

# Cinnamon Chex(TM) Cereal Single Serve Bowlpak (96 ct) 1 oz

UPC: **16000383876**

Information Accurate as of: **May 28, 2024**

**DESCRIPTION**

A whole grain rice, gluten-free cereal sweetened with real cinnamon in a ready-to-eat bowl for convenient, single serve portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria and CACFP-eligible.

Case GTIN: **10016000383873**

Unit Weight: **1 OZ**

Units per case: **96**

## Nutrition Facts

1 Bowl (28g)  
**Serving Size**

**Calories per serving** **110**

Amount/serving	% Daily Value**	Amount/serving	% Daily Value**
<b>Total Fat</b> 2.5g	3%	<b>Sodium</b> 160mg	7%
Saturated Fat 0g	0%	<b>Total Carbohydrate</b> 23g	8%
Trans Fat 0g		Dietary Fiber 1g	4%
Polyunsaturated 0.5g		Total Sugars 6g	
Monounsaturated 1.5g		Includes 6g Added Sugars	11%
<b>Cholesterol</b> 0mg	0%	<b>Protein</b> 1g	
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Vitamin D 2.2mcg	10%	Calcium 90mg	6%
Potassium 0mg	0%	Vitamin A 30mcg	6%
Thiamin	10%	Riboflavin 30mcg	20%
Vitamin B6	10%	Folate 30mcg	10%
Vitamin B12	10%	Zinc	10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

\* Not a significant nutrient source

## Nutrition Facts

**Calories Approx Per 100g** **405**

Amount/100g	% Daily Value**	Amount/100g	% Daily Value**
<b>Total Fat</b> 9g		<b>Sodium</b> 575mg	
Saturated Fat 1g		<b>Total Carbohydrate</b> 82g	
Trans Fat 0g		Dietary Fiber 4g	
Polyunsaturated 2g		Total Sugars 21g	
Monounsaturated 6g		Includes 20g Added Sugars	
<b>Cholesterol</b> 0mg		<b>Protein</b> 5g	
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Vitamin D 10mcg		Calcium 325mg	
Potassium 158mg		Vitamin A 1179IU	
Thiamin 1mg		Riboflavin 1mg	
Vitamin B6 1mg		Folate 200mcg	
Vitamin B12 1mcg		Zinc 6mg	

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\* Not a significant nutrient source

**INGREDIENTS & ALLERGENS:** Whole Grain Rice, Rice, Sugar, Canola and/or Sunflower Oil, Salt, Cinnamon, Molasses, Rosemary Extract, Natural Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Tricalcium Phosphate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B2 (riboflavin), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

**KOSHER APPROVAL:** OU



GENERAL MILLS

Product Formulation Statement for Documenting Grains in Child Nutrition Programs (Crediting Standards Based on Exhibit A Weights per Ounce Equivalent)

Program operators should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Program operators have the option to choose the crediting method that fits their specific menu planning needs.

Product Name: Cinnamon Chex Bowlpak Code No.: 16000-38387

Manufacturer: General Mills, Inc. Serving Size 1.0 OZ (28g)

I. Does the product meet the whole grain-rich criteria: Yes [X] No

II. Does the product contain non-creditable grains: Yes No [X] How many grams: (Products with more than 0.24 ounce equivalent (oz eq) or 3.99 grams (g) for Groups A-G or 6.99g for Groups H and I of non-creditable grains do not credit toward the grains requirement for school meals.)

III. Use Exhibit A: Grain Requirements for Child Nutrition Programs in the Food Buying Guide for Child Nutrition Programs (FBG) to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate the grains contribution based on creditable grains. Groups A-G use the standard of 16g creditable grains per oz eq; Groups H and I use the standard of 28g creditable grain per oz eq or volume.)

Indicate which Exhibit A Group (A-I) the Product Belongs: I

Table with 4 columns: DESCRIPTION OF PRODUCT PER EXHIBIT A, PORTION SIZE OF PRODUCT AS PURCHASED (A), WEIGHT OF ONE OZ EQ AS LISTED IN EXHIBIT A (B), CREDITABLE AMOUNT (A ÷ B). Row 1: Ready to Eat Cereal, 28g, 28g, 28g ÷ 28g = 1.0. Row 2: Total Creditable Amount, 1.0.

1 Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased 1.0 OZ (28g)

Total contribution of product (per portion) 1.0 oz eq

I further certify that the above information is true and correct and that a 28g/1.0 ounce portion of this product (ready for serving) provides 1.0 oz eq grains. I further certify that non-creditable grains are not above 0.24 oz eq per portion. Products with more than 0.24 oz eq or 3.99g for Groups A-G or 6.99g for Groups H and I of non-creditable grains do not credit toward the grains requirement for school meals.

Handwritten signature of Wendy Ramaker

Wendy Ramaker Labeling and Regulatory Compliance Specialist, K12 Education April 29, 2024

Exhibit A