product (per portion) 4oz
 (Reminder: Total creditable amount cannot count for more than the total weight of product.)

I certify that the above information is true and correct and that a 4 ounce serving of the above product (ready for serving) contains 1 ounces of equivalent meat/meat alternate when prepared according to directions.

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

Penney J. McGough
Signature

Key Account Manager
Title

Penney J. McGough
Printed Name

2/4/16 Date 716 238 8266 Phone Number





PRODUCTS



Featured Products

MILK

YOGURT

Greek Non Fat Plain Blended Yogurt

Greek Non Fat Vanilla Blended Yogurt

Lowfat Blended Yogurt

Nonfat Blended Yogurt

COTTAGE CHEESE

FROZEN DESSERTS & MIXES

SOUR CREAM

NFBY - Nonfat Blended Yogurt

Home : Products : Product Details

4 oz. Nonfat Blended Blueberry

SKU: 9816

- Great antioxidant flavor
- Smooth texture with no particulates - making this a great flavor option for healthcare facilities



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RECIPE(S) USING THIS PRODUCT

Keyword or SKU

SEARCH

Enter ZIP Code

GO

SPECIFICATIONS

STORAGE

NUTRITION

Segments

SEARCH

INGREDIENTS:

Cultured Pasteurized Grade A Nonfat Milk, Sugar, Water, Modified Corn Starch, Blueberry Juice Concentrate, Whey, Elderberry Juice (For color), Natural Flavors, Tricalcium Phosphate, Gellan Gum, Lemon Juice Concentrate, Potassium Sorbate (For freshness), Citric Acid, Carob Bean Gum, Vitamin D3

nutrition facts			
serving size: 4 oz (113g)			
servings per container: 1			
amount per serving			
calories 90	calories from fat 0		
	per sv	% dv	
total fat	0g	0%	
saturated fat	0g	0%	
transfat	0g		
cholesterol	0mg	0%	
sodium	50mg	2%	
potassium	140mg		
total carbohydrates	19g	6%	
dietary fiber	0g	0%	
sugar	15g		
protein	3g		
vitamin a	0%	vitamin c	0%
calcium	30%	iron	0%
* percent daily values are based on a 2,000 calorie diet. your daily value may be higher or lower, depending on your calorie intake.			
	calories:	2,000	2,500
total fat	less than	65g	80g
sat. fat	less than	20g	25g
cholesterol	less than	300mg	300mg

sodium	less than	2400mg	2400mg
total carbohydrate		300g	375g
dietary fiber		25g	30g
fat 9	carbohydrate 4		protein 4

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HOME > PRODUCTS > NATURAL > 168/ 1OZ MOZZARELLA STRING STICK

168/ 1oz Mozzarella String Stick

These creamy cheese sticks are individually wrapped and perfectly portioned for snacking

FULL NUTRITION FACTS

28g	Serving Size (g)
168	Servings Per Case
80	Calories per Serving
50	Calories from Fat
6g	Total Fat(g)
3.5g	Saturated Fat(g)
0g	Trans Fat(g)
15mg	Cholesterol (mg)
200mg	Sodium (mg)
<1g	Total Carbs (g)
0g	Dietary Fiber (g)
0g	Sugars (g)
6g	Protein (g)
4%	Vitamin A
20%	Calcium
0%	Vitamin C
0%	Iron

The percent daily values are based on a 2,000 calorie diet, so your values may change depending on your calorie needs.

Ingredients: Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes

PRODUCT CODE	40295-1
UPC CODE	0-71078-40295-9
GTIN	NOT PROVIDED
CASE DIMENSION INCHES (LXWXH)	15.875" X 7.25" X 6.125"
CASE CUBE (CUBIC FEET)	0.41 CUBIC FEET
NET CASE WEIGHT LBS	10.50 LBS.
GROSS CASE WEIGHT LBS	11.00 LBS.
TI X HI	15 X 8
CASES/PALLET	120
SHELF LIFE (DAYS)	150 DAYS
REFRIGERATION	KEEP REFRIGERATED
STORAGE TEMP (UPPER AND LOWER LIMIT)	33-40 DEGREES
CN MEAT EQUIV. (OZ)	1.00



HOME > PRODUCTS > NATURAL > 168/ 1OZ MARBLE STICK

168/ 1oz Marble Stick

These creamy cheese sticks are individually wrapped and perfectly portioned for snacking

FULL NUTRITION FACTS

28g	Serving Size (g)
168	Servings Per Case
110	Calories per Serving
80	Calories from Fat
9g	Total Fat(g)
5g	Saturated Fat(g)
0g	Trans Fat(g)
30mg	Cholesterol (mg)
170mg	Sodium (mg)
<1g	Total Carbs (g)
0g	Dietary Fiber (g)
0g	Sugars (g)
7g	Protein (g)
6%	Vitamin A
20%	Calcium
0%	Vitamin C
0%	Iron

The percent daily values are based on a 2,000 calorie diet, so your values may change depending on your calorie needs.

Ingredients: Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto Color

PRODUCT CODE	40293-1
UPC CODE	0-71078-40293-5
GTIN	NOT PROVIDED
CASE DIMENSION INCHES (LXWXH)	15.875" X 7.25" X 6.125"
CASE CUBE (CUBIC FEET)	0.41 CUBIC FEET
NET CASE WEIGHT LBS	10.50 LBS.
GROSS CASE WEIGHT LBS	11.00 LBS.
TI X HI	15 X 8
CASES/PALLET	120
SHELF LIFE (DAYS)	150 DAYS
REFRIGERATION	KEEP REFRIGERATED
STORAGE TEMP (UPPER AND LOWER LIMIT)	33-40 DEGREES
CN MEAT EQUIV. (OZ)	1.00