

SALAD, YOGURT PARFAIT -2 GRAIN

Nutrition Facts

Serving Size: 1 SALAD
Serving per Container: 1

Amount Per Serving
Calories: 464 Calories from Fat 50

	% Daily Value ²
Total Fat 5.6g	9%
Saturated Fat 1.5g	8%
Trans Fat 0.0g	
Cholesterol 15mg	5%
Sodium 182mg	8%
Total Carbohydrate 91.4g	30%
Dietary Fiber 4.7g	20%
Protein 12.5g	26%

Vitamin A 21% Vitamin C 92%
Calcium 31% Iron 13%

² Percent Daily Values are based on a 2,000 calorie diet.
N/A denotes a nutrient that is either missing or incomplete.

Ingredients: Vanilla Yogurt, Strawberries,
Cinnamon Granola



9896

5 lb. LowFat Vanilla Yogurt "Parfait Style"



PACKAGING			
SCC Code:	10078800113739	Unit Size:	5 LB
Kosher:		Case Gross Weight (imperial):	21.50 LB
Unit Quantity:	4	Item UPC:	078800113732
Ambient Shelf Life:	N/A	Refrigerated Shelf Life:	75 days
Frozen Shelf Life:	No not freeze	Servings Per Case:	40
PRODUCT CLAIMS			
Healthy		Low Fat	

NUTRITION

Nutrition Facts

Serving Size 8 OZ (227g)
Servings Per Container Ten 10

Amount Per Serving

Calories 240 Calories from Fat 25

% Daily Value*

Total Fat 2.5 g			4%
Saturated Fat 1.5 g			8%
Trans Fat 0 g			
Cholesterol 15 mg			5%
Sodium 130 mg			5%
Total Carbohydrate 46 g			15%
Dietary Fiber 0 g			0%
Sugars 40 g			
Protein 8 g			
Vitamin A 20 %	•	Vitamin C 4 %	
Calcium 25 %	•	Iron 0 %	
Vitamin D 20 %	•		

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

LIST OF INGREDIENTS

Cultured Pasteurized Grade A Lowfat Milk, Sugar, Modified Corn Starch, Natural Flavor, Kosher Gelatin, Gellan Gum, Potassium Sorbate (For freshness), Vitamin A Palmitate and Vitamin D 3

Nutrition Facts

Serving Size: 1/4 Cup (22g)
Servings Per Package: TBD

Amount Per Serving	Cereal	Cereal With 1/2 Cup Skim Milk
Calories	90	130
Calories from Fat	15	15
% Daily Value**		
Total Fat 1.5g*	2%	2%
Saturated Fat 0g	1%	1%
Trans Fat 0g		
Polyunsaturated Fat 0g		
Monounsaturated Fat 1g		
Cholesterol 0mg	0%	0%
Sodium 25mg	1%	4%
Total Carbohydrate 17g	6%	8%
Dietary Fiber 1g	5%	5%
Sugars 6g		
Protein 2g		
Vitamin A	0%	6%
Vitamin C	0%	2%
Calcium	2%	15%
Iron	4%	4%
Vitamin D	0%	10%
Thiamin	4%	8%
Riboflavin	2%	10%
Niacin	0%	0%
Vitamin B6	0%	2%
Folate	0%	2%

* Amount in cereal. One-half cup skim milk contributes an additional 65mg sodium, 6g total carbohydrate (6g sugars) and 4g protein.

** Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Whole Grain Rolled Oats, Sugar, Crisp Rice (rice flour, sugar, malt extract, salt), Oat Flour, Corn Syrup, Canola Oil, Molasses, Honey, Cinnamon. BHT (to preserve freshness).

Oats used in this product contain traces of wheat and soybeans.



MOM Brands®

Cinnamon Granola Cereal

GNC-5.0 FS

Regulatory NFP Released: 01/21/13

Graphics NFP Released: 01/23/13

Nutrition Facts have been developed to comply with current Federal regulations.



42400-07485 4/50 oz Cinnamon Granola

1/4 cup (.77 oz) = 1 oz eq grain

First ingredient is Whole Grain Rolled Oats

Kosher Status: Circle U Dairy

Shelf Life: 300 days (10 months)

reference: SP30-2012 Memo dated 4/26/2012

Ready to eat cereal product is evaluated using the two-element criterion developed by the Institute of Medicine and set forth in the final rule:

Element #1 A serving of whole grain-rich breakfast cereal must meet portion size requirements for the grains/breads component as defined in the Food and Nutrition Service (FNS) guidance (Exhibit A - Group I) for Ready to eat breakfast cereal: (see serving sizes below)

Flakes and Rounds 1 oz eq =	Puffed 1 oz eq =	Granola 1 oz eq =
1 cup by volume -or- 1 ounce by measure	1.25 cups by volume -or- 1 ounce by measure	1/4 cup by volume -or- 1 ounce by measure

AND

Element #2 Food must meet at least one of the following:

- a) The whole grain content per ounce equivalent grain (oz eq) must be at least 8 grams or more.
- b) The product includes the FDA-approved whole grain health claim on it's packaging.
- c) Product ingredient declaration listing lists whole grain first.